

Chinelo Nsobundu

Katy, TX 77450

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Attentive and qualified Registered Nurse with nearly 7 years of professional experience as a Registered Nurse. Skilled in medical surgical nursing, home health care, home care, health care administration, program management, community engagement, organizational leadership, and public health. Eager to join an organization dedicated to delivering compassionate nursing care to patients with medical and surgical conditions.

Work Experience

Med-Surg Staff Registered Nurse (PRN)

The Physician's Center Hospital - Bryan, TX

August 2021 to Present

Provides direct patient care to medical and surgical patients in the adult and older adult age group who require an intermediate level of care for a longer period than an acute care facility (LTAC) at a nurse-to-patient ratio of 1:4 dependent on acuity by:

- Administering medications via IV/PO/SQ/IM
- Monitoring and recording input and output in patients with renal failure, gastroenteric, and cardiac conditions.
- Monitoring patients' vital signs
- Assisting patients with bathing, dressing, maintaining personal hygiene, moving in bed, standing, and walking.
- Educating patients and their families on disease processes, med/surg procedures, and medication.
- Initiating emergency resuscitative measures according to adult resuscitation and advanced life support protocols.
- Performing any other therapeutic nursing interventions and appropriate treatments as ordered by the physician in an accurate and timely manner
- Conducts individualized and ongoing assessments including cardiovascular, urinary catheters, respiratory, and gastrointestinal as determined by patient's condition and/or the client facility's policies, procedures or protocols and reprioritizes care accordingly
- Develops plan of care that is individualized for the patient reflecting collaboration with other members of the healthcare team
- Documents patient assessment findings, physical/psychosocial responses to nursing intervention and progress towards problem resolution.
- Maintains confidentiality in matters related to patient, family, and client facility staff.
- Provides care in a non-judgmental, non-discriminatory manner that is sensitive to the patient's and family's diversity, preserving their autonomy, dignity, and rights.
- Reports patient condition to appropriate personnel during each shift.
- Maintains current competency in nursing specialty by attending educational workshops; reviewing professional publications; establishing personal networks; participating in professional societies.

Nursing Test Writer & Copy Editor

Clinical Advisory Team, Inc. - Goliad, TX

March 2019 to Present

Roles & Responsibilities:

- Serves as a copy editor revising written clinical competency tests to improve readability and ensure that tests are free from grammatical and factual errors.
- Performs test analysis to ensure that tests are balanced with blueprint and meet standards of care for nurses.

Health Educator

Texas A&M Center for Population Health & Aging - College Station, TX

January 2018 to Present

- Plan and implement health education and training programs designed to address the needs of the audience such as the Chronic Diseases Self-Management Program, Chronic Pain Self-Management Program, Diabetes Self-Management Program, A Matter of Balance and Making Moves with Diabetes
- Evaluate, design, present, recommend, and disseminate culturally appropriate health education information and materials.
- Perform intakes on new and re-enrolling adults in various programs.
- Facilitate classes according to the organization's guidelines.
- Consults with staff regarding related health education services.
- Presents lectures and training to groups and/or individuals, as appropriate.
- Serves as a point of contact in area of expertise; refers clients to other support services, such as medical evaluation and treatment, social services, and employment services, as appropriate.
- Prepares and disseminates educational and informational materials.
- Maintains current knowledge base on specific health issues, particularly in area of expertise.

Home Health Nurse & Health Care Manager

County Healthcare, Inc. - Houston, TX

July 2014 to Present

Roles & Responsibilities:

- Submits Clean Medicaid Claim Form 1500s to Insurance Companies (United, Molina, TMHP, TX Children's, Superior and Amerigroup) for services provided to long-term care clients either by paper or electronically
- Communicates with Insurance Companies about Medicaid Eligibility, Authorizations, and Claim Submissions
- Corrects and Resubmits Unprocessed Claims
- Constructs and Submits payroll for staff and employees via ADP.
- Knowledgeable, monitors and supervises the use of VESTA, an electronic visit verification system which documents actual service delivery of attendant services provided to long-term care clients.
- Admits and discharges long-term care clients and patients requiring skilled nursing services
- Submission of Nursing Notes, Assessments, and Discharges of patients requiring skilled nursing services
- Directs the activities of ancillary staff
- Ensures performance goals are met with staff
- Provides training and guidance to employees by researching, developing, writing, and updating policies, procedures, methods, and guidelines
- Complies with federal, state, and local legal requirements for Medicaid Home and Community Based Programs by enforcing adherence to the requirements and advising staff on needed actions.
- Participates and attends educational activities and monthly staff meetings

