**ELLENI WOLDEAMANUEL**

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I have over ten years of Registered Nurse experience that coordinates and provides compassionate patient care. I possess extensive experience in nursing with effective critical thinking skills and am highly organized and hardworking to provide excellent nursing care. My nursing experience and education have helped me develop strong interpersonal skills in addition to my advanced expertise in nursing and the healthcare field. Use strong verbal communication skills and listening to establish a trusting relationship with patients and their families. As a dedicated, reliable, and fast learner nurse looking for a position in the Clinical Resource Hub, where I plan to utilize my education and experience with my interpersonal skills to provide exceptional nursing care.

**Professional Experience**

Fort Belvoir Community Hospital: Fort Belvoir, VA October 2017- Present

*Clinical Staff Nurse in Medical/Surgical Telemetry Unit.*

* Functions as charge nurse and preceptor for new staff member on the unit.
* Coordinates transferring of patients from my hospital to another facility by identifying and solving any barriers to movement which requires the use of great communication skill to complete each hand-offs.
* Identified irregular telemetry readings, obtain electrocardiograms, notified the appropriate medical team members and intervene promptly.
* Provide independent and collaborative specialty, comprehensive and therapeutic health care services, integrating the art and science of nursing into medical practice.
* Provide counseling to patients and their families for prevention of illness and maintenance of health, healthy patterns of living in order to assist patients in attaining physical, mental, and social well-being by reinforcing healthy coping behaviors into life-style choices.
* Provide educational management to patients and their families regarding disease processes and diagnostic tests; the therapeutic regimen including medication, diet and follow-up care.
* Manage patients with tube feedings, obtain intravenous access and pump management
* Witness and verify of informed consents and conducts time-out with all disciplines performing procedures at the bedside.
* Management of patients vital signs including pulse oximetry
* Maintain proper standard or isolation protocol
* Wound care management and use of safe patient handling of equipment and ceiling lifts.
* Obtains health history, analyzes the data, and makes interventions to assist the patient by using critical thinking skills, prioritizing needs, setting goals for problem resolution and managing time.
* Provide care to complex patients and demonstrates technical skills in assessing depression, alcohol withdrawal, drug overdose, suicidal ideation and aggressive/combative/assaultive behavior.
* Provide care for comorbid mental health illness such as clinical depression, bipolar disorder, schizophrenia, anxiety disorder and post traumatic stress disorder.
* Utilize safety measures such as fall precautions, behavioral restraints, and other protective measures when dealing with combative patients.
* Collaborate with the interdisciplinary team in goal setting to transferring mental health patients such as alcohol withdrawal to rehab center once medically stable.
* Administered medications in different classes including normal dosage, action, and adverse reactions to treat mental health patients as prescribed with the goal of ensuring the patient detoxifies safely.
* Perform therapeutic communication, de-escalation, and substance abuse treatment modalities.
* Advocate for mental health patients to providing quality of care and collaborates with fellow members of the Inpatient Psychiatry Care Team.
* Provide support, both emotionally and physically for patients undergoing treatment for addiction.
* Float to mental health units many times and have knowledge of the routine and providing safe and therapeutic environment for patients with mental health disorders.

Walter Reed National Military Medical Center: Bethesda, MD June 2013-October2017

*Clinical Staff Nurse in Medical/Surgical Telemetry Unit.*

* Taken care of cardiothoracic patients after major surgeries such as CABG, other cardiac surgeries and thoracic surgeries.
* Cardiothoracic surgery patients are considered critical and noting subtle hemodynamic changes that could lead to serious complications and providing immediate interventions as required.
* Safely administering high alert medications, IV drips, PCA pumps and educating patients about medication.
* Closely monitored patients’ with chest tubes and surgical sites for signs and symptoms of infections.
* Administer intravenous fluids, medications and vasoactive drugs.
* Pain management after surgery or patients with chronic pain by using such as PCA and IV pain meds.
* Taking care of patients with coronary artery disease, treating dysrhythmias, prep patients for OR.
* Educate and precept new nurses and helping the unit as a charge nurse in a daily bases.
* Managed and maintained electronic clinical records, administered medications and treatments, evaluated responses to medical and nursing care while working closely with a multidisciplinary healthcare team, including discharge planning and social work
* Functioned as the Moral, Welfare and Recreation (MWR) representative of the unit and planed events on and outside of the unit.
* Provided in-service for the unit and maintained mandatory training.

