

**Mrs. Myounghee Sack**  
**6719 Anthem Street E**  
**Fife, WA 98424**  
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**Email: myounghee.sack@gmail.com**

**Work Experience:**

Madigan Army Medical Center  
9040 Jackson Ave  
Joint Base Lewis-McChord, WA 98431  
United States

06/2017 - Present Hours per week: 24-40 Series: 0610 Pay Plan: GS Grade: 10

Registered Nurse (This is a federal job)

Duties, Accomplishments and Related Skills: Provides comprehensive nursing care to patients based on physicians medical care plan and the physical, mental and emotional needs of the patient. Insert IV, indwelling urinary catheter, and NGT. Administers oxygen, IV fluid, blood transfusion and prescribed oral, subcutaneous and intramuscular medications. Set up, operates and monitors specialized equipment such as cardiac monitors, respirators, defibrillators. Manages nasopharyngeal and gastric suction as well as a variety of other drainage tubes. Performs other duties as assigned. Provides post operative care for general surgery, orthopedic, ENT, IR, and OMFA patients.

Supervisor: Chris Garate (253) 968-3029

Okay to contact this supervisor: Yes

Madigan Army Medical Center  
9040 Jackson Ave  
Joint Base Lewis-McChord, WA 98431  
United States

06/2016 - 06/2017 Hours per week: 40 Series: 0610 Pay Plan: GS Grade: 11

Clinical/Critical care (This is a federal job)

Duties, Accomplishments and Related Skills: Major Duties: Provide professional nursing care in the Diagnostic Imaging (MRI/CT NM/FLOURO). Provide nursing care to patients requiring diagnostic procedures. Establish invasive intravenous lines and safely administer a wide range of medications through IV, IM, sub-cutaneous as ordered by a radiologist. Continuously observes, monitors, and assesses patient's condition in accordance with hospital Policy. Starts intravenous lines if line is lost or none is available accesses vascular access devices. Support and follow infection control policies and procedures IAW section and department standard operating procedures. Monitor vital signs peripheral vascular perfusion, and levels of consciousness. Assess contrast media reactions and provide intervention when needed. Monitor electrocardiogram changes during the procedure. Perform venipuncture for collection of blood samples. Monitor patient's fluid intake and output, and performs urinary catheterization as the need arises. Operate and monitor sophisticated technical equipment such as intravenous infusion pumps, electrocardiogram machine, and automated blood pressure machines. Function as a patient advocate assesses patient's physical and psychosocial needs, during a pre-procedural visit and during their clinic visit, by evaluating patients' records and conducting patient/family interviews. Educate the patients and

their families by discussing and explaining the procedures with them. Reassures patient, providing emotional support and encouragement. Perform inpatient percutaneous nephrostomy tube care teaching prior to patient discharge. Ensure adequate patient flow and prompt attention to patient's individual conditions. Coordinate patient care with other departments, such as internal medicine and primary care clinic. Assist in any other radiology Sections as needed such as Nuclear Medicine, Breast Imaging, and Radiation Oncology. Patients are characterized by high blood pressure, low blood pressure, difficult to place an IV line. Perform QA glucometer, daily temperature/humidity check, and daily medication refrigerator check. Perform monthly medication and supply inventory and check expiration date for IR suite. Provide follow up phone calls to patients after the procedure to assess patient's condition and provide intervention and teaching as needed.

Supervisor: Rheanna Rose (253 968-2183)

Okay to contact this Supervisor: Contact me first

Martin Army Hospital  
5770 Arrowhead Rd  
Fort Benning, GA 31905  
United States

12/2015 - 06/2016 Hours per week: 40 Series: 0610 Pay Plan: GS Grade: 11

RN, Clinical (This is a federal job)

