Thelma Soto

Registered Nurse

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I consider my qualifications and experience make me and ideal candidate for this job. I possess an Associate degree of Applied Science in Nursing since May 2017. I am a Licensed Registered Nurse who is extremely organized, calm, and patient professional with excellent healthcare skills. Furthermore, I have a passion for providing quality care to patients and I am seeking to use my earned skills and knowledge to assist your hospital. Proven to ably handle emergency situations with the requisite skills set to perform under pressure. Excellent interpersonal skills and a dedicated worker with a sense of purpose. I truly believe a relationship with your company would be mutually beneficial, as I am seeking a challenging work environment where I can fully utilize my skills. I look forward to hearing from you and would explain my skills further during the interview. Please find a detailed account of my work story in my ressume.

#readytowork

Authorized to work in the US for any employer

Work Experience

Charge Nurse- Shift RN supervisor

El Paso State Supportive Living Center - El Paso, TX February 2019 to Present

Perform health assessments campus wide

responds to medical emergencies on campus communicates health status/ needs to other disciplines, families as needed

provide teaching and training to staff and individuals

provide personal management to subordinate nursing staff

delegate work assignments

compliance with State/federa/local standards

use and knowledge of nursing process

development of Acute care plans

knowledge of safe medication administration

use/ knowledge of safety and infection control practices

knowledge on safe use of restraint procedures

knowledge of emergency procedures and emergency equipment

Floor Nurse

Dr. Otto Campbell - Chihuahua August 2017 to September 2018

I am tasked with evaluating the medical conditions of up to 20 patients daily. Performing focus assessment to patients and administering medication in accordance to Drs orders. During this time I've

been recognized as a dedicated, ambitious, and reliable person who has the ability to work without supervision.

Dishwasher/Food Prep/Cook/cashier

The basil garden - El Paso, TX June 2015 to May 2017

I worked as a cook and a dishwasher at first instance and further I was promoted to cashier and I was in charge of placing merchandise in the supply room. During my years of work I earned excellent customer service skills

Nursing Student

El Paso Community College - El Paso, TX January 2014 to May 2017

- o Clinical rotation at Memorial Providence Hospital in the inpatient wound care unit
- o Performed focus assessment on patient wounds, application of wound vacs, cleansing/irrigation of wounds, acquired knowledge on Braden and Wagner grading system for wounds
- Clinical rotation on CVICU and ICU units at Las Palmas del Sol on February-March 2017
- Clinical rotation at Douglass Middle School on October 2016
- Clinical rotation on Pediatric, Hematologic and Oncology unit at El Paso Children's Hospital on October-November 2016
- Clinical rotation on intrapartum, postpartum, NICU, Nursery at Las Palmas del Sol on August-September 2016
- Clinical rotation at El Paso Behavioral Center on April 2016
- Clinical rotation at Kindred Hospital in Med-Surgical unit on January 2016
- Clinical rotation on Telemetry unit at Las Palmas del Sol on January 2015
- o Performed comprehensive and focus assessment, recording vital signs, recorded intake and output, IV catheter insertion, safely administration of medications, NG tube insertion, Foley catheter insertions and provided education to patient and family members
- Community Service at Rio Grande Border Health Clinic from January 2015- December 2016
- o Recorded initial vital sign readings, prepared medication trays, practicing administration of medications, vision screenings, and performed patient history, questionnaires along with complete physical assessments

Dishwasher/Prep Cook/Server/ cashier/cook

Valentine's Bakery - El Paso, TX March 2013 to June 2015

I worked as the cashier, waitress, cook, and dishwasher, trainer of new coworkers when working at the restaurant; consequently on December 2013 to August 2015 I acquired the position of manager.

