### Gintare Kucinske, RN, BSN

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##### Registered Nurse Profile

Compassionate and dedicated Registered Nurse with ability to provide highest standards, safe, effective, evidence-based patient-centered health care within dynamic and high-pressure environments. Educated in effective medical management to provide ongoing patient treatment based on clinical judgement. Experienced, positive and energetic, detail-oriented and working collaboratively when providing health care. Strong communicator to foster partnerships with physicians and care team to provide competent care for all patients. Fluent in Lithuanian and conversational in Russian.

# Areas of Expertise

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| * Taking & Recording Vitals * Basic & Advanced Life Support * Electronic Medical Record * JCAHO/HIPAA Compliance * Wound Care & Dressing * Central/PICC Line Care | * Urinary Catheter Care * Tracheostomy & Drain Care * G tube/PEG Tube Care * Physical Assessment * Intravenous Access/Blood Draw & Lab Testing | * Patient Education & Support * Cross-cultural Communication * Medication Administration/Blood Products * Interpersonal Skills * Compassionate Caregiver |

# Education & CREDENTIALS

**Bachelor of Science in Nursing |** Purdue University Northwest, Hammond, IN **|**May2021

**Associate in Applied Science in Nursing |** Moraine Valley Community College, Palos Hills, IL **|**December 2018

*Associate in Applied Science -* Dean’s List **|** Fall 2018

**Bachelor’s Degree in Nursing |** Kaunas University of Medicine, Kaunas, Lithuania **|** June 2006

**CREDENTIALS**

**Licensed Registered Nurse |** Illinois **|** May 2022

**Basic Life Support, AHA certified |** March 2023

**Advanced Cardiovascular Life Support, AHA certified |** January 2024

# CLINICAL experience

**MEDICAL-SURGical IV |** Palos Community Hospital, Palos Heights, IL August 2018 - October 2018

**MEDICAL-SURGical II & III |** Loyola University Medical Center, Hines, IL January 2018 - May 2018

**MENTAL HEALTH |** Riveredge Hospital, Forest Park, IL February – March 2018

**TELEMETRY |** Palos Community Hospital, Palos Heights, IL October 2017 - December 2017

**LABOR AND DELIVERY |** Little Company of Mary Hospital, Evergreen Park, IL August 2017 - October 2017

**MEDICAL-SURGical I |** Franciscan Health Olympia Fields, Olympia Fields, IL March 2017 - May 2017

# Professional Experience

**CAREGIVER |** Home Setting 2009 – 2011

Assessed vital signs and administered prescription medication according to medical care plan provided by physician. Partnered with medical providers to monitor medication and performance to provide feedback in case of needed adjustments to care plan. Assisted with basic need including feeding, mobility assistance, bathing, grooming, toileting, and other daily activities. Provided transfer and transporting services to ensure safety in and outside of the home.

* Recognized for delivering calm, level-headed solutions to diffuse stressful situations and maintain safety and security of patients.
* Served as consistent patient advocate while communicating compassionately and effectively with patients and families.
* Specialized in the care of diabetic, post-stroke, and Alzheimer patients.

**ICU NURSE |** University of Medicine Hospital, Kaunas, Lithuania 2007 – 2009

Delivered care to patients in intensive care unit requiring specialized care for patients with cardiovascular and thoracic post-surgery care. Evaluated and monitored patients’ progress and provided regular updates to doctors regarding medical condition. Performed diagnostic tests and implemented effective care plans in collaboration with care team.

* Responded to medical emergencies to coordinate appropriate care in a timely manner.
* Established reputation for nursing excellence, excelling as receptive team member and forging superior relationships with patients and care team.

**REGISTERED NURSE |** Loyola University Medical Center, Maywood, IL - 1 Tower Observation Unit July 2019-December 2020.

Consults and coordinates with multidisciplinary clinical teams, including physicians, physical and occupational therapists, social services, dieticians to assess, develop and provide comprehensive plans of care for patients while focusing on the needs of the patients, exemplifying the service excellence goals of care, concern, respect, and cooperation.

Manages care of diverse patient population including, cardiovascular, pulmonary, gastrointestinal and addiction.

Displays knowledge of caring for patients with various cardiovascular diseases, including care for preoperative and postoperative patients undergoing heart catheterization, stent implantation, pacemaker placement.

Monitors and implements safe and quality health care in the following areas, adhering to policies and procedures:

Implements initial and ongoing physical assessments and evaluates patient’s response to treatment and progress toward goals.

Manages patient’s pain relief needs and evaluate efficacy of comfort/pain relief measures.

Accurately implements physicians’ order and prescribed care/medical treatments.

Follows medication administration, storage and documentation procedures.

