# Keirra Stinson

Knoxville, TN 37920 kjstinson2@gmail.com +1 865 200 1869

Seeking a position as Registered Nurse in a healthcare facility where top notch educational and training achievements can be put to use in addition to interpersonal skills, to provide quality healthcare to patients.

Willing to relocate: Anywhere

## Work Experience

#### Medical/Surgical Registered Nurse (RN)

Blount Memorial Hospital - Knoxville, TN January 2020 to Present

Assess patients and take care of their immediate needs. Consult with doctors regarding patient status and conditions. Follow doctors orders and protocols regarding all patients. Administer medication and carry out other procedures and tasks deemed necessary to patients needs. Educate patients on medications they are taking and why. Draw labs, monitor vital signs, keep records, as well as chart patients' conditions.

#### Registered Nurse (RN)

National Health Care Fort Sanders - Knoxville, TN January 2017 to Present

Nursing supervisor meaning staffing, delegating, managing, and assisting LPNs and CNAs Take doctors' orders both verbally and written and input them into the computer Admit patients to, transfer patients out, and discharge patients from the facility Draw blood

Place Intravenous access, monitor IV sites, administer intravenous medication Communication between doctors, pharmacy, patients, and families

#### **License Practical Nurse (LPN)**

National Health Care Fort Sanders January 2011 to December 2017

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Knoxville, Tennessee:

Administered medication to patients orally, transdermal, subcutaneously, and intramuscular Administered medication through different feeding tubes as such peg tubes, gastrostomy tubes, and j-tubes

Checked patients' blood glucose via finger stick and gave sliding scale insulin Charted notes on patients

Performed head to toe assessments

Performed wound care: wound packing, wound vacs, dressing changes, ace wrapping extremities, and amputations

Catheter care: insertion, removal, cleaning, and maintaining CNA supervisor: delegating, managing, and assisting CNAs

### **Certified Nursing Assistant (CNA)**

National Health Care Fort Sanders - Knoxville, TN January 2007 to December 2011

Take vital signs such as temperature, pulse, respirations, blood pressure, and oxygen saturation Assisted/ Performed activities of daily life such as bathing, dressing, grooming, and feeding patients Recorded intake and output of patients

Assisted in Transfers of the patient either manually or mechanically with Hoyer lifts and Sit-to-Stand lifts

Assisted patients with oral hygiene

### Education

#### **BACHELORS OF SCIENCE in NURSING**

South College - Knoxville, TN September 2017

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Tennessee Technology Center - Knoxville, TN December 2011

#### **CERTIFIED NURSING ASSISTANT**

University of Tennessee - Knoxville, TN June 2007

#### **HIGH SCHOOL DIPLOMA**

South Doyle High School - Knoxville, TN 2004 to 2007

#### Skills

- IMAR Computer System
- · Microsoft Office Suite: Word,
- · Dart Charting
- EMAR Computer System
- UNIX PowerPoint
- Excel
- Outlook
- Nursing
- Tube Feeding
- Catheter Care
- Hoyer Lift
- Patient Care
- Medication Administration
- Vital Signs

- Home Care
- Caregiving
- Hospital Experience
- Meal Preparation

# Certifications and Licenses

**CNA** 

LPN

RN

**ACLS Certification** 

**BLS Certification**