Volunteer Work

Houchen Community Center - El Paso, TX January 2011 to June 2014

I assisted in food drives to needed people at Segundo Barrio in downtown area at El Paso, Tx Assisted in fundraising events to help the poor of El Paso and Juarez

Volunteer Work

American Hospice Inc - El Paso, TX September 2012 to August 2013 every 3 months I was assigned a different patient, I used to take care of them, Help the family assisting the patient, assist the nurse with the daily care of every patient. Also, I was sent to a Nursing home to company the patients

Nursing Diploma

ISSTE - Chihuahua, Chihuahua, Mexico July 2010 to May 2011

I worked in the area of internal medicine in Mexico in which I performed a variety of nursing tasks, such as head to toe assessments, taking, recording, and analyzing vital signs, insertion of IVs, Tracheostomy care, insertion of NG tubes, documenting nursing notes, administration of medications, daily patient care, wound care, assist patients with their hygiene and grooming. I earned my nursing skills in accordance to the Nursing Process to provide a quality and safe care to patients

Education

Pediatric Nursing Diploma

Escuela de Estudios de Auxiliar en Puericultura - Chihuahua, Chihuahua, Mexico August 2010 to August 2011

Physiotherapy Diploma

Escuela de estudios de Auxiliar en Puericultura - Chihuahua, Chihuahua, Mexico August 2010 to May 2011

Chemistry Laboratory Technician

Colegio de Bachilleres plantel #3 - Chihuahua, Chihuahua, Mexico August 2007 to August 2009

High school

Colegio de Bachilleres plantel 3 - Chihuahua, Chihuahua, Mexico August 2006 to August 2009

Analysts Programmer Diploma

Computational Institute Mark I - Chihuahua, Chihuahua, Mexico August 2004 to August 2007

Associate in Nursing

El Paso Community College - El Paso, TX

Nursing Licenses

RN

Expires: June 2023

State: TX

Skills

Software Development (10+ years)

- Data Entry (10+ years)
- Data Analysis (10+ years)
- Medical Terminology (3 years)
- Communications
- Management (4 years)
- Patient Care (4 years)
- Vital Signs (4 years)
- Critical thinking
- Powerpoint (10+ years)
- Decisión Making
- Ability to work under pressure (6 years)
- Time management
- Problem Resolution
- Teamwork
- Teaching
- · customer service
- microsoft office
- word
- EMR charting
- Bilingual (English's-Spanish) (6 years)
- Med Surg
- RN
- Electronic Medical Records knowledge
- · Patient focused orientation
- · First aid skills
- · Problem solving
- Customer focus and orientation skills
- Proficient Verbal communication
- · Safety orientation skills
- · Clinical judgement skills
- · Attention to detail skills
- Cerner (3 years)
- Powerchart (3 years)

Certifications and Licenses

CPR/AED

December 2021 to December 2023

Certificate of completition intensive English program

October 2012 to Present

Registered Nurse (RN)

June 2021 to June 2023

BLS Certification

Assessments

Electronic Medical Records Knowledge — Familiar

December 2018

Measures a candidate's knowledge of EMR data and associated privacy regulations, as well as best practices for EMR use.

Full results: Familiar

Nursing Skills: Patient Focus & Orientation — Highly Proficient

December 2018

Measures a candidate's ability to address concerns and use sensitivity when responding to needs and feelings of patients.

Full results: Highly Proficient

First Aid Skills — Highly Proficient

December 2018

Measures a candidate's ability to identify treatments for common medical emergencies.

Full results: Highly Proficient

Problem Solving — Highly Proficient

December 2018

Measures a candidate's ability to analyze relevant information when solving problems.

Full results: Highly Proficient

Customer Focus & Orientation Skills — Highly Proficient

December 2018

Measures a candidate's ability to respond to customer situations with sensitivity.

Full results: Highly Proficient

Verbal Communication — Familiar

December 2018

Measures a candidate's ability to effectively convey information when speaking.

Full results: Familiar

Safety Orientation Skills — Proficient

December 2018

Measures a candidate's ability to employ accident prevention strategies to avoid accidents and injuries.

Full results: Proficient

Nursing Skills: Clinical Judgment — Highly Proficient

December 2018

Measures a candidate's ability to assess a patient's condition and implement the appropriate medical

intervention.

Full results: Highly Proficient

Attention to Detail Skills — Highly Proficient

December 2018

Measures a candidate's ability to use diligence when drafting and editing documents.

Full results: Highly Proficient

Critical Thinking Skills — Proficient

December 2018

Measures a candidate's ability to use logical approaches when solving problems.

Full results: Proficient

Written Spanish for English Speakers — Highly Proficient

December 2018

Measures a candidate's ability to respond to basic requests written in Spanish.

Full results: Highly Proficient

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Groups

Texas Nurse Association

November 2018 to Present

Phi Theta Kappa

January 2014 to Present

The National Society of Collegiate Scholars

January 2014 to Present

Additional Information

references upon request