Duties, Accomplishments and Related Skills: Assists in pre-admission and post-procedure, follow up calls to identify special needs or risks, provide needed information, and ensure patient understanding or preparation and follow-up. Prepares and evaluates patient teaching materials. Applies advanced nursing assessment skills and provides advanced nursing care to patient's pre, peri, and post procedure across the department for various modalities, especially for procedures requiring conscious sedation. Acts as a liaison between the patient and the healthcare system, with the goal of providing seamless care for the patient across the continuum of care. When required, provides IV access for injection of contrast media, especially in difficult cases. Ensures safety in medication management through implementation of the medication reconciliation processes, administers medications when required, including agents for sedation and analgesia, administer and monitors the effects of medication. Acts as a resource for radiologists, technologists and other concerning drugs for pain control, drug interactions and side effects, anticoagulants, and those that require special teaching such as oral antihyperglycemic drugs such as metformin, etc. Provides/assists in patient transfer of care to critically ill patient in imaging department, ensures continuity of care through effective transfer of care communication. Provides patients with tools and follow-up care for at home care following procedures as needed. Acts as a resource person for early reporting of problems with following procedures and identification of treatment plans. Serves as the Department resource person for adherence to Joint Commission for Accreditation of Healthcare Organizations (TJC) standards.

Lewis County General Hospital  
7785 N State St  
Lowville, NY 13367  
United States

05/2013 - 06/2015

Per Hour Hours per week: 24

#### Registered Nurse

Duties, Accomplishments and Related Skills: Evaluates assigned patients within an outpatient facility and plans, implements and documents nursing care. Determine the appropriate equipment that will be needed, makes preparations and assists physicians during examinations. Patient assessment and education done prior to same day surgery including EGD, colonoscopy, laparoscopic cholecystectomy, appendectomy, GYN procedure, Orthopedic procedure, minor procedure for age group from pediatric to geriatric population. Collaborate and perform post operative care and discharge teaching. Perform various patient tests and administers medications per doctor's order. Perform a variety of tasks including IV insertion, Foley Catheter insertion, dressing change (gauze and wound vac), and bladder scanning. Perform blood and platelets transfusion, IVIG infusion, and Reclast infusion. Assist Ultra Sound Paracentesis and recovery. Support and follow hospital policies and guidelines.

Supervisor: Earl Der (315) 376-5003 Okay to contact this Supervisor: Yes

#### MANNAM Non-profit Volunteer Association

2F Hyojung Bld Sinsadong Kangnam

Seoul, Gyeonggi-do [Kyonggi-do]

South Korea

10/2008 - 12/2012

Hours per week: 4 Team Leader (volunteer)

Duties, Accomplishments and Related Skills: Organized volunteer activities including 10k walks every quarter which raised community awareness of poverty, natural disasters, and heart disease. As part of a team, assisted in the promotion of monthly orphanage visits. Planned and organized an annual coal delivery to impoverished members of the community which helped keep their houses warm during the winter. Organized a free Korean cooking class which was presented weekly and provided expatriates with opportunities to learn culture through cuisine.

Supervisor: Whayoung Jung (01182-70-4086-2629)

Okay to contact this Supervisor: Yes

#### Ambulatory Surgery Center

Seoul, South Korea

10/2008 - 06/2009

Hours per week: 8

American Red Cross Volunteer Registered Nurse

Duties, Accomplishments and Related Skills: Performed professional nursing duties for Ambulatory Surgery Center patients requiring comprehensive care and treatment. Administered moderate sedation according to the physician's orders during esophagogastroduodenoscopy, colonoscopy with biopsy, and oral-maxillo surgery. Recover patients after moderate sedation procedure. Provided patient and family discharge instructions and answers their questions. Promoted an excellent customer service atmosphere and supported the philosophy of patient safety.

Supervisor: Cpt Carter (737-3139)

Okay to contact this Supervisor: Yes

#### Madigan Army Medical Center

9040 Fitzsimmons Dr

Tacoma, WA 98431

United States

11/2005 - 02/2008

Hours per week: 32 Series: 0610 Pay Plan: GS Grade: 09

Clinical Nurse (This is a federal job)