Administers blood and blood product transfusions and monitors patients for adverse reactions.

Monitors tracheostomies, chest tubes, JP drains, PICC lines, portacaths, permacath catheters, nephrostomy tubes, and urinary catheters.

Performs intravenous access and daily blood specimen collections.

Completes wound assessment and performs sterile dressing changes.

Monitors cardiac rhythms and interprets rhythms on ECG machines.

Performs required documentations and communicates in competent and effective manner to meet patient and/or family needs and regulatory requirements.

Provides patient/family education pertaining to diagnoses and treatments, while providing continual psychosocial support and advocacy.

Reviews and evaluates discharge plans with multidisciplinary teams, patient, and family to promote timely and appropriate discharge.

**REGISTERED NURSE |** Northwestern Medicine Palos Hospital, Palos Heights, IL - Oncology Unit (SG4N) December 2020-June 2021.

Utilizing current nursing practices consults and coordinates with multidisciplinary clinical teams, including oncologists, Hematology, Gastroenterology, Pulmonary, Cardiology, Nephrology and Urology, Surgery Services, hospice nurses, social services, dietitians, speech therapists, respiratory therapists, physical and occupational therapist to assess, develop, plan, provide, and evaluate comprehensive plans of care for assigned patients while focusing on the needs of the patients, exemplifying the service excellence goals of care, concern, respect, and cooperation, ensuring that all patients physical, psychological, age, and cultural needs are met.

Demonstrates knowledge of caring for the complex needs of patients with oncology diseases.

Delivery of nursing practices according to the evidence-based research, standard of care, guidelines, policies, and protocols, to provide and ensure safe and excellent delivery of individualized patient centered care.

Assesses patients for symptoms related to the disease or disease progression and side effects of treatment.

Accurately implements physicians’ order and prescribed care/medical treatments.

Manages patient’s pain relief needs and evaluate efficacy of comfort/pain relief measures.

Administers blood and blood product transfusions and monitors patients for adverse reactions.

Monitors tracheostomies, chest tubes, JP drains, G and PEB tubes, Central/PICC lines, portacaths, permacath catheters, nephrostomy tubes, and urinary catheters.

Completes wound assessment and performs wound care.

Provides care for hospice patients.

Performs required documentations and communicates in competent and effective manner to meet patient and/or family needs and regulatory requirements.

Re-assesses each patient’s needs on an ongoing basis throughout stay and implements individualized nursing care based on identified problems and goals throughout stay.

Advocates for patients’ and families’ needs and provide continual emotional and psychosocial support for patients and their families.

Provides patient/family education pertaining to diagnoses and treatments.

Reviews and evaluates discharge plans with multidisciplinary teams, patient, and family to promote timely and appropriate discharge, to ensure safe transitioning and continuum of care.

**REGISTERED NURSE |** Skilled Nursing Services INC, Willowbrook, IL – Contractor with Advocate Aurora Home Health June 2021 – December 2021.

Consults and coordinates with medical providers and other multidisciplinary clinical teams to assess, plan, implement, and evaluate patient care plans, ensuring that all patients physical, psychosocial, and age, developmental and cultural needs are met.

Demonstrates knowledge of caring for the complex needs of patients with cardiovascular, pulmonology, oncology, gastrointestinal diseases and neurological deficits.

Prioritizes work by preparing daily visitation lists.

Monitors patients for changes in status and indications of conditions and initiates appropriate interventions.

Determines home health care needs, re-assesses each patient’s needs in home setting and implements individualized nursing care based on identified problems and goals.

Accurately administers, prescribed patients’ care/medical treatments.

Performs wound care, PICC/central line care, blood draw through access lines, venipuncture, and administration of medications in the homecare setting.

Implements home health care procedures in accordance with employer guidelines.

Advocates for patients’ and families’ needs and provide emotional support for patients and their families.

Performs required communicates in competent and effective manner to meet patient and/or family needs and regulatory requirements.

Adheres to all required nursing documentation according to policies and procedures, including nursing assessments, RN clinical notes, quality of care, protocols, and treatment plans.

Provides education to patients on medication, infection control, lab work, physical, functional, psychosocial health issues and their individualized educational needs.

**TRAVEL NURSE |** Provident Hospital of Cook County, Chicago, Illinois – Medical Surgical with Telemetry Unit February 2022-Present.

Supporting the hospital team and providing care for patients in a 25-bed medical surgical unit.

Floating to Emergency Department 30% of the time.

**ADDITIONAL WORK EXPERIENCE**

**LOGISTICS MANAGER|** AG Lines Inc.,Palos Hills, IL 2014 - 2018

Managed day to day operations including staff coordination and documentation of all standard operating protocols.