

# Sherah Bassard

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## Objective & Opening Statement

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I am a Registered Nurse who has worked for a total of 25 years in Women's Health. I've worked 20 years in Labor & Delivery, and the balance of my years were spent in OB/Gyn office nursing. In 2020, I took some time away from the nursing field to create and develop a business. Then in 2021, at a friend's request, I joined her as the director of her art gallery and as her business manager. I worked for her until mid-December, 2021, when I hired my own replacement so that I could prepare for a medical mission to Kenya. Unfortunately, that trip was waylaid due to the COVID pandemic, so I immediately transitioned into preparing to return to my first love: working at the bedside as a Labor & Delivery Nurse.

## Summary of License and Certifications

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RN license: 726207, exp. 07/31/2024

Certifications: NRP (exp. 2024), ACLS (exp. 2024) & BLS (exp. 2024)

Graduated from Cal State, East Bay on March 3, 1994 with a BS in Nursing.

## Experience

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### NON-NURSING EXPERIENCE | 2020-2022

#### **Director of Austin Galleries Art Gallery, Austin, TX [May, 2021- December, 2021]**

My responsibilities as the Director of Austin Galleries Art Gallery included responding to and managing the follow-up of all telephone and email inquiries about artwork, art restorations, art consignment, and art and estate appraisals. Performed in depth research for appraisals, aggregated comparable values, and produced reports regarding the fair market value or insurance values of items in question. Managed the accession of new artworks received through consignment or new artist onboarding. Managed contracts, payroll, taxes and other vital functions of the gallery. Hired three employees, including my replacement.

#### **Owner, Uzuri World Market Online Marketplace, Smithville, TX ([www.uzuriworldmarket.com](http://www.uzuriworldmarket.com)) CEO, Supper and Sound Listening Room Events, LLC [May, 2020-the present]**



In May 2020, I created a new subsidiary of my existing event company, Supper and Sound Listening Room Events, LLC. Uzuri World Market is an e-commerce website that offers an array of handmade products and vintage imports, as well as providing customers the opportunity to shop globally from hundreds of small businesses worldwide. It is currently in its start-up phase.

## **NURSING EXPERIENCE | 1995-2020**

### **University Physicians' Group, Women's Health, Midtown, Austin, TX [April, 2018-May 2020]**

I provided nursing care as a telephone triage nurse for two OB/Gyns. This included in-depth assessments and utilization of the Athena charting system to document patient concerns, provide detailed communications between physicians and their patients, engage in follow-up for symptoms and treatment plans, ordering medications and treatments, and scheduling future appointments. I provided patients with education on all women's health issues including medications, nutrition, the menstrual cycle, fertility and infertility, peri-menopause and menopause, hormones, pregnancy, normal and abnormal abnormalities of the female organs, vaginal care, breast care and general health maintenance. I carried out doctors orders by creating orders for medications, procedures, lab and imaging studies, referrals to specialists, and hospitalization if indicated. I assist Dr Kimberly Carter with in-person visits, evaluations, education and case management of her vulvodynia (chronic pelvic pain) patients. I worked with her to develop a treatment protocol for treating chronic vaginal infections and restoring a balanced vaginal biome.

### **Seton Maternal Fetal Medicine, Austin TX [January, 2018 – April, 2018]**

I provided nursing oversight for this busy outpatient office for lab work and prenatal testing, performed non-stress testing, performed lab draws and assisted with chorionic villus sampling and amniocentesis. I also assisted with gathering data and preparing records for the high risk pregnancy case-management team. All charting was done in Athena.

### **Seton Premier Staffing (Internal Float Pool ~ Multiple Hospitals), Austin TX [March, 2015 – December 31, 2017]**

I provided the full scope of L&D nursing care in both Labor and Delivery and Antepartum nursing to multiple L&D units in the North/Central Market Seton hospitals, including Seton Main (Labor & Delivery, Antepartum), Seton Southwest, Seton Northwest, and Seton Williamson County. Additionally, during the closure of Brackenridge Hospital, I was a part of the ER transition team that educated and created policies and procedures for the ER staff to follow ensuring that appropriate triage and emergent care was provided to their pregnant patients in all trimesters of pregnancy, and to their newborns should they deliver in the ER.



