Michelle Alaniz, RN

REGISTERED NURSE





210.363.1957



EDUCATION

Associate of Applied Science in Nursing Baptist School of Health Professions 2015

Bachelor of Science in Nursing Texas Tech University Health Sciences Center Anticipated graduation date: May 2022

LICENSURE & CERTIFICATIONS

RN REGISTERED NURSE Texas

ACLS Advanced Cardiac Life Support August 31, 2022

BLS Basic Life Support October 31, 2022

NRP Neonatal Resuscitation Program October 31, 2023

PROFESSIONAL PROFILE

- Registered nurse with strong experience in providing quality and efficient care to patients
- Professional with six years of practice in labor and delivery, pre-op, operating room, pacu, triage and antepartum
- Strong knowledge of standards of care in the hospital setting
- Reliable with a reputation for building a professional rapport with physicians and patients
- Committed to the care and safety of patients

EXPERIENCE

Labor and Delivery/Maternal Transport RN

Baptist Health System/North Central Baptist Hospital; San Antonio, Texas; February 2016-Current

Provides exceptional patient care while working in a fast paced level IV labor and delivery unit. Specialized in providing antepartum, intrapartum and postpartum care, including pre-op, circulating cases in the OR, and PACU. Selected as a maternal transport nurse and has the skills to triage and safely transport patients via ground/air. Possess the ability to immediately develop trust and relationships with patients and their families, comforting them during unknown events. Known as a team player and respected by physicians and fellow coworkers.

- Monitor and interpret fetal heart rate using monitoring equipment through labor and perform necessary interventions when appropriate
- Assist physicians with vaginal/cesarean deliveries and anesthesiologists with epidural/spinal placement
- Administered medication for labor inductions per hospital protocol and titrated per orders
- Managed high risk obstetrical conditions such as pre eclampsia, gestational diabetes, and multiple gestation
- Assess newborn at delivery and provide resuscitation when required
- Initiated care plans based on evidence-based practice
- Precepted new staff and nursing students

Postpartum RN

Baptist Health System/North Central Baptist Hospital; San Antonio, Texas; May 2015-February 2016

- Strong knowledge of postpartum care
- Provided assessments on postpartum patients as needed and provided care as appropriate
- Monitored patients for signs and symptoms of postpartum hemorrhage
- Developed care plans based on the patient's individual needs and teachings

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UNIT COMMITTEES

Delivery Room Committee

High Risk OB

Primary C/S

Texas AIM

AREAS OF EXPERTISE

- Time management
- IV starts
- Medication administration and the "Five Rights"
- Women's health
- Cerner electronic health record
- Communication

EXPERIENCE

Postpartum CNA

Baptist Health System/North Central Baptist Hospital; San Antonio, Texas; June 2014-May 2015

- Provided high-quality patient care to postpartum patients on a busy 53 bed unit
- Recognized for excellent teamwork and patient interaction
- Strong clinical skills in assessing vital signs, performing lab draws and glucose checks
- Keen attention to detail and strong communication skills

Assistant Branch Manager

JPMorgan Chase & Co./Chase Bank; San Antonio, Texas; June 2008-October 2012

- Responsible for the operational functions of the branch
- Responsible for the hiring, training, supervising, developing and coaching of teller staff
- Excellent knowledge of branch operations, regulatory compliance, and bank policy and procedures
- Oversaw daily operations, managed branch cash levels and reviewed losses