

ADAIR FINGERHUT, R.N., B.A.
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Skills Summary

Clinical: Ongoing patient care in pediatrics and neonatal intensive care in all Level III facilities.
Teaching: Public, lay and professional groups.
Project: Planning, development and implementation.
Management and Writing: Creating and designing projects, programs, workshops and conferences.
Development of cost-savings forms. Published lay and professional materials.
Clinical manager and educator for NICU.

Professional Interests

Teaching, Project and Program: Planning, development and implementation. Writing of any description for the Lay reader and Professional.
Public Speaking: On healthcare systems, health issues, parenting and childcare; Persuasive presentation on behalf of the needs of children.

Professional Positions

July 2008 — Present

Clinical Staff Nurse, Level III Neonatal Intensive Care Unit
Community Regional Medical Center, Fresno, CA

Job responsibilities include: patient care of level III premies and surgical infants. Provide ongoing education and support of parents including discharge instructions. Developer and editor of the NICU newsletter.

May 2006 — January 2010

Clinical Staff Nurse, Level III Neonatal Intensive Care Unit
Sierra Vista Regional Medical Center, San Luis Obispo, CA

Sept. 1997 — December 2006

Procare One
Nursing Registry

STP
Nursing Registry

Nursefinders
Nursing Registry

Sept. 1997 — July 1998

Clinical Staff Nurse, Level III Neonatal Intensive Care Unit
Kaiser Hospital Sunset

Nov. 1995 — March 1998

Clinical Staff Nurse, Level III Neonatal Intensive Care Unit
Cedars Sinai Medical Center, Los Angeles, CA

Nursing responsibilities for critically ill patients. Parent education, discharge planning and admission nurse.

June 1993 — Nov. 1995

Clinical III Anesthesia Nurse Specialty Leader
Los Angeles Children's Hospital, Los Angeles, CA

Job responsibilities included: development of policy and procedures; working directly with vendors for purchasing supplies, in-house and direct sales for use in the anesthesia department as well as coordinating deliveries and maintaining cost efficiency; acting as liaison for other departments involved in patient care and/or equipment; assisting during induction, extubation and transport; setting up all pressure lines, placing IVs when needed prior to surgery, stocking all supplies necessary in the anesthesia department, participating

in product evaluation committee and quality assurance team; supervising If RN, and volunteers. Responsible for cost-reduction and containment and standardization of supplies and equipment. Instrumental in \$50,000 cost savings in the first year. \$20,000 savings by securing supplies and equipment on a no-fee basis; and developed and revised the "Anesthesia Charge Sheet."

1988 – 1993

Staff Nurse Clinical

Los Angeles Children's Hospital, Los Angeles, CA
Nursing care responsibilities for infants under age two, including ventilator dependant children.

1987 – 1988

N.I.C. U. Clinical Nurse, Level III Neonatal Intensive Care Unit

Children's Hospital, San Diego, CA
Los Angeles Children's Hospital, Los Angeles, CA

1986 – 1988

Teacher/Consultant—Science & Health

G.A.T.E./Gifted & Talented Program, San Diego Public School System, San Diego, CA Teaching Program: "The Incredible Journey" (Grade Level 1 - 6)

1973 – 1987

Assistant Nurse Manager, Level III Neonatal Intensive Care Unit

Children's Hospital, San Diego, CA
Assistant Manager Pediatric and Neonatal Intensive Care Unit. Patient care, Staff evaluations. Received surgeries, immediate post-op responsibility, multiple committee, conducted staff meetings. Developed care plans, arranged on site educational classes. Particular interest in open-heart surgery.

Clinical Neonatal Nurse-Educator

Responsible for all new personnel orientation to NICU. Developed and wrote orientation program. Developed and executed new graduate orientation. Organized neonatal classes, outreach to community. Re-wrote Neonatal classes and developed post evaluation test. Planned and organized workshop: "Death & Dying" (of pediatric cancer patients).

1978 – 1980

Staff Nurse—Level II Nursery

Donald N. Sharp Memorial Hospital, San Diego, CA
Admission from delivery. Attended high risk delivery. Worked with mother and baby, assisted with breast-feeding.

Staff Nurse—O.R. Recovery Room

Received mothers from delivery and some GYN surgeries. Immediate post partum care/mother, father and baby.

Staff Nurse—Post-Partum Area

Cared for mother and baby in family centered care situation.

Childbirth Educator

Sharp Hospital, San Diego, CA
Developed on-going Lamaze classes and audio-visual aids. Assisted in labor. Liaison with obstetricians and hospital setting. Follow-up for couples and baby (See accompanying book: "Preparing for Childbirth, A Couple's Manual").

1970 – 1973

Out-Patient Department

Children's Hospital, Cincinnati Ohio Gastroenterology, Cardiac, Cystic Fibrosis Clinics Assisted with procedures, scheduling referrals, EKGs, home visits, follow-up after therapy and parent and patient education.

Dr. William Shubert (Gastroenterology)

Established parent support group for Dermatomyositis, Myositis ossificans, Lupus. Administered IV and IM weekly medications, kept individual records, coordinated therapies, follow-ups, home visits and taught Sex Education to adolescent groups.

1970 – 1973

M.C.C. Coordinator

M.C.C./Medical Community Clinic
Established M.C.C. over a two year period which has become an ongoing full community medical program (See attached A J.N. Article). Worked with all residents and Interns arranging appointments with their particular pediatric patients. Kept detailed medical records, close follow-up program.

Counselor/Coordinator

Planned Parenthood, Toledo, Ohio

University of Cincinnati

Assisted in development of Student Health Services.

Cincinnati Free Clinic

Sex Education, rap sessions, VD Counseling and Health care. Developed and implemented workshops on Human Sexuality, guest speakers and case presentations community interest.

1970 – 1971

Counselor/Coordinator

Planned Parenthood, Toledo, Ohio

1968 – 1969

Pediatric Office Nurse

Howard & Roberts, Pediatrics, Toledo, Ohio

Emergency Pediatric Nurse

T.E.P.S./Toledo Emergency Pediatric Service, Toledo, Ohio

Nurse/Internist & Pulmonary Specialty

Doctors Weisinger & Remley, Toledo, Ohio

1967 – 1968

I.C.U. Team Leader/Pediatric & Adult

St. Vincent's Hospital, Toledo, Ohio

Education

UCLA, School of Public Health, Graduate Student (MPH), Health Services-Policy
Mt. Sinai Hospital School of Nursing, New York, New York—R.N.
University of Cincinnati, Cincinnati, Ohio Mesa College, San Diego, CA
University of California San Diego, San Diego, CA
Childbirth Educator Certificate (C.C.E.)
Antioch University, Los Angeles, B.A.—Psychology
Drager Anesthesia Technician Workshop—Telford, PA
PALS Certification—Los Angeles Children's Hospital
NALS Certification—Cedars Sinai Medical Center

Organizations

National Association Neonatal Nurses (NANN), Southern California
Society of Children's Book Writers and Illustrators (SCBW&I)
California Writer's Club (CWC)
Mt. Sinai Hospital Alumnae Association

Publications

Contemporary Books: "Preparing for Childbirth—A Couple's Manual"
American Journal of Nursing—Articles
MacMillan & Company—Non-fiction (educational)
Harcourt Brace-Jovanovich—Non-fiction (educational)

PUBLICATIONS AVAILABLE UPON REQUEST