

# Samuel Cabrera

## **8 years Healthcare experience.**

Riverside, CA 92506

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Skilled, energetic, driven, hardworking and dedicated Professional with extensive experience in a fast pace setting, demonstrating excellent care, customer service and communication skills for interacting with patients, staff and the public as well as being an optimistic and positive team player. Excels at prioritizing, completing multiple tasks simultaneously and following through to achieve project goals. Equipped with a broad knowledge of concepts and strategies to yield the best possible outcome in all areas.

3 years hospital experience in being float pool per diem where i was able to work on all types of floors, departments, and units. Major focus became ICU and ED the most recent 2 years while finishing Nursing school working up to 3 jobs the last 6 months while completing my BSN program.

## Work Experience

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### **CNA - Certified Nursing Assistant**

Loma Linda University Health

July 2019 to Present

Vital signs

Ambulating, toileting, changing linen, and patients.

Report change in patient condition to nurse supervisor.

Assist nurse with patient care.

Ensure patient safety.

### **CNA - Certified Nursing Assistant**

Arrowhead Regional Medical Center

February 2019 to Present

Vitals signs

Patient hygiene

Assist nurse with patients daily activities

Ensure patients safety

Toileting, ambulating, changing beds, and patients.

### **Security Officer**

Barry's Security Services

September 2016 to Present

Full Time)

- Able to multi-task many different responsibilities throughout the day with a positive team attitude.
- Able to reach daily goals in a time sensitive manner.
- Patrolling sites and in control of locking up.

- Watching and reporting on CCTVs, assisting police with investigation procedures and playback methods on security footage.
- Daily activity reports filled out as well as observed suspicious activity and reported it.
- Intervened when trespassers or petty theft occurred.
- Escort trespassers off the property and issue warnings. Drive patrol car throughout complex. Use Detex wand to obtain real time location information for report. Ability to deal with difficult and/or aggressive persons calmly.

### **Patient Safety Observer (P.S.O.)**

Riverside Community Hospital

June 2018 to November 2018

- Assisted CNA and RN with tasks for patients and visitors
- Ensured Patients were safe at all times and visible
- Removed any items that could be deemed hazardous to the patient
- Prevented falls of patients in the room
- Prevented pulling of IVs and other wound sites
- Cleaned rooms and made sure to help patients or staff when needed
- Occasional assistance with toiletry, ambulation, or bed changes.

### **Patient Safety Observer**

Riverside Community Hospital - Riverside, CA

June 2018 to November 2018

- Ensured Safety of at risk or confused patients.
- Removed hazardous materials from all rooms.
- Assisted CNA and RN with patient tasks and with visitors.
- Assisted with Toileting, Feeding, Ambulation, Changing when possible.
- Prevented patients from falling, pulling IV lines or other wound care.

### **Security Officer**

Elite Security Services

December 2017 to May 2018

Part Time)

- Secure healthcare site deterring crime by patrolling parking lot and exterior areas
- Asking transients to not loiter or litter on the private grounds
- Complete DARs (Daily Activity Reports) to be overlooked
- Locked up building doors and checked perimeter
- Upon closing ensured safety of everyone leaving the building to their vehicles.
- Followed up with any complaints or investigations.
- Opened gate at designated time for construction workers to arrive
- Ensured no construction material was stolen from the site.

Select Staffing

February 2016 to August 2016

Warehouse (Worked part time while going to College full time)

- Worked various warehouses in the Inland Empire.
- Stacking, packaging, wrapping, operating a forklift, reporting changes to manager and any accidents that happened on site.

## **Certified Nursing Assistant**

Vista Pacifica Center

July 2015 to February 2016

Full Time)

- Patient Care, toileting, hygiene, feeding, assisting charge nurse in various activities.
- Reporting changes, assist in dressing grooming, showering, changing bed linens and taking vital signs in a timely manner.
- Light house cleaning and heavy cleaning.
- Recognized and reported patient's problems and changes in patient's condition to team leader.
- Assisted and provided emotional and physical comfort and safety needs to all patients.
- Prepared patients and rooms for examinations and diagnostic tests
- Performed CPR and first aid when necessary.

## **Certified Nursing Assistant**

Community Care on Palm

July 2015 to September 2015

Part Time)

- Patient Care, toileting, hygiene, feeding, assisting charge nurse in various activities.
- Reporting changes, assist in dressing grooming, showering, changing bed linens and taking vital signs in a timely manner.
- Light house cleaning and heavy cleaning.
- Performed CPR and first aid when necessary.

## **Certified Nursing Assistant**

Magnolia Rehab Nursing Center

October 2014 to July 2015

Full Time)

- Patient Care, toileting, hygiene, feeding, assisting charge nurse in various activities.
- Reporting changes, assist in dressing grooming, showering, changing bed linens and taking vital signs in a timely manner.
- Performed CPR and first aid when necessary.

West Tech Security Specialists

February 2012 to October 2014

Full Time)

- Patrolling sites and in control of locking up.
- Watching and reporting on CCTVs, assisting police with investigation procedures and playback methods on security footage.
- Daily activity reports filled out as well as observed suspicious activity and reported it.
- Intervened when trespassers or petty theft occurred.

## Education

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### **Certified Nursing Assistant License**

Riverside Community College Full

June 2013 to Present

**BS**

Loma Linda University School of Nursing  
January 2019 to June 2021

## Nursing Licenses

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**RN**

Expires: December 2023

State: CA

## Skills

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- PATIENT CARE (5 years)
- CPR (5 years)
- CPR/
- TEAM LEAD
- CUSTOMER SERVICE
- Cna Certified
- CNA
- Certified Nursing Assistant
- Home Health
- Tube Feeding
- Phone Etiquette
- Nursing
- Vital Signs
- Residential Cleaning
- Laboratory Experience
- Medication Administration

## Certifications and Licenses

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**CNA**

November 2019 to November 2021

Certified Nurse Assistant

**CPR****First Aid Certification**

## Additional Information

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**SKILLS:** Highly proficient in performing all responsibilities in timely manner. Excellent communication skills and time management proficiency. Successful team player with a positive attitude. Able to multi-task many different responsibilities throughout the day and reaching those goals. Documented success in the ability to assist in the range of physical and/or behavioral setting. Outstanding knowledge in recognizing and reporting problems and/or changes in condition to the Team Lead as well as all documentation. Able to assist with providing emotional and physical comfort and safety needs to patients. Expert in CPR/First Aid Certified, dealing being able to work under pressure.

### CAREER PROFILE

- A competent and results-driven with a strong record of achievement in providing the necessary operations day to day, customer service and patient care expertise to ensure streamlined business operations.
- Excellent communicating, listening and public speaking skills coupled with establishing and maintaining rapport with all levels of personnel, management and patients.

Customer Service Focused • Detail Orientated • Dynamic Leadership • Self Motivated