

ELISABETH FRITZ

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Chula Vista, CA 91913

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SUMMARY OF QUALIFICATIONS

- Trained and skilled to provide high level of nursing care for patients and their families
- Ability to collaborate with health care professionals, peers, and mentors
- Excellent communication and organizational skills; Conversational in Spanish and Trained in French
- Strong technology skills with familiarity in electronic medical records including Meditech, Epic and Cerner

EDUCATION AND TRAINING

Olivet Nazarene University, Bourbonnais, IL

Bachelor of Science in Nursing, Minor in Social Work

January 2020

Program accredited by Commission on Collegiate Nursing Education

Overall GPA 3.6/4.0; Dean's List; Cum Laude

CERTIFICATION/LICENSURE

Registered Nurse License

Current

CPR/AED/BLS for Healthcare Providers-American Heart Association

Current

ACLS Certification

Current

NIHSS Certification

Current

NURSING/CLINICAL EXPERIENCE

Sharp Chula Vista Medical Center, Chula Vista, CA

Intensive Care Unit Registered Nurse

September 2020-Current

- Independently performs the nursing process through individualized assessment, planning, implementation and evaluation of safe care to patients needing intensive care.

Aurora Behavioral Health Care, San Diego, CA

Intake Registered Nurse

May 2020-June 2021

- Assess patients for suicidality, homicidality and other behavioral health propensities, in-person and via crisis calls

Sharp Memorial Hospital, San Diego, CA

Nursing Assistant

March 2020-September 2020

- Provide hands-on care to patients on a Medical-Surgical unit and perform patient care delivery under the supervision of Registered Nurses

Riverside Medical Center/Presence St. Mary's Hospital, Kankakee, IL

Student Nurse Clinical Rotations (584 Hours)

August 2017-December 2019

- Orthopedic-Neurological Medical-Surgical Capstone Rotation
- Telemetry Medical-Surgical
- Behavioral Health
- Pediatrics and Obstetrics
- Student observations including ICU, ED, OR, PACU, Cardiac Catheterization Lab and Dialysis Services

ONU Academic Coaching Center, Bourbonnais, IL

Nursing Tutor

January 2018-December 2019

- Assisted nursing students in further understanding course content

Footsteps Missions, Santa Barbara, Honduras

Intern

June-July 2019

- Provided first-aid care and health-related education to pediatric population and their families

LEADERSHIP AND COMMUNITY INVOLVEMENT

- **Member of Unit Based Practice Committee**, Sharp Chula Vista Hospital; January 2021-Current
- **Member of Nursing Honor Society**, Sigma Theta Tau; Inducted May 2019
- **Executive Council Secretary and Treasurer**, ONU Nursing Student Association; August 2018-December 2019
- **Mentor**, ONU Big Nurse/Little Nurse Program; August 2018-December 2019
- **Volunteer**, Riverside Healthcare Assisted Living Facilities, Kankakee, IL; August 2018-May 2019
- **Missionary**, Medical and Nonmedical Mission Work through ONU: Dominican Republic, Uganda, Haiti; March 2017, March and May 2018