Washington Hospital Center: Washington, DC June 2012-June 2016

*Clinical Staff Nurse in Intensive Care Unit for Coronary Care Unit.*

* Assessment, plan, implement, intervention and evaluation of intensive care unit patients.
* Properly utilize ventilators, arterial lines, and central venous catheters.
* Administered intravenous fluids, medications, different types of drips and vasoactive drugs.
* Participated in several codes, respond to life saving situations by using nursing standards and protocols for treatment.
* Provide patients and family members’ education and support.
* Advocate for patients in collaboration with fellow members of the critical care team.
* Maintain hospital policies, procedures and patient confidentiality when dealing with patient health information (PHI)
* Accurately document and keep records electronically.

Washington Hospital Center: Washington, DC July 2009-July 2012

*Clinical Staff Nurse in Medical Surgical Cardiology IMUC Telemetry Unit.*

* Functioned as a discharge nurse for the unit, educated patients on medication self-administration, disease self-management, and lifestyle management to sustain recovery process after discharge from hospital.
* Educated patients and caregivers on disease process, diagnosis, treatment options, and expected outcomes.
* Monitor and treat several acute and chronic diseases such as, cardiomyopathy, angina, congestive heart failure, myocardial infraction, coronary artery disease, cardiac dysrhythmias, pneumonia and end stage renal disease.
* Prep patients for open heart surgery, cardiac catheterization, stress tests, electrophysiology studies and other cardiac procedures.
* Closely monitor effectiveness of multiple IV drips, cardiac medications, insulin drip, anticoagulant therapy, blood transfusion, temporary pacing and PCA pump.
* Participated in lethal heart dysrhythmia code response such as asystole,ventricular fibrillation, and pulse less ventricular tachycardia.
* Monitor post cardiac catheterization, percutaneous coronary intervention, and cardioversion and dysrhythmias ablation.
* Consulted and coordinated with healthcare team members to assess, plan, implement and evaluate patient care plan.
* Prepared, administered and recorded prescribed medication and reported adverse reaction to medications or treatments in accordance with the policy regarding medication administration.
* Monitored and adjusted specialized equipment used on patients, interpreted and recorded electronic displays.
* Assessed, drew labs and flushed port-a-caths for patients on chemotherapy.
* Closely monitored surgical sites for infection and bleeding.
* Provided comfort care to terminally ill patients by treating their symptoms, managed their pain and provided care that addressed their spiritual and mental needs.
* Provided emotional support to patients and their families.
* Utilized appropriate evidence-based techniques and instruments to collect pertinent physiological, psychosocial, and functional data to formulate nursing diagnosis.
* Served as a charge nurse and preceptor for a new staff nurse on a 30 bed unit.
* Started IVs, monitored patients’ respiratory ventilation, pulse oximetry, assisted with intubation, responded to all codes.

**Education**

Bachelor of Science in Nursing from University of Maryland School of Nursing August 2007 – May 2009

**License and Certification**

* Current RN license
* ACLS certified
* BLS certified

**Skills**

* Direct care of patients by utilizing the nursing process to include assessment, plan, implement, intervention and evaluation of patients.
* Medication administration including vasoactive drugs and patient advocacy by collaboration with fellow members of the critical care team. .
* Patient education for home care and discharge planning.
* Obtaining patients’ history and assessment prior to physician admission.
* Provide education and support to the patient and family members.
* Operation and maintenance of biomedicalequipment and monitors.
* Medical terminology and medication administration skills.
* Maintenance of sterile fields and application of dressings.
* Catheters, central venous catheters,arterial lines, ventilators, PIV, blood draw, NG tube, continues bladder irrigation and suctioning usage.
* Charting and documentation of patient care electronically.
* Monitor postop patients with chest tubes, PCA pump, blood transfusion and multiple drips.
* Provide teaching on medication, disease process, diet and exercise.
* Maintain accurate and confidential patient records with patient health information (PHI) in electronic charting systems in alignment with hospital policies, procedures and federal requirements.
* Perform charge nurse tasks independently and precept new RNs.
* Effective communicator, fast learner and sharp critical thinking skills
* Technology savvy, experience with multiple HER systems and Microsoft office proficient

**Award and Honors**

* Earned a coin from four-star general for providing an excellent nursing care.
* Received thank you cards from patients and family members.
* Received a certification for orienting new RNs.
* Received Daisy awards
* Received AC awards

**Reference**

* Available upon request.