**Seton Medical Center, Main Campus, Austin TX**  
**[July, 2014-March, 2015]**

Provided the full scope of L&D nursing care for Inductions of Labor, medicated and unmedicated vaginal births. I also floated frequently to Seton's dedicated perinatal high-risk unit which provided Antepartum and High-Risk Postpartum care management. I provided pre-op care, circulated for Cesarean Sections and other OR procedures, and provided Recovery Room nursing care. I also have extensive training and experience with breastfeeding assistance, troubleshooting, education and ongoing support. Additionally, I provided the complete scope of care for families with IUDs or terminations of pregnancies where defects are ruled incompatible with life. All charting was done in Compass by CernerWorks.

**St. David's North Austin Medical Center, Austin TX**  
**[September, 2005 – July, 2014]**

Provided the full scope of nursing care for Inductions of Labor, medicated and unmedicated vaginal births, and Antepartum and High-Risk Postpartum care management. Provided pre-op care, circulated for Cesarean Sections and other OR procedures, and provided Recovery Room nursing care. Gained modest experience with floating to Postpartum, Newborn Nursery, and to the NICU to provide limited "grower/feeder" care to older newborns on room air. I also have extensive training and experience with breastfeeding education and support. Additionally, I provided the complete scope of care for families with IUDs or terminations of pregnancies where defects are ruled incompatible with life.

**El Camino Hospital, Mountain View CA**  
**[July, 1997 – June, 2005]**

This was my first L&D position. I received training as a Labor & Delivery nurse and provided laboring women with the full scope of L&D care for vaginal and cesarean deliveries and immediately postpartum.

**Kaiser Permanente, Walnut Creek CA**  
**[February, 1997 – June, 1997]**

I transitioned from the outpatient setting to the acute care setting by taking a temporary part-time position as a Postpartum nurse for a Maternity unit that was in the process of closing its doors. This was intended to be a short term assignment, and I worked there concurrently for 6 months with the management position after reducing my hours at CPS.

**Crisis Pregnancy Services, Oakland CA**  
**[January, 1995 – June, 1997]**

When I graduated from college, there was a dearth of opportunities for new graduates. I searched for a position for 9 months, and finally was hired as the medical director and clinic manager of this small non-profit prenatal clinic which sought to provide free pregnancy care in the initial few months of pregnancy to women who were undecided about continuing their pregnancies. This non-profit clinic provided clinic hours furnished by volunteer Obstetricians and a Licensed Clinical Social Worker. I managed the schedules of the OB/Gyn volunteers, provided



outpatient care, and was formally certified in obstetric ultrasonography for the purpose of accurately dating pregnancies. When a decision was made by the mother to continue the pregnancy, assistance was provided to transfer care to a regular OB and other resources, education, supplies and counseling support were provided throughout the length of the pregnancy. I designed and taught a free weekly class called "Baby & Me" which explored fetal development and self-care during pregnancy. When a decision was made to terminate the pregnancy, post-abortion counseling and support were provided free of charge if the mother so desired. This was a judgment-free environment where women were encouraged to carry to term if possible. If it was not possible, our patients were supported through the culmination of their decision and beyond, as long as it was needed and desired.

## Education

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### **California State University, Hayward (East Bay)**

**[September, 1990 – March, 1994]**

Earned a Bachelor of Science degree in Nursing, with a 13 week preceptorship in Postpartum Nursing at Stanford University Hospital, Sunnyvale, CA. Received 24 hours (3 8-hour shifts) of direct observation and training in Breastfeeding Education and Support with Stanford University Hospital's lactation consultant. Graduated with a certificate in public health nursing.

### **Merritt Junior College, Laney Junior College**

**[September, 1988 – June, 1990]**

Attended junior college to complete prerequisites for the nursing program at Cal State, Hayward.

## Skills

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Besides the years of experience I bring to assessing and caring for women and their unborn at all stages of pregnancy and parturition, and in most morbid and healthy physical conditions, I am BLS, ACLS and NRP, Advanced Provider, Certified. In Labor & Delivery, I kept up to date on all in-house education for procedures, including maintaining proficiency at vaginal exams, sterile speculum exams, placing internal monitors, & antenatal lab testing including amniotic fluid fern testing. I have extensive experience with fetal monitoring. I have broad-ranging experience with high risk care including but not limited to premature prolonged rupture of membranes, twin and triplet antenatal care and delivery, diabetes management, assessing and treating pre-eclampsia with Magnesium Sulfate initiation and management, and medical hemorrhage management and blood transfusions. Seton Medical Center had a dedicated Antepartum unit which I floated to regularly, so I have extensive experience in Antepartum nursing.