

Thina Nieves Villegas

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Compassionate, dedicated and hard-working Registered Nurse with 7 years experience providing impeccable health care to a wide variety of patients. Looking to leverage my surgical skills and experience to effectively fill in a position in an established hospital.

Licenses, Certifications, and Membership

- CARNA (College and Association of Registered Nurses of Alberta) Registration# 104327 - Active
- Registered Nurse, CA, USA - License # 95263110
- Registered Nurse, Texas, USA - Active
- Registered Nurse, Philippines License# 0462529 - Active
- NCLEX-RN Passed in 2008, State of California, USA
- CGFNS Visa Screen
- Canadian Nurses Association-Perioperative Nursing Certified, CPN(C)
- Association of Perioperative Registered Nurses (AORN), Certified
- Operating Room Nurses' Association of Canada (ORNAC), Member
- Advanced Cardiovascular Life Support (ACLS) Certified - current
- Basic Life Support (BLS) Certified (AHA & Heart and Stroke) - current

Willing to relocate: Anywhere

Sponsorship required to work in the US

Work Experience

Operating Room Registered Nurse

University of California Davis Medical Center - Sacramento, CA

December 2021 to Present

- Scrub and Circulating Nurse: Specialty in Neuro and Ortho Spine, Neuro Surgeries.
- Experience in Ortho Trauma surgeries

Operating Room Registered Nurse

Northern Lights Regional Hospital - Fort McMurray, AB

November 2016 to April 2022

- Competent and efficient in both scrub and circulating roles in General, OB-Gyne, Spines, Orthopedics/Trauma, Dental, and ENT surgeries.
- Prepared surgical suite according to surgery and surgeon preference.
- Collaborated with the surgical team to ensure the highest safety and surgical standards for the patient.
- Initiated corrective actions upon adverse information from monitoring equipment.
- Collaborated with physicians and other health care providers to develop a plan of care for the patient during surgery.
- Adhered to ACORN (Operating Room Nurses Association of Canada) Standards of perioperative practice.

- Provided on-call care at all times of day and night.
- Cross-trained to Post-Anesthesia Care Unit (PACU) and Day Surgery
- PACU nurse duties include, among others: one to one patient care, airway and pain management, basic ECG monitoring
- Provided preoperative instructions to patients.
- Performed Charge nurse role: managed OR staff nurse and support staff in patient care activities while maintaining a high level of staff-morale and professionalism.
- Preceptor ing new Operating Room nurses

Medicine Nurse

Northern Lights Regional Hospital - Fort McMurray, AB
July 2016 to October 2016

- Performed physical assessment and obtained medical history
- Prepared, administered, and recorded prescribed medications
- Provided basic patient care and treatments, such as complex wound care, etc.
- Assessed signs and symptoms indicating physiologic and psychosocial changes in the patient's condition
- Collaborated periodically with physicians and health care team to achieve optimum patient care
- Supervised and delegated work loads to LPNs and care assistants

Staff Nurse, Intermediate Medical Care Unit (IMCU)

Southern Philippines Medical Center - Davao City
July 2010 to March 2012

- Conducted an individualized patient assessment, prioritizing the data collection based on the patient's immediate or needs within timeframe specified by client facility's policies, procedures or protocols.
- Performed appropriate treatments as ordered by physician in an accurate and timely manner.
- Performed therapeutic nursing interventions as established by individualized plan of care for the patient and hi/her family.
- Developed plan of care that is individualized for the patient reflecting collaboration with other members of the healthcare team.
- Documented patient assessment findings physical/psychosocial responses to nursing interventions and progress towards problem solving.
- Provided care in a non-judgmental, non-discriminatory manner that is sensitive to the patient's and family's diversity, preserving their autonomy, dignity, and rights.
- Prepared patients for, and assisted physicians with, diagnostic and therapeutic procedures.
- Initiated emergency resuscitative measures according to adult resuscitation protocols.
- Maintained confidentiality in matters related to patient, family and client facility staff.

Education

Bridge to Canadian Nursing Program

Mount Royal University - Calgary, AB
2016

Bachelor of Science in Nursing

Brokenshire College
2007

Bachelor of Science in Accountancy

Holy Cross of Davao College

1996

Nursing Licenses

RN

Skills

- Laparoscopic general and gynecologic surgeries
- Ability to work as a team
- Excellent skill in problem solving and critical thinking
- Highly organized
- Strong communication skills
- Attention to detail
- Spine
- Orthopedics and Trauma Surgeries
- General surgery
- Gynecology and Obstetrics
- Dental
- ENT
- Surgical

Certifications and Licenses

BLS Certification

ACLS Certification