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Address:
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EDUCATION & CERTIFICATIONS

- Registered Nurse (RN):** National Council of State Boards of Nursing July 2019- Present
- Elmhurst College- Graduate Degree** *Elmhurst, Illinois*
Master of Science in Nursing with Clinical Nurse Leader (CNL) Certification *May 2019*
- University of Illinois at Chicago- Undergraduate Degree** Chicago, Illinois
Major: Nutrition Science Coordinated Program Minor: Kinesiology *December 2014*
- Registered Dietitian Nutritionist (RDN):** Commission on Dietetics Registration *February 2015- Present*
- Licensed Dietitian Nutritionist:** State of Illinois *April 2015- Present*
- Certifications**
- CPR/AED Certified: *American Heart Association* *June 2014-Present*
 - ACLS Provider: *American Heart Association* *September 2019- Present*
 - National Nurse Emergency Preparedness Initiative Certification: *The George Washington University School of Nursing*
 - Institute for Healthcare Improvement (IHI) Basic Certification in Quality and Safety

WORK EXPERIENCE

- AMITA Hinsdale Hospital** Hinsdale, Illinois
Registered Nurse- Critical Care/ Progressive Care Unit *August 2019- Present*
- Provided care on a 17-bed progressive care unit at a Magnet-Recognized by ANCC, level II trauma center, Joint Commission Certified Primary Stroke Center, and Beacon Award Winning Unit
 - Cared for patients with various medical conditions including heart failure, stroke, respiratory failure, acute and chronic kidney failure, and various surgical procedures
 - Experienced in care of EKG monitoring, chest tubes, G-tubes, NG-tubes, drains, post-operative care including CABG and thoracotomies, central lines, IV pumps, epidurals, hemodynamic monitoring, post-heart catheterization,
 - Cross trained to Intensive Care Unit (ICU)
 - Functioned as primary coordinator for the patient and effectively and quickly communicated change in patient condition to providers on the care team while acting as a patient advocate
 - Participated in daily rounds to update care team on changes in plan of care and discharge planning
 - Graduated from one-year New Graduate Residency Program which facilitates the transition for new nurses
 - Precepted student nurses and newly hired nurses during unit orientation lasting 6-8 weeks
 - Involved in the nurse-led Unit Based Governance to make changes in policies on a unit level
- West Suburban Medical Center** Oak Park, Illinois
Registered Dietitian Nutritionist *January 2017- November 2018*
- Completed comprehensive nutritional assessment via interview, evaluation, & documentation of nutrition status
 - Provided personalized nutrition education on chronic conditions such as diabetes, heart failure, & renal failure
 - Documented in EMR using ADIME and follow-up as necessary
 - Created In-Service handouts for diet office staff on limitations of renal diet, cardiac diet, & diabetic diet
- Personal Chef** Downers Grove, Illinois
May 2015- May 2019
- Organized and prepared meals for several local clients
 - Created meal plans that meet clients nutritional and scheduling needs
 - Followed budget when grocery shopping at client specified stores
- Revolution Physical Therapy & Weight Loss** Glen Ellyn, Illinois
Registered Dietitian Nutritionist *July 2015- October 2016*
- Personalized plan of care for incoming patients with Exercise Physiologists and Licensed Counselors
 - Provided nutritional counseling to patients with diabetes, hypertension, high cholesterol, and thyroid disorders
 - Partnered with *Healthy Lombard* and local restaurants to identify and/or create healthy options for the menu
 - Created nutritional intake form for front office staff to utilize with new incoming nutrition patients
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