

KIMBERLY HOLY

Anna, TX 75409

(469) 525-6477 - kimholy40@protonmail.com

PROFESSIONAL SUMMARY

Highly skilled, compassionate, Registered Nurse (RN) with a progressive career history in direct patient care, with dedicated service in various types of hospital, medical clinic, long-term and home health care settings. Provides individualized care plans, assessments, education regarding medication, treatments, lab work, documentation and administration of treatment procedures. Helps patients meet goals by delivering direct and effective patient care. Strong clinical skills, able to manage heavy daily patient volume, successful in managing time and prioritizing task. Proficient in all documentation/record maintenance to ensure accuracy and patient confidentiality.

SKILLS

- Patient Care Oversight
- Time Management
- Medical-Surgical
- ACLS trained
- BLS
- Interventional Radiology
- Cardiac Stress Lab
- Home Health Case Manager
- Conscious Sedation
- Electronic Health Records
- Wound Care
- Leadership Skills
- Empathy
- Clinic
- Medication and Intravenous Therapy
- Critical Thinking
- Long Term Care
- Float Nurse

WORK HISTORY

10/2018 to Current

Nurse, Private Care

Private Care, PRN Float Nurse

- Managed patient care through closely monitoring vital signs, respiration, blood pressure and blood glucose levels.
- Evaluated patients to identify and address wounds/care, behavioral concerns and medically relevant symptoms.
- Document information and communicate with MD/family to collaborate appropriate treatment.

09/2017 to 10/2018

Registered Nurse, Case Manager, Home Health

Advantx Home Care – Sherman, TX

- Performed admissions, readmissions, discharges, recertification using the Oasis documentation, performed skilled nursing physical assessment and observation.
- Coordinated care with other skilled clinician's such as; LVN, PT and OT in order to provide appropriate home services and supervised home health aides.
- Performed IV therapy, IV antibiotics using PICC LINE, blood draws from PICC LINE as well as peripheral, inserted Foley catheter, care of peg tube and colostomy care.
- Administered medications via oral, IV and intramuscular injections and monitored

responses.

- Provided direct patient care, stabilized patients and determined next course of action.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment.

02/2008 to 08/2014 **PRN Float Nurse/Pre-Admission Testing RN**

TMC – Denison, TX

- Provided nursing care and unit support for Med/Surg/Telemetry/Day surgery and specialty units such as Radiology, pre-post operatives and Step-down unit, pre-admissions with skilled nursing services.
- Assessed patients in pre-op; documented vital signs, started IV's, administered medications as ordered by MD. Cardiac monitoring and medication titration.
- Performed specialized nursing duties, administering IV conscious sedation and analgesia during special procedures.
- Monitored patient reactions to drugs and carefully documented vital signs of patients during conscious sedation.
- Central line care, Intravenous therapy, pain/wound management, caring for Sheaths and removal, drain care.
- Submitted accurate documentation, reporting and in-depth nursing observation to support continuity of total patient care.
- Reports abnormal findings and change of condition to MD.
- Promoted patient, family and caregivers teaching to enhance understanding of procedure pre- and post-operative and potentially accelerate recovery.
- Oversee health history intake, performing initial physical assessment and interview to obtain patients medical history.
- Administered EKG testing pre-op and provided physicians and other medical personnel with patients assessment details, test and treatments.
- Followed all personal/health data procedures effectively to comply with HIPPA.

08/2003 to 12/2011 **PRN Float Nurse, Radiology, Cardiac Stress Lab**

WNJ – Sherman, TX

- Provided nursing care and unit support for Med/Surg/Telemetry/Neuro/Day Surgery/ER/ICU and specialty units such as Radiology, Cardiac stress lab, GI, Cath lab, pre and post operatives with skilled nursing services.
- Opening patient overflow units with charge nurse responsibilities as needed.
- Assess and prepare patient in timely manner for scheduled surgery, confirming all related information is correct, provide pre and post procedural education, ensure safe discharge per hospital policy.
- Provided skilled nursing services to Work Med performing drug testing, hearing and eye screening.
- 1417 Medical clinic performing lab draws, assisting physicians in minor patient care.
- Assisted physician and performed specialized nursing duties, administering of IV

conscious sedation and analgesia, consistently monitored patients cardiac rhythms and other vital signs during procedures such as: CT guided biopsies, CT Myelogram, synchronized cardioversion and Transesophageal echocardiogram. Including paracentesis and thoracentesis.

- Utilized knowledge of cardiac or chemical stress testing.
- Administered different IV therapies and medications in line with physician orders/treatment plan and accurately documented.
- Promoted patient and family teaching.
- Collaborated with physician, other departments and medical staff to support provision of highest standard for total patient care.

11/2002 to 08/2003 **Director of Nursing**

Mullican Care Center – Savoy, TX

- Directed the Nursing Department to maintain quality standards of in accordance with current Federal, and State guidelines and regulations.
- Conducted the nursing process- assessment, planning, implementation and evaluation under the scope of the State's Nurse Practice Act of Registered Nurse licensure.
- Participated in management team meetings to discuss resident status, census changes and resident complaints or concerns.
- Prepared and reviewed infection control surveillance reports to identify trends and develop effective actions to control and prevent infections.
- Direct day-to-day administrative and operational functions for 118-bed facility including Alzheimer's lockdown unit, providing guidance and leadership to over 75 employees.

EDUCATION

05/1998

Associate of Science: Nursing
Grayson College - Denison, TX

CREDENTIALS

Registered Nurse
Kimberly K Coyle/Holy
License, State of Texas

• 672120

ADDITIONAL INFORMATION

Previous work history and References upon request.