

Pardeep kaur

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Hardworking registered nurse accustomed to treating diverse patient needs while managing dynamic conditions. Offering excellent clinical knowledge and judgment combined with strong documentation, vitals monitoring and problem-solving abilities. Well-versed in managing emergent cases with grace and efficiency.

Organized and knowledgeable Registered Nurse experienced in treating and caring for patients.

Successful in providing fast and accurate assessments and working calmly under pressure.

Recognized for collaborating well with doctors to maintain top-notch healthcare practices.

- IV drug therapy management
- Colostomy care familiarity

Work Experience

RN

Swedish Hospital - Seattle, WA

March 2022 to Present

- Recorded patients' medical history, vital statistics and test results in electronic medical records.
- Administered medications in proper dosages as detailed by physicians on patient charts.
- Educated patients on health conditions and promoted better nutrition and holistic stress relief methods.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Monitored vital signs for critically ill patients using advanced technologies and equipment.
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.
- Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns.
- Maintained strict patient data procedures to comply with HIPAA laws and prevent information breaches.
- Monitored diet, physical activity, behaviors and other patient factors to assess conditions and adjust treatment plans.
- Maintained infection control logs, streamlined charting process, and improved patient outcomes through training and leadership.

RN

Kindred Healthcare - Seattle, WA

April 2019 to September 2021

- Developed and adapted individualized treatment plans according to patient recovery goals.
- Counseled patients and caregivers, providing emotional, psychological and spiritual support.
- Developed and maintained quality care systems and standards, including creating and improving medical protocols and guidelines.
- Evaluated and adjusted life support equipment, tubing and peripheral devices providing critical assistance to fragile patients.
- Communicated with primary care physicians or emergency care providers to relay patient needs.

- Treated patients by administering various types of medications and therapies.
- Maintained infection control logs, streamlined charting process, and improved patient outcomes through training and leadership.
- Coordinated with healthcare team to establish, enact and evaluate patient care plans.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns.
- Administered oral, IV and intra-muscular medications and monitored patient reactions.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.
- Delivered quality care and comfort to patients with heart failure, pulmonary hypertension, pulmonary embolisms and end-stage renal disease.
- Reached out to patients to convey lab results and provide care instructions.
- Monitored diet, physical activity, behaviors and other patient factors to assess conditions and adjust treatment plans.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Answered patient questions and provided take-home materials for further information.
- Utilized telemetry to monitor patients cardiac status.
- Handled telemetry monitoring of patients cardiac rhythms.
- Updated physicians on patient test results and assisted in developing care plans.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
- Administered medications, tracked dosages and documented patient conditions.
- Supervised nurse administration of oral, intramuscular and IV medications to patients as prescribed, monitoring responses for adverse reactions.
- Trained new RN hires and ancillary staff members to meet patient service goals, champion standards of care and improve patient overall satisfaction.
- Trained and mentored new RNs on best practices, hospital policies and standards of care.
- Prioritized nursing tasks and assignments and accurately reported patient status.

RN Floor Nurse

Regency At Shelby Township - Detroit, MI

May 2018 to November 2019

- Administered medications, tracked dosages and documented patient conditions.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Counseled caregivers and families on end-of-life planning and educated on patient care options.
- Monitored diet, physical activity, behaviors and other patient factors to assess conditions and adjust treatment plans.
- Performed ostomy and wound care.
- Administered pain medication according to patients condition.

RN Staff Nurse

SPS Apollo Hospital - Ludhiana, Punjab

December 2009 to January 2014

- Discharged mothers and babies after patiently guiding parents through at-home care and follow-up medical care.
- Cared for pregnant women expecting imminent birth and for babies immediately after birth in hospitals and health clinics.
- Prepared and sanitized delivery rooms and instruments and prepared patients physically and emotionally for delivery.
- Explained and demonstrated after-birth care to parents of newborns, answered questions and addressed concerns.
- Coordinated overall patient care with specialists, physicians and other departments and supervised ancillary staff.
- Monitored condition of newborns and directed postpartum care with special focus on premature babies and babies with abnormalities.
- Reviewed and tracked progress of mothers in labor, interpreted fetal heart monitor and informed delivering physician of status.
- Briefed next-shift nurses thoroughly on condition, status and needs of mother and newborn.
- Assessed and documented physical condition of mothers and babies and assisted doctors in identifying and treating preeclampsia.
- Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Maintained strict patient data procedures to comply with HIPAA laws and prevent information breaches.
- Monitored diet, physical activity, behaviors and other patient factors to assess conditions and adjust treatment plans.
- Ensured quality patient care from admission to discharge through direct supervision of all nursing and ancillary staff.
- Administered oral, IV and intra-muscular medications and monitored patient reactions.
- Trained and mentored new RNs on best practices, hospital policies and standards of care.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.

RN Staff Nurse

GTB Hospital - Ludhiana, Punjab

March 2009 to November 2009

- Reviewed physician orders and administered therapies, treatments and medications.
- Explained treatment procedures, medication risks, special diets and physician instructions to patients.
- Reviewed physician orders and participated in medication management to optimize patient safety.
- Maintained reports to provide oncoming shift with full patient status.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered medications, tracked dosages and documented patient conditions.

RN Staff Nurse

Medicity Multi Speciality - Ludhiana, Punjab

January 2008 to January 2009

- Reviewed physician orders and administered therapies, treatments and medications.
- Explained treatment procedures, medication risks, special diets and physician instructions to patients.
- Reviewed physician orders and participated in medication management to optimize patient safety.

- Maintained reports to provide oncoming shift with full patient status.
- Collaborated with interdisciplinary healthcare professionals to create, implement and adapt individualized care plans.
- Prioritized patient care assignments based on patient conditions to achieve optimal outcomes.
- Developed and adapted individualized treatment plans according to patient recovery goals.
- Monitored patient vitals post-surgery, managed medical equipment and administered medications and IVs.
- Evaluated patients to develop and update treatment plans while anticipating day-to-day needs.

Education

Bachelor Of Science in Nursing

Training Bhai Gurdas College Of Nursing

September 2007

Associate Of Science in Nursing

Sidhu Educational And Research Institute Doraha - Ludhiana, Punjab

Skills

- Intake and discharge
- Patient discharging
- Acute and rehabilitative care
- Nursing Plan Development and
- Medication and IV administration Modification
- Diabetes management
- Long-Term Care
- Computerized charting specialist
- Bi-lingual in English and [language]
- Triage patient concerns
- Taking vitals
- Wound cleaning/care expertise
- Direct and Indirect Patient Care
- Medication administration expert
- Family and patient support
- Care planning
- Electronic Health Records Management
- Critical care

Certifications and Licenses

RN