
MARIA BRAVO

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PROFESSIONAL SUMMARY

Compassionate Registered Nurse with experience offering comprehensive patient care in outpatient environments. Works well with diverse patient populations and fosters trusting relationships to improve outcomes. Efficiently coordinate with healthcare professionals to advance patient care.

Qualified California Board-Certified Registered Nurse experienced delivering high-quality care to patients in medical and surgical care units. Proven leader effective at uniting and guiding nursing teams toward achieving patient care goals, improving satisfaction and continuously driving widespread healthcare system initiatives. Focused on continuously advancing expertise in EHR while driving innovation.

Dedicated and compassionate Registered Nurse (RN) with progressive career history in direct patient care, triage and care coordination in fast-paced environment. Proven to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

SKILLS

- Excellent Communication
- Leadership
- Multitasking Abilities
- Time Management
- Teamwork and Collaboration

WORK HISTORY

Registered Nurse, 01/2008 to Current

Kaiser Permanente – Cudahy, CA

- Administered medications via oral, IV, and intramuscular injections and monitored responses.
- Provided direct patient care, stabilized patients, and determined the next course of action.
- Organized and managed care of patients undergoing various therapies and procedures.
- Obtained case history and gathered triage information to determine appropriate avenues for care.
- Suggested appropriate disposition to acting physicians based on assessment.
- Delivered orientation and training of less experienced clinic staff in specific clinic operations and procedures.
- Counseled patients via telephone according to established guidelines and protocols, advising on provider-established plans of care.
- Performed additional clinic and non-triage nurse duties such as instructing patients in general and specific medical care and health issues and administering or dispensing medication and injections.
- Scheduled appointments for patients not requiring emergency services but needing examination from the

provider and consulting directly with the provider.

- Assisted in management of patient utilization of health care system and provided patient education relative to health care needs, use of community resources, and responsibilities of membership in managed care.
 - Monitored compliance and evaluated the effectiveness of home treatment instructions.
 - Evaluated patient histories, complaints, and current symptoms.
 - Used first-hand knowledge and clinical expertise to advocate for patients under the care and enacted prescribed treatment strategies.
 - Advocated for and strived to protect the health, safety, and rights of patients.
 - Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
 - Administered different therapies and medications in line with physician orders and treatment plans.
 - Provided skilled, timely, and level-headed emergency response to critically-ill patients.
 - Communicated with healthcare team members to plan, implement and enhance treatment strategies.
 - Performed triage on incoming patients and determine the severity of injuries and illnesses.
 - Followed all personal and health data procedures to effectively comply with HIPAA laws and prevent information breaches.
 - Collaborated with leadership to devise initiatives for improving nursing satisfaction, retention, and morale.
 - Conveyed treatment options, diagnosis information, and home care techniques to patients and caregivers to continue care consistency.
 - Utilized Epic to document data related to patient care such as medications, interventions, and patient responses.
 - Explain the course of care and medication side effects to patients and caregivers in easy-to-understand terms.
 - Led teams in driving successful patient outcomes by prioritizing standards of care and best practices.
 - Adhered to strict safety measures by carefully determining proper dosages before administering medications.
 - Accurately documented treatment, medications, IVs administered, discharge instructions, and follow-up care.
 - Educated family members and caregivers on patient care instructions.
 - Monitored patient reactions after administering medications and IV therapies.
 - Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities.
- + Edit or add your own
- Implemented medication and IV administration, catheter insertion, and airway management.
 - Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings, and updating team members on changes in stability or acuity.
 - Evaluated healthcare needs, goals for treatment, and available resources of each patient and connected to optimal providers and care.

- Contributed substantially to successful department JCAHO accreditation by consistently operating to the highest standards of care.
- Monitored patient reactions to drugs and carefully documented findings.
- Triage over the phone

Registered Nurse, Medical-Surgical Unit, 02/2015 to 09/2018

Huntington Hospital – Pasadena, CA

- Managed care from admission to discharge.
 - Administered medications via oral, IV and intramuscular injections and monitored responses.
 - Provided direct patient care, stabilized patients and determined next course of action.
 - Performed emergency medical procedures such as BLS, ACLS and other condition stabilizing interventions.
 - Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit.
 - Monitored patient vital signs to perform thorough condition assessments.
 - Performed intravenous therapy procedures and monitored chest tubes.
 - Provided health education to patients and families regarding discharge instructions and plans of care.
 - Kept optimal supply levels in treatment rooms, triage and other areas to meet typical patient loads.
 - Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities.
 - Collected blood and other laboratory specimens
 - Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
 - Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.
 - Evaluated healthcare needs, goals for treatment and available resources of each patient and connected to optimal providers and care.
 - Updated patient charts with data such as medications to keep records current and support accurate treatments.
 - Minimized hospital stays with recovery-centered approaches, reducing average in-patient stay length.
 - Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
 - Advocated for patients by communicating care preferences to practitioners, verifying interventions met treatment goals and identifying insurance coverage limitations.
 - Oversaw delivery of care for patients on medical-surgical unit, providing direct care, delegating nursing assignments, and supervising team comprised of nurses, LPNs, technicians and unit clerks.
 - Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- + Edit or add your own
- Utilized Cerner to document data related to patient care such as medications, interventions and patient responses.

- Monitored patient reactions to drugs and carefully documented findings.
- Contributed substantially to successful department JCAHO accreditation by consistently operating to highest standards of care.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Managed patient pain relief and sedation by providing non-pharmacological and pharmacological interventions.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Implemented medication and IV administration, catheter insertion and airway management.

EDUCATION

Bachelor Of Science: Nursing, 11/2021

University of Phoenix - Phoenix, AZ

Associate Degree In Nursing: Nursing, 06/2014

Los Angeles Harbor College - Wilmington, CA

ADDITIONAL INFORMATION

Public health nurse license

Bilingual in Spanish

GPA 3.9 maintain BSN program

Knowledge on EMR EPIC, Cerner