**RUSHELLE LOU AMARANTE**

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**OBJECTIVE**

To utilize the knowledge, skills and experience I acquired as a registered nurse in delivering quality care for patients in any healthcare setting.

**EDUCATION**

Bachelor of Science in Nursing, March 2005

Our Lady of Fatima University, Manila Philippines

**LICENSURE**

California Board of Registered Nursing

Registered Nurse

License Number: 95213151 / Expiry: July 31, 2023

New York State Education Department

Registered Nurse

License Number: 783061 / Expiry: November 30, 2022

**PROFESSIONAL EXPERIENCE**

**SAN JOAQUIN GENERAL HOSPITAL (Level II Trauma Center)**

Medical Surgical Telemetry; Intermediate Care Covid Unit

June 2020- Present

**Clinical Nurse/ Charge Nurse**

* Provide intermediate care in critically ill patients with medical, surgical, trauma cases from ICU, ER, etc.

**Amana Healthcare Medical and Rehabilitation Hospital- Abu Dhabi, United Arab Emirates**

January 2015- January 2019

**Staff Nurse- Long Term Care Adult/Pediatrics**

* Provided medical, personal, and psychosocial care on a continual or recurring basis to patients with chronic mental or physical disorders.
* Required direct medical surgical experience (prepare IVs, ventilators and feeding tube)
* Assessed and monitored the ventilator of each resident
* Provided suctioning via oral, nasal and tracheostomy tube as needed
* Obtained blood samples and swabs for laboratory examination
* Administered medications and IV fluids, monitored any allergic or adverse reactions
* Assisted the physician with the tracheostomy tube and PEG tube change
* Assessed and performed PEG care
* Responded to emergency cases and performed CPR, electrical defibrillation and cardioversion

**Dammam Medical Complex (Ministry of Health)- Dammam, Saudi Arabia**

September 2010- August 2012

**Clinical Nurse**

* Provided intensive care to critically ill patients with medical, surgical, trauma cases in the ICU with a 34-bed capacity in a multispecialty facility with a 423-bed capacity
* Provided care to chronically ill and recovering patients in the intermediate ICU with a 12-bed capacity
* Provided intensive care as a Nurse floater in the ER and Medical-Surgical ward, assisting in emergency intubations and cardiopulmonary resuscitations

**Al Gurayat General Hospital- Al Gurayat North, Saudi Arabia**

November 2007- October 2009

**Staff Nurse- Intensive Care Unit**

* Assessed, implemented, and evaluated individual patient care including physical, psychological and psychosocial needs
* Took care of patient on ventilators, set the ventilator parameters according to the patient’s respiratory status with constant monitoring of the patient. Maintain patient’s airways- providing tracheal-oral suctioning and nasal suctioning as required. Adequate chest physiotherapy and two hourly change of position.
* I.V. therapy, monitor fluid-electrolytes balance, blood transfusions, administering inotropic drugs.
* Assisted the physician during intubation and cardiopulmonary resuscitation, insertion of central and arterial lines, and bronchoscopy.
* Prepared the patient for various investigations such as MRI, CT-Scan, and Doppler studies. Record intake and output balance, drawing and sending blood samples and evaluating the lab-values.

**TRAINING/ SEMINARS**

Advanced Cardiac Life Support (March 2020- March 2022)

American Heart Association

BLS Certification (February 2020- February 2022)

American Heart Association

Intravenous Training Program (August 2005)

Philippine Nurses Association

**SKILLS/STRENGTHS**

* Great understanding of medical terminology
* Ability to communicate effectively with patients, their families and other healthcare professionals using both oral and written language (English, Filipino)
* Direct care of patients: vital signs, personal care and grooming, assisting with ADL’s, feeding, ROM exercises, log rolling/turning, bedsore management, wound care, catheter care and insertion, suctioning
* I and O monitoring, setting up oxygen, glucose check, IV insertion, proper administration of medication
* Ability to assess, report, and respond to abnormal or significant findings with necessitate urgent action/interventions, and/or to emergency situations with life saving techniques
* Knowledge and use of medical supplies, instruments, equipment including PPE, mechanical ventilators, pulse oximeter, infusion/syringe pumps, cardiac monitors, IV sets, etc.
* Charting and documentation of patient data and care rendered (Cerner, Pyxis)
* Strong ability to adapt to new environment and withstand work related pressures
* Dependable, hardworking, and can work collaboratively with patients and other healthcare professionals of varied cultural, religious and educational backgrounds
* Knowledge and practice in proper hand hygiene and infection control, and use of proper body mechanics
* Ability to provide appropriate and necessary health education to patients regarding their care and condition

**CHARACTER REFERENCES**

Joseph Manalo

Amana Healthcare Medical and Rehabilitation Hospital

Charge Nurse

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