*Phone: (977) 9849-357-153* **SAJANA SHRESTHA**  *Email:* *sajju.sht06.b@gmail.com*

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**SUMMARY**

* 5+ years’ experience in public health service.
* Registered Nurse with licenses from Nepal Nursing Association(NNA) & Nepal Nursing Council(NNC).
* Registered Public Health Professional from Nepal Professional Health Council(NPHC).
* Published research papers in esteemed IJRD & IJIR journals.
* Proficient in coordinating public health projects to achieve its goals by involving various parties

**EDUCATION:**

* **Masters of Public Heath (MPH)**  Grade: *3.84 (A+)*

*State University of Bangladesh (SUB), Dhaka, Bangladesh* Graduation: 2015

Board: *State University of Bangladesh (SUB),*

Concentration: *Clinical Epidemiology, Biostatistics, Research Methodology, Maternal & Child Health Behavioral Science, etc*.

* ***Post Basic Bachelor in Nursing(PBBN)*** Grade: *84.47% (Distinction)*

*Bir Hospital Nursing Campus, Kathmandu, Nepal* Graduation: 2013

Board: *National Academy of Medical Sciences (NAMS), Government of Nepal*

*Related Coursework: Community Management, Mental Health, Biostatistics, Applied Research, Child & Maternal Health, etc.*

* **PCL in Nursing**  Grade*: 79.3% (1st Division)*

*Lalitpur Nursing Campus, Lalitpur, Nepal* Graduation: 2008

Board: *Institute of Medicine(IOM), Tribhuvan University (TU)*

* **School Leaving Certificate (SLC)**  Grade: *64.87% (1st Division)*

*Bhaktapur English Secondary School, Bhaktapur, Nepal* Graduation: 2004

Board: *Government of Nepal, Nepal*

**PROFESSIONAL LICENSES:**

* Nepal Nursing Association (NNA) *Life Membership No. 5664*
* Nepal Nursing Council (NNC) *Registered No. 10185*
* Nepal Professional Health Council (NPHC)  *Registered No. T463 Jan PH*

**RESEARCH PUBLICATIONS:**

* **Low Back Pain Among Nurses in selected Hospitals of Kathmandu, Nepal**

Authors: *Shrestha S. Joshi, L.R.*

Journal: *EPRA International Journal of Research & Development (IJRD). 2016;1(7):29-36.*

ISSN: *2455-7838*

URL: [*http://eprajournals.com/IJSR.php*](http://eprajournals.com/IJSR.php)Published: *11th September, 2016*

* **Status of Smoking Habit and Knowledge of Health Problems among Public Health Students in Kathmandu, Nepal**

Authors: *Shrestha S. Joshi, L.R.*

Journal: *Imperial Journal of Interdisciplinary Research (IJIR). 2016; 2(9): 1087-1088*

ISSN: *2454-1362*

URL: [*http://www.onlinejournal.in/IJIRV2I9/170.pdf*](http://www.onlinejournal.in/IJIRV2I9/170.pdf)Published: *17th August, 2016*

* **Pattern of Health Status among Child Laborer in Rupendehi District of Nepal**

Authors: *Shrestha S. Joshi, L.R. Dhakal B.R.*

Journal: *Imperial Journal of Interdisciplinary Research (IJIR). 2016; 2(10): 2454-1362*

URL: [*http://www.onlinejournal.in/IJIRV2I10/047.pdf*](http://www.onlinejournal.in/IJIRV2I10/047.pdf)

ISSN*: 2454-1362*  Published*:7th September, 2016*

* **Knowledge and Practice regarding Needle Stick Injury among Nurses at Kathmandu Medical College and Teaching Hospital, Kathmandu, Nepal**

Author: *Shrestha S.* Published*: 2013*

*Research submitted as partial fulfillment for Post Basic Bachelor in Nursing (PBBN) degree.*

**EXPERIENCE:**

***Britain Nepal Medical Trust (BNMT),*** *Kathmandu & Bhaktapur, Nepal*

**District Coordinator** *1st Aug., 2016 – Present*

* Managing health projects in coordination with the Government of Nepal’s Ministry of Health & Population(MOHP).
* Overseeing projects dedicated to rebuilding earth quake stricken communities to improve health services & delivery.
* Ensuring projects that provide essential medical support, prevention & treatment of infectious diseases, water borne diseases, etc.
* Coordination with local public health organization to set up free health camps.
* Strengthening local public health care delivery via Mental Health & Psychosocial Support Program(MHPSS), Menstrual Hygiene Management(MHM), etc.
* Coordinating daily project activities of 6 project assistants to ensure project achieve its goals in time.

**Intel Institute Nursing,** *Kathmandu, Nepal*

**Program Coordinator** *15th March.,2016 – 15th July,2016*

* Coordinating Nursing program in Intel Institute.

