

# Crystal Frare

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A professionally rewarding nursing career utilizing my knowledge, skills and experience, with opportunity for growth.

Willing to relocate: Anywhere  
Authorized to work in the US for any employer

## Work Experience

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### **Nurse Manager**

Envision Wellness Center - Bohemia, NY  
August 2021 to Present

Management position for the practice with responsibilities consisting of hiring/staffing, inventory/purchasing, changing over to EMR, initiating venipuncture, injections, stem cell and prp therapy, IV therapy, hiring of medical director, doctors and surgeons for procedures, overseeing billing. Training all new hires from front desk to clinical. Etc.

### **Psychiatric Nurse**

Four Winds Westchester Hospital - New York, NY  
November 2019 to Present

### **Peri Op/Circulating Nurse**

Retinal Ambulatory Surgery Center - Manhattan, NY  
January 2017 to March 2019

### **Pre/Post Op Nurse**

Long Island Ambulatory Surgery - New York, NY  
April 2016 to November 2017

### **Registered Nurse**

Meeting House Lane Medical Practice - New York, NY  
August 2015 to April 2016

Family Practice, Internal Medicine, Pediatrics, Urgent Care, Specialty Care

### **Registered Nurse Case Manager**

Serene Home Nursing Agency - New York, NY  
February 2014 to April 2016

Home Care Services: Critical Care

### **Registered Nurse**

Centro Medico di Cardiovascular - San Juan, PR  
April 2015 to August 2015

Cardiac Surgery Counseling

**Substitute School Nurse**

Sachem Central School District - New York, NY  
January 2014 to June 2014

**Volunteer**

Dr. Frederick Tinari - New York, NY  
June 2003 to January 2014

**Head Nurse**

Wainscott Walk-In Medical Care - New York, NY  
July 2011 to April 2013

Emergency Medicine, Primary Care

**Registered Nurse**

Save the Children of Cambodia Orphanage - Phnom Penh, KH  
2011 to December 2011

Cambodia  
Pediatric Assessment and Treatment

**Medical Center Operator**

American Red Cross - New York, NY  
August 2011 to August 2011

Education

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**Bachelor of Science**

Western Governors University  
July 2013 to June 2014

**Associate in Applied Science**

Suffolk County Community College  
January 2005 to May 2009

Nursing Licenses

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**RN**

Expires: January 2030

State: NY

Skills

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- New York State Registered Nurse: License Number: 22 643728
- Highly motivated and results-orientated professional with outstanding interpersonal, communication and organizational skills

- Team player adept at identifying patient and staff needs with the ability to initiate, implement and complete tasks under pressure, resulting to a higher standard of patient care
- Surgical prep and assist, Triage, Assessment and Initiation of Emergency Care, Pre/Intra/Post Op Care
- Skilled in Management, Inventory, Electronical Medical Records, E-Script
- Assessing, Planning and Implementing continuing care with multidisciplinary healthcare team
- First Aid
- CPR
- BLS
- ACLS
- Basic Level IHI
- Infection Control and Prevention
- Disaster Protocol Certified
- EKG's
- Wound Care
- Phlebotomy
- Injections
- PT/INR
- Diabetic Care
- Vent/Trach/Catheter/G-tube care
- Nurse Management
- Venipuncture
- Laboratory Experience
- Nursing
- Primary Care Experience
- Critical Care Experience