# Zlanna Ballah

Saint Paul, MN -Email me on Indeed: <u>http://www.indeed.com/r/Zlanna-Ballah/feb605dd57d1b5fa</u>

## Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

## **CNA - Certified Nursing Assistant**

Region Hospital - Saint Paul, MN June 2021 to Present

Assist patients with Ambulating, Transferring, Toileting, meals ordering, Bathing, Dressing, EKG, Observing patients on suicidal watch and i:1 and also measuring output and input and also JP tube, Chest tube, checking blood sugar, vital signs, answering calls lights, room set up, empty Foley catheter care and Colostomy care, maintain patients safety, Documentation of patient charting in epic

## **RNA/CNA**

Fairview Southdale Hospital - Edina, MN April 2019 to February 2021

Assist patient with ambulation, Vital sign, transport patient to X\_ray, CT, MMR, ER, recording input and output, JP draining and Chest tube, NG tube output, blood glucose check, Assist with bathing, grooming, shaving, toileting, observation, attendant with suicidal, drug and alcohol patient, documentation of patient care and charting, stock med room and nurses cart, colostomy care, Foley care, turning and repositioning patients, an swing calls lights, setting up rooms, maintaining patients safety's, Epic charting

## RNA/CNA/MA

Brookings Health's System - South Dakota March 2018 to February 2019

Bathing dressings feeding lifting transferring recordings input and outputs light housekeeping documentation of resident charting in epic and activities of daily living.

Administered residents' medication

#### RNA/CNA/MA

Sheyenne care Center - Valley City, ND July 2015 to March 2018

Bathing, dressing, grooming feeding transferring vital signs personal hygiene documents of resident charting maintain Aggressive behavior observations of Psychological behavior activities of daily living • Delivered medication to residents

## **CNA - Certified Nursing Assistant/Clerk unit**

Sanford Health Medical Center - Fargo, ND July 2015 to March 2018

Assisting patient with Bathing, Toileting, Dialysis setting up patient, Ambulating, Feeding, Vital Signs, Lifting, Dressing, EKG, Taking patient to X-Ray and MMR, setting up patients rooms, Discharging patients,

making appointments for patients, Transferring, Recording Input and output, Turning and Repositioning Patients, Colostomy care Foley catheter care, Blood Sugar Check, Observing patients for Suicide, Document patient charting in epic

#### CNA/MA

Town Manor West - Norristown, PA August 2009 to July 2015

- Bathing, Dressing, Feedings, Vital Sign Recording input and output, Med Passing, Transferring,
- Grooming Lifting ,Toileting,
- management of Aggressive behavior, and more,
- Documents Residents Charting Activities of Daily Living
- Delivered clients' medication

#### CNA/MA

Park Pleasant nursing rehabilitation center - Philadelphia, PA June 2009 to August 2011

- Bathing, med passing, Dressing, Feeling, Ambulating Resident, Toileting, Transferring, Lifting,
- Grooming, Vital Signs, Recording Inputs and Outputs,
- Restorative, Med Passing,
- Documentation of Resident Charting, Activities of Daily Living.

#### **Medical Assistant**

Cooper Hospital - Camden, NJ June 2007 to November 2008

- EKG
- Lab Testing
- Analyzing
- Results
- Assisted providers with medical procedures
- Performed phlebotomy
- Escorted patients to exam rooms
- Recorded patient vital signs
- Answered a high volume of phone calls
- Prepared charts
- Scheduled appointments
- Scheduled labs
- Verified insurance
- Called in medication refills
- Restocked patient rooms
- Measured vital signs

## **Program Counselor**

Dungarvin of MN January 2005 to June 2007

- Scheduling staffing,
- scheduling physical/doctor appointment,
- taking clients to appointments,
- · dropping/picking clients to n from school, doing homework with clients

- med pass
- cooking meals, light housekeeping, doing Laundry
- Going shopping for clients, taking clients to movies, and more,
- Documentation of clients charting activities of daily living

## **Certified Nursing Assistant**

Town Manor East- Norristown - Philadelphia, PA March 2002 to November 2005

Bathing, Dressing, feeding, Med passing, lifting, Ambulating, Transferring, Toileting, vital signs, Grooming, Recording input and output, Range of motion, documentation and Activities of daily living

## **CNA - Certified Nursing Assistant**

Health Care Options agency - New Hope, MN January 1999 to December 2001

I assist Residents with personal Hygiene including Bathing,Dressing,feeding,Lifting, Grooming, Vital Signs, Recording Inputs and Outputs, Restorative, Toileting, Transferring, Transporting, Med passing, working as dialysis assistants helping set up dialysis equipment and getting patients ready for dialysis and Activities of Daily Living

#### **Home Health Aide**

Rem Hennepin - Edina, MN March 1998 to October 2000

Assist Clients with Bathing, Dressing, Feeling, cooking, Toileting, laundry, Med passing, Transferring, running errands for clients, light Housekeeping, Med set up and Med passing, Documentation of clients Charting, Activities of Daily Living.

## Education

High school in Basic

Edison High - Minneapolis, MN

#### Medical Assistant program in Medical Assistant

Harris School of Business - Cherry Hill, NJ

## **CNA in Nursing**

Hennepin county Community college - Minneapolis, MN

#### Skills

- Home Health
- Phlebotomy
- EKG
- Certified Nursing Assistant
- Tube Feeding
- Medication administration
- Critical Care Experience

- Hospice Care
- Laboratory Experience
- Hospital Experience
- ICU Experience
- Guest services
- Experience Administering Injections
- Epic
- Customer service
- Acute care
- Medical Records
- Anatomy Knowledge
- Medical terminology
- Nursing home experience
- Assisted living
- Time management
- Medical Office Experience

## Certifications and Licenses

#### **RNA/CHHA**

March 2001 to Present

#### **Medical Assistant diploma**

May 2007 to Present

#### **BLS for Healthcare Providers (CPR and AED)**

April 2019 to June 2021

## CPR

## **Register Nursing Assistant/ Certified nursing Assistant**

Present

#### Assessments

## Home Health Aide Skills — Proficient

March 2020

#### Providing care to patients in a home setting. Full results: <u>Proficient</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.