# Lori Duphorne

Peyton, CO

-Email me on Indeed: http://www.indeed.com/r/Lori-Duphorne/3afd0a54aaef0b77

Caring practical nurse with nine years experience varying from in-patient, psychiatric care to ambulatory specialty nursing. I am seeking a position that will utilize my skill set and allow me to grow professionally. Having a full time position with PTO and health insurance are important to me.

Authorized to work in the US for any employer

# Work Experience

# **Community Nurse**

Cedarwood AKA Melody Assisted Living and Memory Support - Colorado Springs, CO September 2021 to Present

- Record the patient's vital signs e.g. (blood pressure, temperature, weight etc.)
- LPNs perform basic patient bedside care which includes preparing the patient for injections or wound care.
- They ensure that their patients remain comfortable while physicians and other nursing staff receive the information needed to help treat the patient.
- They are also responsible in observing medications and also in coordinating with other service providers like social workers and physicians, to ensure that necessary medical services are received by the patient.
- They help educate patients and their relatives in proper healthcare procedures.
- LPNs provide assistance to patients and/or training them with ADLs. ADLs include medication management, dietary management, personal hygiene and other skills necessary for independent living. They may also perform these tasks for patients if they are unable to do so.
- Update service plans as their needs change.
- Overlook care partners and Q Maps. Fill in as needed.
- Communicate with families, RN, staff and physicians as needed.

### **LPN Nurse-LTC**

Jackson Nursing Professionals - Florence, CO December 2020 to Present

Charge nurse at LTC facility housing veterans and their spouses.

### **Urgent Care Herrington-Ornelas Health Park**

CHRISTUS Health- Trinity Mother Frances Health System - Tyler, TX October 2018 to Present

- · Demonstrate high level of interpersonal and communication skills
- Perform selected nursing duties. IE: Immunizations, breathing treatments, splinting, wound care, dressing wounds, ear flushes, patient education, etc...
- · Triage acuity of patients arriving as needed.
- Document accordingly in EMR (EPIC)
- · Prepare patients for examination and treatment. Take patient histories and vital signs.
- Prepare exam and treatment rooms with necessary instruments.
- Administer injections and apply dressings as instructed.

- · Distribute medications as directed by Physician, PA, or NP.
- Prepare and maintain supplies and equipment for treatments.
- · Assist provider in preparing for minor procedures and exams.
- · Maintain patient files, records and other information.
- Work closely with the Physician, PA, or NP to receive guidance and instruction for treating patients.
- · Perform direct patient care as instructed by the Physician, PA, or NP.
- Perform lab tests as directed by the Physician, PA, or NP.
- Maintain equipment for use at all times, in a clean and safe condition.
- · Make suggestions to improve work methods.
- Train new employees.

### **LPN Home Health Nurse**

Gateway Home Health - Colorado Springs, CO August 2021 to September 2021

Home health nurse duties including scheduling, communicating and arriving at designated time to patient homes. This company was new to the area and closed right after I found another job.

### **Home Health Nurse LPN**

Rocky Mountain PACE - Colorado Springs, CO March 2021 to August 2021

Provide home care to participants in need.

# **Private Duty Nurse**

Angels of Care Pediatric Home Health - Colorado Springs, CO February 2020 to July 2020

Care for pediatric patient.

# **Private Duty Nurse LPN**

Angels of Care Pediatric Home Health - Monument, CO February 2020 to July 2020

Private duty nurse for pediatric patient. Assisted with ADLs, attended classes with patient, provided medication administration and constant supervision.

## **Charge Nurse LPN**

Sunny Vista Living Center - Colorado Springs, CO September 2019 to February 2020

Long term care facility.

Care for a set group of in-patient residents.

Coordinate care and communication with different team members on behalf of our residents.

Assessments

Morning meetings

### Orthopedic and Sports Medicine / Pain Management Clinic Nurse

CHRISTUS Health- Trinity Mother Frances Health System - Tyler, TX March 2015 to October 2018

Orthopedics and Sports Medicine and Pain Management

· Conduct patient intake including how patient received their injury

- · Support doctors and clinicians
- · Administer direct patient care to patients, including administering medication or treatments
- · Communicate with patients and clinicians
- · Maintaining equipment and cleansing of rooms
- · Answer/ return calls and in-basket messages
- · Patient education/ demonstrate rehab exercises with return demonstration
- · Apply casts, splints and various durable medical equipment
- Maintain HIPAA standards
- Communicate with school trainers about the progress of athletes
- · Assist with annual sport physical events
- Collection of specimens
- Scheduling procedures and appointments
- · Maintaining the flow of the clinic while also processing medication refill requests
- Processing prior authorizations, appeals, calling pharmacies
- · Attending monthly meetings and attending continued education training

# Correctional Care Nurse- Skyview/ Hodge Unit

University of Texas Medical Branch - Rusk, TX February 2014 to February 2015

- · Assess, diagnose and treatment of inmates.
- · Maintaining proper safety procedures (IE. counting sharps, keeping keys on person at all times, work with officers to administer care safely to inmates)
- Round on inmates and ensure they are no harm to themselves. Obtain seclusion/ restrain orders, as needed from the doctor on call.
- · Work with other members of the health care team to ensure continuity of care including psychiatrist, therapist, other nurses and physician

## Education

#### **Licensed Vocational Nurse in Nurse**

Tyler Junior College - Tyler, TX January 2013 to December 2013

## **Associate in Science**

Valencia College - Orlando, FL September 1988 to May 2000

### Skills

- Patient Care (9 years)
- Organizational Skills (10+ years)
- Electronic Medical Records (9 years)
- Microsoft Word
- · Detail Oriented
- Effective Communicator
- Problem Resolution

- LPN
- LVN
- Staff Nurse
- Medication Administration
- Pain Management
- Experience Administering Injections
- Vital Signs
- Epic
- Medical Office Experience
- PCC (1 year)
- Kantime (Less than 1 year)
- · Home health
- Nursing
- · Communication skills
- Computer literacy
- · Computer skills
- Critical Care Experience
- · Anatomy Knowledge

# Certifications and Licenses

# **Licensed Vocational Nurse**

January 2012 to December 2013

Tyler Junior College in Tyler, TX

# **BLS for Healthcare Providers**

February 2023

### **LPN**

### Assessments

# **Data Entry — Proficient**

July 2019

Entering data quickly and accurately.

Full results: Proficient

# Nursing Skills: Patient Focus & Orientation — Highly Proficient

July 2019

Addressing concerns and using sensitivity when responding to needs and feelings of patients

Full results: Highly Proficient

# Logic & Critical Thinking — Highly Proficient

September 2020

Using logic to solve problems. Full results: <u>Highly Proficient</u>

# **Clinical Judgment — Proficient**

July 2019

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: Proficient

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.