- Maintains Strict Confidentiality; adheres to HIPAA guidelines and regulations copyediting & writing EXPERIENCES

COVID-19 Vaccinator & Clinician

Prevent COVID U Study- <https://preventcovidu.org/> Texas A&M Health Science Center - Bryan, TX
May 2021 to December 2021

Summary: PreventCOVIDU is a study across the US to learn whether the Moderna COVID-19 vaccine stops the spread of the SARS-CoV-2 virus: both getting infected — even without symptoms — and spreading it to others. My roles and responsibilities are to:

- Participates in site meetings about study
- Draw up vaccine doses prior to administration
- Check vaccine before administration and report any concerns i.e. about the syringe/needle/dose to the clinician supervisor. Cross check that vaccine batch numbers are recorded under the correct client
- Confirm the identity of the client, check they are happy to proceed with vaccination.
- Assess the client's readiness for vaccination
- Wear adequate PPE equipment in line with current national guidelines. Conduct hand hygiene, either alcohol hand gel or hand washing according to guidance before and after each vaccination
- Administer the vaccine to already consented and assessed individuals via the intramuscular route (either client's upper arm - deltoid muscle or anterior lateral aspect of the thigh if indicated) in accordance with training and local and national protocol, procedures, and standards
- Issue vaccination card to the client and reminder of the second dose if appropriate
- Ensure proper disposal of syringes, sharps, clinical waste and change of PPE as per local and national guidelines
- Immediately observe participant's reactions to the vaccine reaction in the post-vaccination area or if appropriate, direct participants to the post vaccination observation area to be observed
- Be able to respond to and raise issues or concerns with the registered health care professional, supervisor on complications or emergency situations, such as anaphylaxis

Intermediate Care Unit & Med-Surg Staff Registered Nurse

Plaza Specialty Hospital - Houston, TX
August 2016 to April 2017

- Provides direct patient care to medical and surgical patients in the adult and older adult age group who require an intermediate level of care for a longer period than an acute care facility (LTAC) at a nurse-to-patient ratio of 1:4 dependent on acuity by:
 - Administering medications via IV/PO/SQ/IM
 - Monitoring and recording input and output in patients with renal failure, gastroenteric, and cardiac conditions.
 - Monitoring patients' vital signs
 - Assisting patients with bathing, dressing, maintaining personal hygiene, moving in bed, standing, and walking.
 - Educating patients and their families on disease processes, med/surg procedures, and medication.
 - Initiating emergency resuscitative measures according to adult resuscitation and advanced life support protocols.
 - Performing any other therapeutic nursing interventions and appropriate treatments as ordered by the physician in an accurate and timely manner
 - Conducts individualized and ongoing assessments including cardiovascular, urinary catheters, respiratory, and gastrointestinal as determined by patient's condition and/or the client facility's policies, procedures or protocols and reprioritizes care accordingly

- Develops plan of care that is individualized for the patient reflecting collaboration with other members of the healthcare team
- Documents patient assessment findings, physical/psychosocial responses to nursing intervention and progress towards problem resolution.
- Maintains confidentiality in matters related to patient, family, and client facility staff.
- Provides care in a non-judgmental, non-discriminatory manner that is sensitive to the patient's and family's diversity, preserving their autonomy, dignity, and rights.
- Reports patient condition to appropriate personnel during each shift.
- Maintains current competency in nursing specialty by attending educational workshops; reviewing professional publications; establishing personal networks; participating in professional societies.

Education

Bachelor of Science in Nursing

Texas Woman's University

August 2012 to May 2014

Skills

- Nursing Care: Pain management, obtaining blood from central venous line, care of drains/tubes, providing for safe patient environment, communication, patient rights, collaboration, problem-solving, discharge planning
- Analytical Software: Excel, STATA
- Internet Browsers: Internet Explorer, Mozilla Firefox, and Chrome
- Systems: Android, Windows
- Languages: English (fluent), Igbo (fluent)
- Word
- Excel
- One Drive
- PowerPoint
- Outlook
- Skype
- Survey Monkey
- Google Docs
- Doodle Poll
- Sign Up Genius
- Quickbase
- Syncplicity
- Content Management System
- EHR
- EPIC
- Microsoft Excel
- SharePoint

- Documentation review
- GCP
- Copywriting
- Copy Editing
- Medication Administration
- Hospital Experience
- Patient Care

Certifications and Licenses

RN

CPR Certification