

Alvin Thomas

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Seventeen years of Operating Room experience as a Registered Nurse, Nurse Manager, and Surgical Technician scrubbing Ortho, OBGYN, Cardiovascular, General, ENT, OMF, Plastics, and Neurology in various settings including surgical centers, hospitals, and military facilities.

Authorized to work in the US for any employer

Work Experience

R.N.

Dell childrens medical center - Austin, TX

September 2019 to Present

Ascension Dell Children's Medical Center

- Staff R.N.
- Interim Orthopedic Clinical Supervisor
- I circulate all spines, majority of are of congenital pathologies. I scrub and circulate everything from ACDF, laminectomy, implantation of rods and screw to de-rotate patients with scoliosis. I am very familiar with Medtronic and nuvasive implantation sets. I also understand how to use the medtronic navigation.
- Sports med; Arthroscopy procedures (knee, ankle, shoulder, and wrist)
- Total joint replacements (hip, knee, shoulder, ankle)
- Growth plates

R.N.

Cumberland Surgical Hospital - San Antonio, TX

December 2017 to Present

OR RN San Antonio, TX

- Circulated and scrubbed multiple services to include Ortho, OBGYN, Cardiovascular,

General, ENT, OMF, and Plastics

- Worked with plastic oncologist surgeons to assist with surgical procedures.
- Post operatively established relationships with patients to increase the probability of clients adhering to discharge instructions and other follow-up appointments
- Provided patient education and assisted with additional resources to ensure patients understood all instructions
- Assisted with the facilitation of home care
- Maintained care by following up with patients in their respective units to inspect wounds
- Worked with KCI and Prevena to coordinate supply availability to change and evaluate wounds accordingly

R.N.

Christus Santa Rosa - San Antonio, TX
October 2017 to Present

Circulated and scrubbed multiple services to include Ortho, OBGYN, Cardiovascular, General, ENT, OMF, and Plastics

- Maintained care by following up with patients in their respective units to inspect wounds
- Worked with KCI and Prevena to coordinate supply availability to change and evaluate wounds accordingly
- Discharge planning and care coordination while identifying alternate treatment programs
- Used comprehensive care with providers, therapeutic care associates, and other team members to evaluate options and services required to meet an individual's health needs that would promote quality and cost-effective outcomes

Staff R.N

Medly Staffing
May 2019 to September 2019

Nurse Manager/RN

Trusted Care Surgical Center - San Antonio, TX
November 2018 to August 2019

- Worked as pre-op, intra-op, PACU RN and Nurse Manager
- Facilitate the surgical day to ensure efficiency and accuracy
- Manage third party staffing vendor to ensure properly staffed utilizing per diem pool, including but not limited to reviewing contracts, scheduling, and communicating daily needs
- Circulated and scrubbed multiple services to include Ortho, OBGYN, Cardiovascular, General, ENT, OMF, and Plastics

Cvor RN

Seton Medical Center - Austin, TX
April 2017 to October 2017

Circulated and scrubbed multiple services to include Cardiovascular, Neurology, Ortho, OBGYN, General, ENT, OMF, and Plastics

- Maintained care by following up with patients in their respective units to inspect wounds
- Worked with KCI and Prevena to coordinate supply availability to change and evaluate wounds accordingly

CVOR Charge Nurse

Methodist Hospital - San Antonio, TX
November 2015 to September 2017

- Worked as CVOR Charge RN facilitating the surgical day to ensure efficiency and accuracy
- Worked with mechanical and tissue valves, tube grafts, and several other implants
- Circulated all adult and pediatric cases (VALVES, MICS, CME'S, CABG, AV FISTULA ETC)
- Proficient in scrubbing and assisting the physician in the cannulation process
- Rotated to the main OR circulating and scrubbing cases in addition to CVOR

RN

Nix Medical Center - San Antonio, TX
December 2013 to June 2017

Pre-operational holding area: prepare the client for surgery by gathering data from the medical records, assessing any changes in medication, medical history, and physiology; implement a focused assessment accordingly

- Circulating Nurse: assessed the patient and gathered supplies and equipment needed to facilitate the surgery
- Advocate for patients and prepare surgeon with all supplies and details prior to procedure
- Contacted instrumentation representatives to ensure that they brought all special equipment
- Assessed patient's physiological and psychosocial status to create a nursing care plan, including maintaining goals based upon nursing diagnosis and expected patient outcomes
- Briefed post anesthesia/surgical intensive care unit nursing staff on peri-operative nursing orders and other pertinent data such as surgical procedures performed, patient problems, nursing diagnosis/actions and patient responses
- Facilitated and acquired any specialized care and/or equipment required
- Rotated through bariatric, OB/Gyn, ophthalmology, general (laparoscopy included), endoscopy, urology, vascular, cardiothoracic, and orthopedics to include total joint replacements
- Operated as the cardio-thoracic coordinator

Surgical Technician

University of Minnesota Amplatz Children's Hospital - Minneapolis, MN

June 2012 to August 2012

Procured supplies and scrubbed surgical cases such as vascular, orthopedics, urology, general surgery and neurology

- Proficient in arterial bypass (fem-pop), carotid endarterectomy, angioplasties, stenting, and endoscopic vein surgery
- Experience with minimal invasive total hip replacement from the posterior and anterior approaches
- Primarily scrubbed orthopedics and vascular cases with experience in casting and splinting when needed

Surgical Technician

Wilford Hal Medical Center - San Antonio, TX

December 2009 to January 2012

Obtained supplies for surgical procedures, assisting anesthesiologist and first assist MOHS surgeon in surgery

- Prepared patient medical history and designed a care plan for wound management
- Submitted post-operative notes through CHCS and AHLTA to allow the physician to write their notes
- Co-created cosmetics portion of dermatology and first assist in an S.M.A.S. vertical vector facelift

Operating Room Technician

Baptist Health System SA - San Antonio, TX

August 2007 to December 2009

- Scrubbed on orthopedic team averaging 15+ cases per day
- Mastered fractures, orthopedic totals with the Biomet, Depuy, Acumed, and Howmedica implant systems
- Proficient in casting and splinting upper and lower extremities

Operating Room Technician/EMT

United States Air Force

December 2002 to July 2006

- Rotated all services to include neurology
- Worked in instrument processing and P.A.C.U.
- Attended CSTARS in Baltimore Maryland where I became extremely proficient in trauma rotating with E.M.T.'s and trauma technicians to understand how to stabilize a patient and take care of them once received in the hospital
- Scrubbed over 1,500 cases
- 1 of 10 airmen to receive an Air Force Achievement Medal
- Served as an Emergency Room Medic helping to stabilize, run arterial lines, intubating, casting, splinting, and transporting when necessary

Education

ADN

Hallmark University Martha Fessler School of Nursing - San Antonio, TX

Skills

- Anatomy Knowledge
- EMT Experience
- Hospital Experience
- Medication Administration
- Nurse Management
- Ophthalmology Experience
- Physiology Knowledge
- Nursing
- Acute care
- Medical office experience
- EMR systems

Certifications and Licenses

RN

BLS Certification

ACLS Certification