

JERVISE MAYS DUCKSTRO M

✉ jervisemays85@gmail.com

☎ (763) 337-4994

📍 Saint Paul, MN 55103

PROFESSIONAL SUMMARY

Detail-oriented Certified Nursing Assistant with 4 years of healthcare experience. personable and compassionate with superior communication and rapport-building skills. Strong commitment to comprehensive and individualized patient care and education. Liaises with medical professionals, patients and family to provide continuous top-quality care and education. Sincere Nurse Aide offering superior skills in patient needs assessment and healthcare team collaboration. Passionate multi-tasker dedicated to supporting team objectives to facilitate top-quality care. Well-versed in monitoring and noting vital signs, cleaning and sanitizing patient areas and assisting with personal hygiene tasks such as toileting and grooming.

SKILLS

- Output Monitoring and Reporting
- Nutrition and Diet
- Bedsore Prevention
- Surgical Preparation
- Linen Replacements
- Vital Signs Collection
- Fluid Measurement
- Needs Determination
- Electronic Recordkeeping
- Caregiver Relations
- Emotional and Social Support
- Activities of Daily Living ADL Support
- Feeding Assistance
- Mobility Assistance
- Emotional Intelligence
- Feeding Tube Management

EDUCATION

WORK HISTORY

Fairview Hospital - CNA

Saint Paul, MN • 12/2020 - Current

- Checked patient vitals such as temperature, blood pressure and blood sugar to stay on top of symptoms and keep RN informed of changes.
- Gathered dietary information, assisted with feeding and monitored intake to help patients achieve nutritional objectives and support wellness goals.
- Supported ambulation and physical therapy needs by conducting planned exercise routines.
- Helped patients effectively manage routine bathing, grooming and other hygiene needs.
- Assisted patients with mobility needs, including moving to and from beds, organizing wheelchairs and preparing assistive devices.
- Obtained biological specimens for ordered tests and prepared for laboratory transport.
- Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment.
- Complied with all company-specific guidelines and performed hands-on nursing care to patients under RN supervision.

Dekalb Technical Collage
Clarkston, GA • 03/2014

GED

Royal Cottage - Care Provider
Covington, GA • 02/2017 - 08/2020

- Provided assistance in daily living activities by dressing, grooming, bathing and toileting patients.
- Arranged transportation and accompanied patients to doctors' offices or errands.
- Offered social support by transporting individuals to events and activities, in addition to medical appointments and shopping trips.
- Assisted patients with self-administered medications.
- Kept patients mentally alert by entertaining, conversing and reading aloud to patients.
- Established nutritious meal plans and prepared daily offerings to meet patient dietary needs.
- Provided safe mobility support to help patients move around personal and public spaces.
- Recorded vital signs, such as temperature, blood pressure, pulse, or respiration rate, as directed by medical or nursing staff.
- Scheduled and accompanied clients to medical appointments.
- Monitored and maintained cleanliness, sanitation, and organization of assigned station and service areas.
- Maintained clean personal areas and prepared healthy meals to support client nutritional needs.