**ADAM LIST BSN, RN**

Address: Sun Prairie, WI 53590

aj.list20@gmail.com

Mobile Phone Number- (815) 243-3900

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**Academics**

Northern Illinois University Dekalb, IL

Graduated December 2020

Major: Bachelor of Science with an emphasis in Nursing

Minor: Family and Child Studies

University Honors Program

**Employment**

Registered Nurse, UW Health at The American Center, Madison, WI: March 2021- Current

*Nurse Residency Program- Operating Room from March 2021- June 2021*

*TAC4 Med/surg from July 2021-Current*

* Demonstrates the nursing process by assessing situations and critically thinking to anticipate an outcome
* Collaborates with the patient and interdisciplinary team to provide a safe and healing environment
* Performs skills within the RN scope of practice allowing patients to return to baseline conditions
* Delegates tasks to nursing assistants and additional interdisciplinary staff according to hospital policies

Student Nurse Intern, MercyHealth, Rockford, IL: December 2019-November 2020

* Worked as a CNA/ behavioral sitter in the float pool. Most commonly in ICU, Stepdown ICU, Med-Surg (Cardiac and Neuro)

Case Manager, Safe Passage Inc, DeKalb, IL: June 2018-March 2021

* Assist individuals on a walk-in basis who are in crisis
* Respond to domestic violence/ sexual assault crisis calls
* Assist clients with finding employment, housing, legal aid, crisis intervention and healthy coping mechanisms
* Medical advocate on call; assist survivors at hospitals/ police departments with resources and advocacy
* Ran multiple groups for the clients including health/wellness, art, and the children’s group

**Certifications**

Registered Nurse (RN): National Counsel License Examination (NCLEX-RN)

65 Hours of Domestic Violence and Sexual Assault Training: certified as a Rape Crisis Counselor,

Domestic Violence/ Sexual Assault Advocate

Certified Adult Mental Health First Aid

Certified Child Mental Health First Aid

American Heart Association Basic Life Support (CPR and AED)

**Accomplishments**

2021, November- Nominated for a Daisy Award for Extraordinary Nurses

2018, Fall- Awarded Third Place for Honor’s Poster Day (The Effects of Intimate Partner Violence

on Pregnant Women and Neonatal Outcomes)

2019, Fall- Dean’s List

Awarded the Ruth I. Hall Endowed Nursing Scholarship

Awarded the Honor’s Excellence Award

2020, Spring- Awarded First Place for Honor’s Poster Day (The Effects of Childhood Trauma Across the Lifeline)

Awarded the Honor’s Excellence Award

2020, Fall- Awarded the M. Catherine Burkhart Excellence Fund

Awarded the Honor’s Excellence Award

* Obtains comprehensive data pertinent to the patient from the patient, family other healthcare providers to develop a holistic picture of the patient’s needs or condition.
* Analyzes and synthesizes data from the assessment in determining diagnosis or conditions relevant to care.
* Identifies optimal outcomes for the patient in collaboration with the patient, family and interprofessional team.
* Develops a plan that prescribes strategies and alternatives to attain outcomes, using clinical judgement in collaboration with patient, family and interprofessional care team.
* Implements the plan, employing strategies to promote and maintain a safe environment, coordinates implementation with patient, family and interprofessional team.
* Evaluates processes and progress toward attainment of goals and outcomes.
* Contributes to the quality and effectiveness of nursing practice, evaluates their own practice, and maintains current knowledge and competence.