# Shenequa Tharp

Columbia Heights, MN -Email me on Indeed: <u>http://www.indeed.com/r/Shenequa-Tharp/8d2b2c59859e3abf</u>

# Work Experience

# **CNA - Certified Nursing Assistant**

Towne Nursing / Towne Healthcare - Minneapolis, MN August 2021 to Present

Help Residents with Activities of daily living. Help some eat. Give baths, etc.

# **Personal Care Assistant**

ReliaCare - Saint Paul, MN May 2020 to Present

Daily care's: Bathing, brief change, grooming, hoyer lift. Cook, clean, laundry, shopping.

### **Nursing Assistant**

Dungarvin, LLC - Mendota Heights, MN October 2015 to July 2020

Assist resident with getting dressed, taking medication, eating meals. Assist with setting up appointments and rides. Order medication and groceries.

### Nursing Assistant/ Residential program coordinator

Mary T Inc. - Coon Rapids, MN October 2017 to September 2018

Daily care's, order medication, prepare meals, set doctor's appointment. Drive client to appointments. Keep finances in order.

### **Nursing Assistant**

# Education

### **Certification in Nursing Assistant**

Lighthouse Training center - Minneapolis, MN August 2016 to October 2016

**High school diploma or GED in Education** Patrick Henry - Minneapolis, MN September 1995 to May 2001

### High school diploma

Skills

Caregiving

- Home Care
- Hoyer Lift
- Laundry
- Nursing
- Tube Feeding
- Medication Administration
- Vital Signs
- Food Preparation
- Cleaning Experience
- Meal Preparation
- Patient Care
- Nursing

Certifications and Licenses

### **Registered Nursing Assistant**

June 2020 to June 2027

#### CNA

#### Assessments

#### Work Style: Reliability – Proficient

November 2020

Tendency to be dependable and come to work Full results: <u>Proficient</u>

#### Home Health Aide Skills - Expert

November 2020

Providing care to patients in a home setting Full results: <u>Expert</u>

# First Aid — Familiar

November 2020

Treating common medical emergencies Full results: <u>Familiar</u>

#### **Verbal Communication — Proficient**

November 2020

Speaking clearly, correctly, and concisely Full results: Proficient

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.