# Hellen Nalunkuma

#### RN

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#readytowork

## Work Experience

### **RN Travel Nurse**

Denver Health - Denver, CO December 2021 to Present

- 1. Assess patient conditions.
- 2. Administration of medications.
- 3. Wound care per MD orders.
- 4. Provide patient support and education.
- 5. Monitor condition of patients on a telemetry unit.
- 6. Blood administration.

#### **Rehab Nurse**

Encompass Health - Littleton, CO October 2019 to Present

- Communicate with families, physicians and nurse practitioners to manage patient problems.
- Administration of prescribed medications and treatments, including IV administration and inhaled medications.
- Care of patients with new diagnosis of CVA/stroke, amputations, quadriplegics, tetraplegics, motor vehicle accidents with traumatic injuries, gun shot wound victims and gait training patients.
- Experience with electronic charting and Pyxis access.
- Use of SBAR process throughout the shift to communicate with doctors.
- Perform routine assessments on patients.
- Initiate physician orders.
- Effectively discharge and admit patients on a regular basis.
- Experience with mid lines, PICC lines and peripheral lines.
- Perform venipuncture with success.
- Wound care management.

### **Registered Nurse**

Denver springs hospital - Englewood, CO July 2019 to Present

- Administer medical treatment as prescribed by the physician.
- Develop and implement individualized treatment plans for patients.
- Implement nursing interventions on a consistent basis.
- Participate in team conferences regarding patient's progress and needs.

• Perform thorough assessment of patient's medical status upon admission and throughout the patient's course of treatment.

• Monitor patients that are actively detoxing by using CIWA and COW protocols.

#### Wellness Nurse - Morning star senior living

Ridge - Lone Tree, CO August 2018 to October 2019

Duties:

- Meet with residents on a regular basis to provide health and wellness, check and answer any healthrelated questions.

- Work closely with third party providers such as home health agencies in ensuring safe and excellent delivery of care to residents.

- Participate in admission process of new residents.

- Ordering medications and overseeing medication schedule for residents receiving medication administration services.

- Performing mar audit and narcotic count audits weekly.

- Overseeing Maps by monitoring the medication administration process.

- Assisting the wellness director in developing and maintaining an up-to-date individual service plan for each resident.

- Maintaining on-going communication with the resident, family and physician regarding resident's medical needs.

- Ensuring infection control guidelines are met.

- Direct supervision of care giving and coordination of health care needs within the community.

- Any other duties assigned by the wellness director or executive director.

Unit Nurse (RN)- Life care at Stone gate Duties:

- Creating therapeutic environment for patients.

- Promoting physical and psychosocial health for patients
- Handling the nursing process.
- Teaching patients how to manage their condition.

- Directly providing medication, IV antibiotics, and narcotics to patients and assessing them for any adverse reactions or side effects.

- Delegate assignments to CNAs.

- Give and receive report, write on 24hr report any patient changes, episodic concerns.

- Collaborate with nursing supervisors and charge nurses to plan treatment for resolving skin integrity issues.

- Monitor critical vital signs.

- Any other duties assigned by DON or charge nurse.

## Education

#### **Bachelor's in Nursing**

Regis University January 2020 to Present

## **Nursing Licenses**

#### RN

## Skills

- Microsoft Office
- Nursing
- Infection Control Training
- Medication Administration
- Vital Signs
- Caregiving
- Hospital Experience
- EMR Systems
- Patient Care
- Experience Administering Injections
- Venipuncture
- Epic
- Laboratory Experience
- Critical Care Experience

Certifications and Licenses

## **BLS, ACLS**