

Rona Pape

Frederick, MD 21704

rona_pape@yahoo.com

+1 402 214 4631

I am a Registered Nurse (RN) and a graduate of Nebraska Methodist College, with a Bachelor of Science in Nursing (BSN). I am also a graduate of Embry-Riddle Aeronautical University, with a Bachelor of Science in Technical Management. As a RN in an acute care setting, I provided nursing care and education to a diverse patient population, which requires the ability to handle patient care, while collaborating with other members of independent health professions. As a BSN graduate, I have had many great opportunities to apply my nursing skills at various clinical rotations. The clinical rotations included, Lake Side Hospital, VA Hospital, Children's Hospital, Methodist Jennie Edmundson Hospital, and Nebraska Methodist Women's Hospital. I Preceptor with in the Intensive Care Unit (ICU) at Methodist Jenny Edmundson Hospital, where I had the opportunity to learn and apply my critical thinking skills, while adapting to the high pace intensity of the ICU environment. I have experience working with elderly patients as well as children. As a RN, my goals are continue to enhance and apply my professional knowledge of nursing care principles, practices and procedures, towards every patient I may have the honor in caring for.

Authorized to work in the US for any employer

Work Experience

Telemetry Nurse

Frederick Memorial Healthcare System (FMH) - Frederick, MD

August 2020 to March 2021

Registered Nurse

MedExpress - Frederick, MD

March 2016 to August 2020

- Responsible for triaging and assessing all patients, as well as inputting all patient health history into electronic medical record system (EMR).
- Reporting patient information to provider and providing education to patients about disease processes.
- Ability to multitask and prioritize patient needs, while calculating and dispensing all medications via intramuscular, subcutaneous, intravenous, intradermal, and oral.
- Experience and ability to conduct EKG, suture removal, lab screenings for glucose, rapid strep, rapid flu, urinalysis, and complete blood draws for lab send off.
- Review and initiate follow up on all physician orders, medications, lab orders, medication records, and referrals.
- Develop, monitor, and maintain all patient health records. Contact patient about laboratory and medical test per provider.

Registered Nurse (RN)

Quadrant, Inc. - Germantown, MD

June 2016 to March 2017

- Perform nursing procedures under supervision of physician or physician assistant.

- Assist physician and physician assistant in exam rooms.
- Counseling patients, and providing continuity of nursing care for the patient from clinical setting to home setting.
- Escort patients to exam rooms, interviews patients, measure vital signs, including weight, blood pressure, pulse, temperature, and document all information in patients chart.
- Give instructions to patients as instructed by physician or physician assistant.
- Administer injections (including allergy injections), mix serum.
- Ensure all related reports, labs and information is filed is available in patients' medical records prior to their appointment.
- Keep exam rooms stocked with adequate medical supplies, maintain instruments, prepare sterilization as required.
- Responsible for educating patients on symptoms, mechanism of action, side effects of all immunological therapies used.
- Initiate medication administration via intravenous (IV).
- Ability to draw and collect required lab samples needed for provider.
- Use critical judgment to analyze, report, or interpret lab results prior to scheduled infusion.
- Assess and monitor patient throughout infusion.