Duties, Accomplishments and Related Skills: As a clinical nurse, performed professional nursing duties for general surgery patients requiring comprehensive care and treatment. Assisted in the operation of clinic to ensure adequate patient flow and that prompt attention was given to patients. Screened walk-ins and phone calls to assess the priority of the patient's condition. Provided counseling; determined the need for physician intervention (30%). Coordinated with other hospital services for continuity of care. Started IV, drew blood specimens; administered oral and parenteral medications with knowledge of dosage, actions, and adverse reactions. Provided post operative hypovolemic patients utilizing IVF and close monitoring. Assisted in minor surgical procedures and provided moderate sedation for EGD and colonoscopy and recovery (40%). Assisted with wound vac dressing changes, wound care, and staples and suture removal. Responsible for the narcotic accountability in the clinic; prepared necessary forms to order pharmacy and medical supplies (5%). Assessed, planned, and initiated patient and family education; provided essential information to promote active involvement in the health care process, including EGD and colonoscopy prep instruction. Served as a resource for peers and subordinates. Identified teaching needs and patient and family readiness to learn. Participated in unit quality improvement, staff development, and continuing education. Promoted a positive customer service atmosphere. Supported the philosophy of patient safety (15%).

Supervisor: Ms. Kelly, Carolyn (253-968-1110)

Okay to contact this Supervisor: Yes

US Army Schweinfurt Health Clinic Ledward Barrack

Schweinfurt , Germany

06/2003 - 05/2005

Hours per week: 28 Series: 0610 Pay Plan: Other

Clinic Nurse (This is a federal job)

Duties, Accomplishments and Related Skills: Clinic Staff Nurse for a multi-service satellite clinic that averages 2,500 patient visits per month and serves a population of 11,000 beneficiaries and DOD personnel. Provided direct nursing care for acute and chronic illness in according to professional standards of nursing practice, departmental and unit policies. Rotated duties in the treatment room, immunization clinic, and health clinic. Performed Treatment Room Nurse duties including triage, implementing nursing process, and administering treatments and medications according to physicians orders; observed and documented patient responses. Treated acute to minor injuries to prevent further deterioration and worked under physician's orders. Performed dressing changes, IV insertions, and nebulizer treatments. Served as a facilitator of Depo shots and the Asthma Clinical Practice Guideline. Performed Immunization Room Nurse duties including reviewing children's immunization records and giving immunization to children, adults, and Active Duty personnel according to CDC and Army regulations. Observed any side effects. Performed Clinic Nurse duties; provided leadership, management and skills training to 6 paraprofessional personnel. Conducted a healthy pregnancy/healthy baby education class every other month. Collaborated with physicians and ancillary services to provide an interdisciplinary approach which would meet the needs of patients and their family members. Served as

an educational resource for patients/family members, peers and subordinates. Supported the strategic plan for improving the delivery of health care.

Supervisor: Major Shell (011-49-9721-966771)

Okay to contact this Supervisor: Yes

Vacavalley Hospital  
1000 Nut Tree Rd  
Vacaville, CA 95687  
United States

07/2002 - 03/2003

Hours per week: 32

Staff Nurse

Duties, Accomplishments and Related Skills: Performed nursing duties at the highest level of proficiency with caring attitude and professional commitment in a Med-Surg unit. Utilized the nursing process to coordinate, facilitate and deliver nursing care and utilized the nursing process. Administered treatments and medications according to physician's orders; observed and documented patient responses. Provided education on health and lifestyle issues for patients and family members. Coordinated efforts with other health care professionals to provide optimum patient care in a holistic manner. Followed unit and hospital policies.

Supervisor: Ms Dee at 1 west (707-429-3600)

American Red Cross  
Ledward Barrack  
Schweinfur, Germany

01/2002 - 05/2002

Hours per week: 16

Volunteer Nurse

Duties, Accomplishments and Related Skills: Provided health promotion and education with an emphasis on wellness, prenatal care, and well-baby care. Prepared blank OB charts and OB orientation folders for OB patients.

Scott and White Hospital  
2401 S. 31st St.  
Temple, TX 76508

United States

01/2001 - 11/2001

Hours per week: 24

Staff Nurse

Duties, Accomplishments and Related Skills: Performed nursing duties in a GYN-Urology Unit. Implemented nursing process in accordance with professional standards of nursing practice. Duties included obtaining vital signs, IV insertions, Foley catheter insertions, dressing changes, staples/suture removals, administering medication including patient control analgesic per physician's orders, and documentation. Also responsible for pre-op, post-op, and discharge teaching. Followed unit and hospital policies.

