Saige Rodgers

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**Summary**

Ambitious and compassionate nurse with three years of clinical experience in long term care and the correctional setting. Seeking to expand my knowledge and skillset in an environment fostering growth in new graduates. Diligent about serving all facets of patient’s medical and personal needs. Focused on delivering high-quality care to individuals of all backgrounds while protecting patient safety and promoting satisfaction with facility services.

**Skills**

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| * Displays positive responses to negative situations * Patient advocacy * Keen attention to changes in patient's baseline and behavior * Multi-tasking and prioritization * Patient triaging | * Empathetic and compassionate * Tracking symptoms * Documenting incidents * Assisting physicians |

**Experience**

Registered Nurse|Atlantic Coast Surgical Suite (JCAHO accredited facility) – Seabrook, NH|12/06/21 – Current

Pre-op and PACU RN responsible for admission, peri-operative care and stabilization for discharge.

* Educates patient’s and family on necessary preparation for surgery and discharge teaching.
* Competent in coordinating and reporting pertinent pre-operative lab work.
* Performs thorough and accurate continual patient assessment
* Uses critical thinking to anticipate potential problems and acts appropriately in an emergency situation.
* Monitors surgery schedule continually, communicating delays, arrivals with patients, anesthesia and surgeons.
* Monitors stock of equipment and medications.
* Uses clinical judgement to provide each patient with an individualized plan of care post op under the given orders of anesthesia and surgeons.

Registered Nurse| Preferred Professional Staffing – Wethersfield, CT |05/21 - Current

Travel RN in the state of NH responsible for the care of both LTC and short-term rehabilitation patients.

* Ability to quickly adapt to new environments and staff.
* Performs COVID screening/testing, head-to-toe assessments and wound/skin assessments/dressing changes daily.
* Delegates tasks proficiently to LPN’s and UAP
* Educate patients on pain management, safety, nutrition and compliance with medications for proper healing and recovery

Licensed Practical Nurse|Southern State Correctional Facility - Springfield, VT|08/2019 – 08/21

Works directly with the provider to assess patients with opiate use disorder and use my skills to recommend them for the appropriate treatment modality.

* Administration of buprenorphine and methadone.
* Performing treatment adjustments and COWS assessments for detoxing patients.
* Understanding criminal thinking and addictive behaviors to properly educate patients on taking medications as prescribed.
* Educate patients on detox and withdrawal, medications, addiction, recovery, coping skills and community resources.
* Collaborated with team members to monitor treatment progress and improve individual clients' plans.
* Identified treatment goals based on individual diagnosis and history.
* Collected urine samples from clients to test for substances.

Licensed Practical Nurse|Vernon Advent Christian Homes - Vernon, VT|11/2018 - 08/2020

* Guaranteed exceptional care quality by correctly administering medication, inserting and caring for catheters, dressing and changing wounds and assisting with personal hygiene.
* Communicated concerns regarding clients' status, care and environment to nursing supervisors, clinical care supervisors and case managers.
* Administered medications, tracked dosages and documented patient conditions.
* Delivered compassionate care to increase comfort and psychological, social and spiritual well-being.

Licensed Nursing Assistant|Interim HealthCare - Keene, NH|01/2017 - 11/2018

* Work as a team player in providing optimal care to all patients.
* Facilitated activities of daily living, including personal hygiene management, feeding and ambulation.
* Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets.
* Engaged with patient family and friends to provide courteous, efficient visit experience.
* Documented patient intake and dietary requirements, also assisting with feeding and monitoring.

Licensed Nursing Assistant|Maplewood Nursing Home - Westmoreland, NH|08/2016 - 01/2018

* Promoted patient satisfaction by assisting with daily living needs such as bathing, dressing, toileting and exercising.
* Attended to patients in a 50-bed unit, continuously checking on needs and maintaining high standards of patient care.
* Managed and maintained patient rooms, shared-living areas and nursing stations.
* Responded to patient alarms and needs-assessment requests to identify course of treatment.

**Education and Training**

Vermont Technical College  |   Randolph Center, VT  |  05/2021

Associate of Science: Registered Nurse

Vermont Technical College  |   Randolph Center, VT   |  06/2018

Licensed Practical Nurse

Keene High School  |   Keene, NH  |  06/2014

High School Diploma

**Certifications**

* ACLS Certified – December 8, 2023
* BLS Certified – May 22, 2022

**References**

* Available Upon Request