BSN Student

Nebraska Methodist College - Omaha, NE
September 2012 to December 2015

- Responsible for patient care that required the continuous application of pharmacology, pathophysiology, nursing diagnoses, education, and patient safety, all while maintaining and performing compassionate nursing care.
- Hand-selected to precept for the Intensive Care Unit (ICU) at Jenny Edmundson Hospital.
- The opportunity to work in the ICU provided me over 6 months of hands-on knowledge, and opportunity to demonstrate competent care in a high acuity setting.
- In the ICU I was exposed and expected to work with patients that either required ventilator support, chest tube care/monitoring, use of vasopressors, insulin pumps, tracheotomy care, sterile dressing changes, medication administration via intravenous (IV) or central lines (such as a Peripherally inserted central catheter "PICC"), and education/knowledge of hemodynamic monitoring via arterial lines. Working in the ICU also allowed me to have hands-on knowledge and experience with ventilators, especially in patients with sepsis or Acute Respiratory Distress Syndrome (ARDS). In caring for ventilator patients, I learned how and when to properly provide suction based on changes in respiratory function and trends in vital signs.
- Required to assist with ER codes and perform CPR, initiate IV, interpret/analyze lab values, performed comprehensive multifaceted assessments, incorporated complex therapeutic nursing modalities according to specific patient population, administered, documented medications, monitored IV therapy and patient response to medications, and communicate with patient/family on education while collaborating with other healthcare professionals.
- Volunteered with the local mobile diabetes clinic, where I performed glucose and cholesterol checks, along with basic health assessments and education for those within the Omaha community.

Primary Administrative Support Assistant

Department of Defense Pacific High School - Kadena, Air Base, Okinawa
June 2009 to February 2010

- Served as the primary administrative support assistant for a fast paced school administrative office. Organized various documents and reports using word processor and stored data in the organizations server and backup drives.
- Drafted suspension letters, generated student grade report cards, and other documents by using word processing and spreadsheet software.
- Collected, compiled, tracked data reports, received emails and relayed phone calls to corresponding recipients.
- Secondary payroll personnel ensured all payroll information was entered correctly for all employees.

Certified assistant instructor (AI) assists in all classroom and range activities

United States Air Force - Mountain Home AFB, ID

April 2006 to September 2007

- Maintained Security Forces Management Information System; storing essential weapons qualification information
- Load and created all class roster ensuring accountability of ammunition and tracking of weapon usage.
- Responsible for ensuring all un-qualified personnel were retrained within a 30-day window for remedial firing. Awarded the 366th Fighter Wing, Warrior of the Week- 12/2007.

Information Manager

United States Air Force - Dyess AFB, TX

March 2000 to March 2005

- Served as an Information Manager, that was hand selected for Mission Support Group (MSG) staff supporting O-6 and 5 squadrons
- Supported over 960 personnel, in 5 squadrons, by processing and protecting sensitive information while ensuring total confidentiality.
- Coordinated Group Control Center (GCC) operations during emergency situations. Led 7th Bomb Wing with the 100% accountability of 1,041 personnel after 9/11 attacks. Awarded Airman of the Month - 2003, and 7th Bomb Wing, Superior Performer Award -06/2002.

Education

Bachelor of Science in Nursing

Nebraska Methodist College

August 2012 to December 2015

Elementary school health screening

September 2014

Education

Senior Center

March 2013

Bachelor of Science in Technical Management

Embry-Riddle Aeronautical University

March 2006 to October 2008

Skills

- Military (5 years)
- Office Administration (7 years)
- Medical Terminology (4 years)
- Medical Records (2 years)
- EKG (1 year)
- Triage (1 year)
- Scheduling (4 years)
- Catheter Care
- EMR Systems

Military Service

Branch: Air Force

Service Country: United States

Rank: E-4

March 2000 to March 2005

Certifications and Licenses

Advanced Cardiovascular Life Support (ACLS)

July 2021 to July 2023

Basic Life Support (BLS)

January 2021 to January 2023

Registered Nurse (RN)

May 2016 to September 2023

Maryland RN #R221795

Additional Information

Skills

- AHLT charting experience with VA
- Able to read and understand patient chart
- Ability to interpret an ECG
- Demonstrates patient safety at all times
- Effective communicator with patient and family members
- Trained to perform sanitary catheter care
- Trained to place an indwelling catheter
- Trained to perform sanitary Ostomy care
- Trained to perform tracheostomy suction

- Quick problem solver
- Back round knowledge of medical terminology
- Ability to manually take blood pressure
- Knowledge about blood glucose monitoring as well as ability to take a blood glucose reading
- Able to measure chest and head circumference for infants
- Able to perform height and weight on all ages
- CPR certified
- Knowledgeable and able to pass oral, intramuscular, and intravenous medications