

Laura Knudtson

Phone (641) 590 7456 E-Mail: knudtson.laura@gmail.com

Education

August 2018- Present

University of Iowa, Iowa City, Iowa

- Dean's List
- Health and Human Physiology: Health Promotion
- Minor in Psychology

Work Experience

January 2019-present

Power Cafe, Iowa City, Iowa- Associate

- Engage and communicate with customers to ensure complete satisfaction
- Learn the recipes for the items sold
- Opening and closing procedures to ensure cleanliness

November 2017-present

Lake Mills Care Center, Lake Mills, Iowa - Certified Nursing Assistant

- Care for residents and assist with physical and emotional needs while building a greater relationship with them
- Time management in order to give each resident the proper care
- Attend to and communicate with families, administration, and coworkers of all ages
- Learn how to respond to a variety of circumstances while resident is unwell
- Follow all nursing home rules and protocols

February 2016-May 2018

Lake Mills Community Preschool and Daycare, Lake Mills, Iowa - Caregiver

- Attend to children before and after school
- Serve meals and assist children when needed
- Build relationships with the younger kids and be a role model for them
- Learning patience in the workplace

September 2020-present

Solon Retirement Village - Certified Nursing Assistant

- Care for residents and assist with physical and emotional needs while building a greater relationship with them
- Time management in order to give each resident the proper care
- Attend to and communicate with families, administration, and coworkers of all ages
- Learn how to respond to a variety of circumstances while the resident is unwell

- Follow all nursing home rules and protocols

Volunteer Experience

August 2019-present

Clothing Closet at Iowa

- Attend to students coming in need of professional clothing
- Interact with other students and give professional and helpful input on clothing selections

Campus Involvement

December 2018- March 2019

Dance Marathon