Supervisor: Ms Durkee at 6 south (254-724-2111)

Scott and White Hospital

2401 S. 31st St.

Temple, TX 76508

United States

01/2000 - 12/2000

Hours per week: 16

Student Nurse Tech

Duties, Accomplishments and Related Skills: Performed Nursing Assistant duties including assisting patients with range of motion, daily personal hygiene, emptying Foley catheters, and documentation. Provided the highest level of comfort care to patients. Followed unit and hospital policies.

Supervisor: Ms. Durkee at 6 south (254-724-2111)

Allergy and Asthma Center

2601 Nut Tree Rd # B

Vacaville, CA 95687

United States

11/1997 - 04/1998

Hours per week: 32

Medical Assistant

Duties, Accomplishments and Related Skills: Provided direct patient care including obtaining intake vital signs, testing, and education, counseling, and referral information. Performed venipuncture (phlebotomy); handled and prepared specimens; cleaned and sterilized equipment. Assisted clients with appointment scheduling, medical forms, and health insurance paperwork. Maintained all patient charts and logs in compliance with HIPAA guidelines and confidentiality and security protocols. Maintained charts and documents in alphabetical order. Prepared exam rooms and laboratory for use prior to patient visits. Performed all office functions including check in/out, scheduling, and insurance verification. Followed OSHA control plan and Department of Health guidelines.

Supervisor: Mrs. Pandurangi (707-426-2002)

**Education:**

SUNY Empire State University Saratoga Springs, NY United States Some College Coursework

Completed Credits Earned: 12 Semester hours

Major: BSN

Relevant Coursework, Licenses and Certifications: No degree received.

Central Texas College Killeen, TX United States

Associate's Degree in Nursing 12/2000

GPA: 3.2 of a maximum 4.0

Credits Earned: 72 Semester hours

Major: Associate Degree in Nursing

Western Career College Sacramento, CA United States

Graduated 11/1997

GPA: 3.5 of a maximum 4.0  
Credits Earned: 60 Semester hours  
Major: Medical Assistant

Job Related Training: Registered Nurse - WA License RN00159955  
Expiration Date 02/19/2022  
Certification - Basic Life Support  
Expiration Date 11/2018  
Certification - Conscious Sedation Course Obtained January 2016  
Certification - Healthy Pregnancy and Healthy Baby (08/06/2004) Completed Instructor Course and Healthy Pregnancy and Healthy Baby Class through American Red Cross. Participated and conducted the Class every other month.  
Language Skills: Language Speak, write and read Korean fluently.

**Affiliations:**

Association of Radiology Nurse - Member American  
Nurses Association - Member

**References:**

Kandace Dennison, Madigan Army Medical Center, Licensed Practical Nurse (360) 584-8428  
Chris Garate, Madigan Army Medical Center, Medical-surgical Floor supervisor (253) 968-3029  
Moon Na, Madigan Army Medical Center, Register Nurse (240) 447-4749

**Additional Information:**

Certificate of Appreciation 04/15/2009  
Received Certificate of Appreciation in recognition of significant volunteer contributions, consistent performance, and dedication to the Hospital, patients, their family members, and to the American Red Cross of the Korean Peninsula.  
Certificate in recognition of five years of service in the Government of the United States of America 01/29/2008  
Certificate of Achievement 04/03/2008 Received for dedicated work to the Department of Surgery at Madigan Army Medical Center for two years and three months. Recognized asset to Madigan staff, patients and families because of willingness to translate for the Korean speaking population. Certificate states that my professional manner, commitment to excellence, outstanding performance of duty reflects great credit upon myself, Madigan Army medical Center, and the United States Army.  
Received performance evaluation grade of excellence in Civilian Evaluation Report for last 5 years.  
Proficient in Microsoft word, Power point, Excel