

Ashley Sanders, BSN

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SUMMARY

An ambitious Registered Nurse with an extensive clinical background in Hospital and Ambulatory Surgery departments. Proficient in a multitude of surgical specialties across diverse patient populations and variety of ages with a sound knowledge of Pre and Post Anesthesia and Medical Surgical care. Positive team player who thrives under high pressure and fast paced situations with steep learning curves.

CERTIFICATIONS

Registered Nurse, State of Missouri	2019 - Present
Registered Nurse, State of California	2021 - Present

EDUCATION

Goldfarb School of Nursing at Barnes Jewish Hospital <i>Bachelor of Science in Nursing</i>	St. Louis, Missouri Summer 2019
St. Louis Community College - Meramec <i>Associate's in Applied Sciences</i>	St. Louis, Missouri Fall 2018

WORK EXPERIENCE

St. Louis Eye Surgery & Laser Center <i>Registered Nurse – Pre & Post Anesthesia Care</i>	St. Louis, Missouri 1/2021 – 1/2022
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- Ambulatory Surgery Center with 6 Operating Rooms providing Ophthalmic Cataract, Retinal, and Plastics care for up to 120 patients on an average day
- Strong knowledge base of surgical procedures and management of the patient through the peri-operative unit
- Dynamic work environment with rapidly implemented training processes and new teams
- Demonstrated proficient IV start skills in the peri-operative unit
- Review post-operative orders and continuously monitor patients' post-operative vitals, airway management and orient patient to unit to achieve optimal outcomes.
- Provide discharge instructions for patients and family to educate potential complications or issues that could arise from surgery.
- Inventory management of pharmaceuticals for Surgery Center

Mercy Hospital South <i>Registered Nurse - Medical Surgical Floor</i>	St. Louis, Missouri 08/2019 – 1/2021
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- Exercised critical thinking skills to assess and evaluate a patient's physical, psychosocial, and emotional needs
- Developed and implemented individual plans of care in collaboration with other members of the healthcare team. Promoted patient and family centered care in a healing environment
- Quickly assisted in Charge Nursing for night shift and precepting onboarding RNs

SKILLS AND COMPETENCIES

- Critical Thinker/Problem Solver
- Adaptable/Flexible
- Team Player
- Time Management
- Advanced Cardiac Life Support (ACLS)
- Basic Life Support (BLS)
- IV Conscious Sedation