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| Karen Mitchell MSN, RN |

12341 Silent Wolf Drive | Manassas, VA 20112 | 703-447-2558 | mitch919@verizon.net

# Professional Summary

RN with over 38 years of experience in inpatient, outpatient, emergency department, and educational settings. Proficient with bedside nursing skills, teaching, using EMR and collaborating with other healthcare team members.

# License / Certifications

## VA Registered Nurse # 0001135544

American Heart Association BLS HCP; ACLS; PALS

# Education

**DNP-Student,** University of St. Augustine, St. Augustine, FL

## MSN-ED, January 2018, Wilkes University, Wilkes-Barre, PA

**BSN,** May 1983, Rutgers University College of Nursing, Newark, NJ

# Professional Affiliations

**Association for Nursing Professional Development**

**National League for Nursing**

**Sigma Theta Tau International Honor Society,** Zeta Psi Chapter

# Experience

## Nursing Professional Development Generalist | Sentara Northern Virginia Medical Center | May 2021 – Present

⋅ Nurse educator. Nurse Residency Program Facilitator. Handle with Care Instructor

## Adjunct Faculty | Chamberlain University | December 2018 – Present

⋅ Visiting Professor: clinical nursing instructor.

⋅ June 2020 – May 2021: Full-time Faculty: NR 302, NR 302, NR 283.

## RN II | Inova Emergency Care Center | June 2017 – June 2020

* Function as ED staff nurse, charge nurse, preceptor, Nursing Practice Council Rep

## Clinical Supervisor III | Novant Health UVA Health | March 2016 – June 2017

* Planned, organized & directed clinical environment in 2 Urgent Care/Occupational Health Centers & 2 Express Cares.

## Employee Health Lead RN | Novant Health UVA Health | August 2013 – June 2016

* Pre-employment health assessments including drug screens, labs & N-95 mask fitting
* Flu, cytotoxic, audiometric, TB monitoring of employees; OSHA surveillance & reporting

## RN | Inova Health System | March 1994 – February 2015

* 12/2000 - 02/2015: AHA BLS Instructor (PRN); taught staff & community classes
* 07/2011 - 08/2013: Employee Occupational Health Nurse Consultant
* 03/2002 - 12/2004: ED staff nurse, Inova Healthplex Emergency Room
* 06/2001 - 03/2002: Inova Temps (Floated within Inova Facilities in PCU; ED; CCU
* 03/1996 - 3/2001: Cardiopulmonary Rehab Nurse Therapist, Inova Alexandria Hospital
* 03/1994 – 03/1996: ED staff nurse, Inova Alexandria Hospital

## Occupational Health RN | Spectrum Healthcare|January 2011 – July 2011

* Provided healthcare services at the National Geospatial Agency

## School Nurse | Prince William County Schools | November 2004 – January 2011

## PCCU RN | George Washington University Hospital | February 2001 – June 2001

## Jail RN | Emergency Management Systems | September 1990 – November 1992

## ED RN | Grossmont Hospital | November 1987 – January 1990

## ED; PCCU RN | Sharp Memorial Hospital | October 1985 – February 1994

## PCCU RN | Alvarado Community Hospital | January 1985 – October 1985

## PCCU RN | Newark Beth Israel Hospital | June 1983 – October 1984