

Sherifat Adeshina

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Experienced medical surgical registered Nurse in acute care with excellent critical thinking skills. Demonstrates effective communication and collaboration with multi-disciplinary teams to deliver quality, safe, patient centered care. Consistently empathetic, actively listens and quickly establishes rapport to deliver superior service.

Work Experience

Texas Rehabilitation Hospital of Arlington Texas, United State of America.

August 2021 to Present

- # Observe upwards of 5-7 patients per shift, charted and reported changes in patient condition, such as adverse reactions to medication or treatments.
- # Conducts an individualized patient assessment, prioritizing the data collection.
- # Develop plan of care that is individualized for the patient.
- # Performed appropriate treatments as ordered by physician in an accurate and timely manner.
- # Performed initial patient assessments and work with physicians to plan, implement, and evaluate plans of care for adult-geriatric patient population.
- # Conduct ongoing assessments as determined by the adult or elderly patient condition and reprioritize care accordingly.
- # Report critical values and condition changes to Charge Nurse or Doctors.
- # Utilized clinical expertise to administer medications and injections, administer IV therapy, perform venipuncture, provide wound care, monitor glucose levels and lab values, assist in bedside procedures, and monitor various drainage devices.

January 2018 to July 2021

- # Board Evaluation and Studying for NCLEX EXAMS.
- # Attending nursing Orientation Programmes

RN - Med/Surg

Lagos State Health service Commission - Lagos, Nigeria

April 2006 to December 2017

- # Assessment of patients upon admission, during every shift and whenever necessary
- # History taking on admission of patients.
- # Administering medications orally, intradermal, subcutaneous, intramuscular, sublingual, topical and intravenous
- # Applies the nursing process to assess, implement and evaluate patient care.
- # Evaluates signs and symptoms indicating psychosocial changes in the patient's condition.
- # Oversees and participates in day to day clinical care of patients and their families.
- # Attends weekly interdisciplinary team meetings.
- # Interacting and collaborating multi-disciplinary team
- # Provides accurate and timely documentation of patient services to reflect plans of care.

- # Provides optimal care for patients.
- # Maintain sterile techniques during wound care.
- # Maintain competence and current adherence to established standards of practice.
- # Develops an individualized nursing plan of care.
- # Coordinating, assessing, and implementing patients' care.
- # Initiation and Administration of intravenous infusion, medication.
- # Provide professional nursing care by utilizing all elements of nursing process.
- # Oversees and participates in day to day clinical care of patients and their families.
- # Proper IV-line setting, fluid computation and administration.
- # Pre and post OP care.
- # Total patient care of adults and children.
- # Emergency preparedness/Disaster Planning and Response.
- # Analyzes and synthesizes laboratory and diagnostic test results to formulate nursing care plan.
- # Vital signs monitoring
- # Wound assessment and dressing change.
- # Checks IV site patency and abnormalities.
- # Perform colostomy care, gastric lavage, enemas and nasal gastric tube.
- # Prepare patient for discharge and conduct discharge teaching.

Education

Higher Diploma in Nursing

E.C.W.A School of nursing Egbe, Kogi State - Egbe, Kogi

November 2001 to November 2005

Skills

- RN Licensure for the State of Texas (1035551)
- Registered Nurse (Nursing/Midwifery Council of Nigeria)
- Registered Midwife (Nursing/Midwifery Council of Nigeria)
- Tube Feeding
- Critical Care Experience
- Patient Care
- Medication Administration
- Experience Administering Injections
- Venipuncture
- Vital Signs

Certifications and Licenses

BLS Certification

RN Licensure for the State of Texas (1035551)