

Tamara Coats

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Authorized to work in the US for any employer

Work Experience

Registered Nurse (RN)

ESP Personnel
July 2021 to Present
Agency RN

Director of Nursing

SEQUOYAH POINTE LIVING CENTER - Owasso, OK
November 2020 to May 2021

Managed and followed state regulations as well as provided education for staff. In charge of infection control and identifying and preventing high risk residents/patients for hospital bounce back. Monitored orders, labs, diagnostic tests, as well as participated in developing an accurate individual care plan. Managed pharmacy consults QA, QAPI, and developed PIP/QTIP for performance issues and developed a team for resolution. Excellent communication skills and the ability to develop a cohesive interdisciplinary team for positive outcomes.

Director of Nursing (DON)

Bridges Healthcare - Tulsa, OK
December 2018 to November 2020

Became DON of a focused facility (prior to employment) requiring two state surveys in order to clear. Accomplished goal with less than four minor deficiencies on final survey. Managed and followed state regulations as well as provided education for staff. In charge of infection control and identifying and preventing high risk residents/patients for hospital bounce back. Monitored orders, labs, diagnostic tests, as well as participated in developing an accurate individual care plan. Managed pharmacy consults QA, QAPI, and developed PIP/QTIP for performance issues and developed a team for resolution. Excellent communication skills and the ability to develop a cohesive interdisciplinary team for positive outcomes.

RN Skilled Supervisor

Pheonix Healthcare - Sapulpa, OK
July 2017 to October 2018

Manager of the skilled unit. Supervisor over charge nurses, CMAs, and CNAs. Developed plan of care. Monitored medications and administration. Represented skilled nursing department issues with families, physicians, and corporate. Ensured that all state nursing regulations were met for the unit. Educated staff on policies and procedures. Screened potential patients for admission. Responsible for on-call duties per schedule for both long-term care and skilled units. Managed pharmacy reports.

RN Charge Nurse/Supervisor LTC and Skilled Unit

St. Simeon's - Tulsa, OK

August 2016 to March 2017

RN Charge, made assignments, documentation, care-plans, skilled assessments, collaboration within other disciplinary teams to provide utmost care and regimen for skilled and LTC residents/patients, provided information concerning patients to physicians, physician rounds, communicated with both residents and families about their care, concerns, or needs.

RN Float Pool

St. Francis Hospital - Tulsa, OK

July 2014 to July 2016

Float nurse, providing nursing care on different units. Responsible for assessments, medication administration, education, initiating and following plan of care, working with the interdisciplinary team to assure best possible care.

RN Travel Nurse

MSN - Omaha, NE

March 2014 to July 2014

Travel nursing assignment. Responsible for team of patients including assessments, medication administration, education, initiating and following plan of care, collaborate with the interdisciplinary team to provide the best care possible.

RN Staff Nurse/Charge Nurse (Relief Charge), Charge Nurse on alternating weekends

St Anthonys - Oklahoma City, OK

January 2010 to December 2013

Responsible for team of patients, assessments, medication administration, education, initiating and following plan of care. As a charge nurse, I was also responsible for above as well as daily assignments for nurses and nursing assistants. Providing ultimate care and collaborating with the interdisciplinary team to assure it is done.

RN Case Manager, RN triage

Crossroads Hospice - Oklahoma City, OK

September 2008 to July 2009

Field RN responsible for plan of care, ordering and administering medications, education, supportive care, take call on some weekends, collaborating with physicians for ultimate patient care, goal to be with patient and family if one passes.

RN Charge Nurse

INTEGRIS Health - Oklahoma City, OK

August 2005 to September 2008

Made daily assignments for nurses and CNA's. Responsible for a full team as well. Made bed assignments. Responsible for assessments, medication administration, education, and plan of care for patients. Interacted strongly with patients and families in giving the best possible care and providing information to accommodate questions they may have. Responsible for interacting with physicians and following all orders. Collaborated with the interdisciplinary team in making sure all orders and plan of care was followed.

RN Agency Nurse

Intelistaf - Oklahoma City, OK

January 2003 to August 2008

Responsible daily nursing care including assessments, administering of medications, providing education, Initiating and following plan of care, collaborating with the interdisciplinary team to ensure physicians orders were followed. Notified physicians of any questions or concerns of the patient as well my concerns or questions.

RN Staff Nurse, Chemo certified

Baptist Medical Center - Oklahoma City, OK

June 2000 to December 2002

Began as nurse extern and then stayed and became part of the Oncology team. Provided nursing care, assessments, administration of medications, administered chemo if ordered, provided education (meds, procedures, labs, etc.), Initiating and following plan of care. Collaborate with the Interdisciplinary team to provide the ultimate care for patients and families.

Education

ADN in Nursing

Oklahoma City Community College - Oklahoma City, OK

1997 to 2000

Skills

- Nursing
- Infection Control Training
- Critical Care Experience
- Hospice Care
- Epic
- Vital Signs
- Triage
- Medication Administration
- EMR Systems
- ICU Experience

Certifications and Licenses

Registered Nurse (RN)

April 2001 to October 2022

BLS Certification

Additional Information

I would love an opportunity to become a part of this team. Thanks so much. Have a great day!