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# **PROFESSIONAL SUMMARY**

Hardworking nursing professional licensed in Texas and trained in monitoring and caring for patients with diverse needs. Familiar with updating charts, tracking vitals, and preparing biological samples. Safety-oriented and knowledgeable about infection control and prevention protocols.

### **SKILLS**

- IV management
- Wound care
- Chart updating
- Vitals monitoring
- Intravenous Therapy
- Preventative Health

- Feeding assistance
- Medication administration
- Direct nursing care
- Documentation
- Staff Supervision

- Family education
- Patient assessment
- Emergency response
- Cultural awareness
- Accurate Documentation

## EXPERIENCE

#### **Registered Nurse**

Brookdale skill nursing | Austin , Texas

- Monitored consistent use of aseptic techniques to protect against infection.
- Administered oral, IV, and intramuscular medications as part of patient treatments.
- Developed and implemented treatment plans for patients with various acute and chronic concerns.
- Met post-surgical patient needs, monitored catheters, and handled personal hygiene tasks.
- Alleviated patients' fears of treatments using kind, empathetic communication.
- Educated patients on preventive care and lifestyle choices to improve overall health.
- Managed direct care of patients, including conducting assessments and documenting care activities.
- Improved recovery by educating patients and caregivers on proper at-home care and treatment regimens.
- Collected patient data and biological samples for testing and procedures.
- Managed smooth patient flows for unit, handled admissions, and processed discharge paperwork.
- Administered oxygen and monitored respiratory performance and stability.
- Recorded changes in patient conditions and laboratory test results.
- Supported patients' nutrition needs through assistive feeding and effective management of gastric tubes.
- Dressed, cleaned, and redressed wound and incision areas.
- Conducted accurate chart updates in computer system.
- Controlled infection risks with careful care of wounds and thorough sanitizing techniques.
- Maximized unit efficiency, keeping supplies and records well-organized for expected needs.
- Stabilized patients during emergencies with first aid and life support care.
- Resolved or reduced patient symptoms with intramuscular, intravenous and oral medicines.
- Enhanced patient outcomes through careful monitoring of conditions and comprehensive support.

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- Contributed to team efficiency, optimal patient flow, and accuracy in treatments by maintaining accurate and detailed reports and records.
- Administered medications to patients and monitor patients for reactions or side effects to quickly intervene in serious issues.
- Supported procedures by handling instruments and monitoring patients.

## **EDUCATION**

Registered nurse: Associate EDP university , San Juan , PR April 2018