***Save the Children/USAID,*** *Western Cluster Office, Butwal, Nepal*

**Cluster Officer** *10thJune,2015 – 31s May,2016*

* Supervising SUAAHARA project in 6 districts: Gulmi, Arghakhanchi, Palpa, Kapivastu, Nawalparasi & Rupandehi.
* Managing 1st phase of project in coordination with the Government of Nepal’s Ministry of Health & Population (MOHP).
* Improving health & nutritional status of mother & child up to 2 years via comprehensive community based projects.
* Focusing on improving nutrition via WASH, HSP, Maternal New born & Child Health(MNCH) services.
* Coordinating reproductive health/family planning (RH/FP) & Home stead Food Production (HFP) in 41 districts.
* Monitoring & Evaluating Accountability & Learning (MEAL), Social & Behavior Change Communication(SBCC), Gender Equity & Social Inclusion (GESI), social mobilization & governance.

**Little Buddha College of Health Sciences,** *Kathmandu, Nepal*

**Lecturer** *5th Jan.,2015 – 9th June,2015*

* Teaching Bachelor students in Public Health

***T.U. Institute of Medicine (IOM)****,**Kathmandu, Nepal*

**Staff Nurse** *15th Jan.,2013 – 28th Jan., 2014*

* Providing medical & public health services specialized in Cardiac Surgery & research works in Cardiac Intensive Care Unit (ICU).
* Working directly under mentorship of Professor Dr. Bhagawan Koirala, Senior Cardiothoracic Surgeon.
* Emphasizing on Cardiac, Thoracic & Vascular Treatments.
* Contributing in Cardiac, Thoracic & Vascular research works.

***Kathmandu University Teaching Hospital****, Dhulikhel, Nepal*

**Staff Nurse** *29th Nov.,2008 – 18th Dec., 2010*

* Providing medical & public health services in Neonatal Intensive Care Unit (NICU) & Pediatric Intensive Care Unit(PICU).
* Working directly under mentorship of Professor Dr. Anish Shrestha, Senior Pediatrician & Neonatologist.
* Providing emergency, inpatients & outpatients health services.
* Contributing in health service program, public health program, partnership program & global health program.

**SKILLS:**

**Microsoft Applications :** Word, Advance Excel, PowerPoint, Outlook

**Statistical Data Analysis :** SPSS, EPI info, STATA, CSPro, NVIVO

**Mapping Tool :** GIS

**Language :** English, Nepali, Newari, Hindi, Bengali

**HONORS:**

* A+ Grade – State University of Bangladesh, 2015
* Distinction – Bir Hospital Nursing Campus, 2013
* First Division – Lalitpur Nursing Campus, 2008
* First Division – Bhaktapur English Secondary School, 2004

**TRAININGS:**

* Critical Care Medicine (CME), *Patan Academy of Health Sciences (Nepal) in collaboration with Brown University (USA), Patan, Nepal*
* Mental Health & Psychological Support Service package program (MHPSS), *Britain Nepal Medical Trust (BNMT), Kathmandu, Nepal*
* Integrated Nutrition Package (INP) Trainers of Trainee (ToT), *Save the Children, Western Nepal Cluster Office, Nepal*
* USAID Rules & Regulations, *Save the Children, Western Nepal Cluster Office, Nepal*
* Online Program Management Information System (OPMIS), *Save the Children, Western Nepal Cluster Office, Nepal*
* Monitoring, Evaluation, Accountability & Learning (MEAL) Regional Trainers of Trainee(ToT), *Save the Children, Western Nepal Cluster Office, Nepal*
* Lot Quality Assurance Sampling Survey (LQAS) Trainers of Trainee (ToT), *Save the Children, Western Nepal Cluster Office Nepal*
* Advance Excel Training, *Save the Children, Western Nepal Cluster Office, Nepal*
* Comprehensive Regional WASH Trainers of Trainee (ToT), *Save the Children, Western Nepal Cluster Office Nepal*

**REFERENCES:**

* **Dr. Kulesh Bahadur Thapa** Title**:** *Country Director, BNMT Nepal*

*Britain Nepal Medical Trust (BNMT) UK*

Phone: (*977) 9841343534*

Email: [*kbtkath@gmail.com*](mailto:kbtkath@gmail.com)

* **Professor Dr. Bhagwan Koirala** Title: *Senior Cardiothoracic Surgeon*

*Head of Department, Manmohan Cardio Thoracic & Vascular Transplant Center, Kathmandu, Nepal*

Email: [*koiralabhagawan@gmail.com*](mailto:koiralabhagawan@gmail.com)

* **Mr. Dhurba Raj Karki**  Title: *WASH Manager*

*Save the Children International*

Phone: (*977) 9851115129*

Email: *dhruba.karki@gmail.com*