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# Sambila V. Zangre Congo

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12747 Longford Glen Drive. Germantown MD 20874.347 681 5502

## SUMMARY OF QUALIFICATION

- **A Family Nurse Practitioner**, with correctional FNP, COVID 19 testing and vaccination site Leader experience, more than 20 years' experience in Nursing, and previous experience as a Pediatric Nurse Practitioner oversea seeking a Job as an RN to maintain and expand clinical skills.
- Experience areas include Community Health/School Health nursing, Medical-Surgical nursing, Cardiac telemetry nursing, Advance Wound Care/Hyperbaric Medicine nursing, and Pediatric nursing.
- Bilingual French/English, dedicated, quick learner, and adapt easily to different work environments.

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## EDUCATION

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- **Master of Science of Nursing-** Family Practice Nurse Practitioner, graduated February 2020  
Walden University, Minneapolis, MN, GPA: 3.63
- **Bachelor of Science of Nursing:** September 2014  
Grand Canyon University, Phoenix Arizona GPA: 3.74
- **Attaché de Santé en Pédiatrie.** (Health Assistant in Pediatric Diploma. Nursing, Equivalent to Pediatric Nurse Practitioner (dissertation on Children Diarrhea in Hospital setting). December 2005  
National School of Public Health, Ouagadougou Burkina Faso GPA 3.7
- **State Registered Nurse (Equivalent to Associate Degree in Nursing)** Diploma July 1998  
National School of Public Health, Ouagadougou Burkina Faso GPA 3.7

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## WORK HISTORY

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- **RN Medical Surgical Contract Holy Cross Hospital November 2021- Feb 5, 2022**
  - Administer medication and treatment to patients and monitor responses while working with healthcare teams to adjust care plans.
  - Educate Patients in their Disease and recovery process.
  - Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
  - Care for Patients with COVID 19 infection and with/without respiratory failure, administer medication and oxygen therapy as well as monitor their oxygen saturation.
  - Trained new nurses in proper techniques, care standards, operational procedures, and safety protocols to optimize performance and safety.
  - Provide wound care treatment and pressure ulcer prevention for patients with chronic and acute health problems.
  - Document patient treatment and care evolution using EPIC EMR.
- **Correctional FNP June 2021 to November 2021**
  - Provide medical emergency treatment to inmates.
  - Identify and provide treatment to inmates/patients with chronic health problems.
  - Perform initial and follow-up yearly physical assessment for inmates/patients.
  - Provide chronic care assessment/treatment to inmates/patients.
  - Implement medical care per facility policies and procedures.

- Provide education to inmates as well as to other healthcare and correctional staff.
  - Document all healthcare contacts using approved facility forms.
  - Adhere to safety and security policies and participate in disaster drills.
- **NP post-vaccine observation AYA HealthCare (contract) March 2021-July 2021**  
 Educate vaccinated patients on immediate signs and symptoms of severe/moderate/mild allergic immediate/late reaction and recommend that patient calls for immediate assistance.  
 Assess patients experiencing adverse events.  
 Activate emergency alerts on patients experiencing severe allergic reactions.  
 Administer Epinephrine to patients experiencing anaphylactic reactions.  
 Ensure that patients with Severe Adverse Reactions are sent to ER after receiving EpiPen.
  - **Volunteer FNP First Clinic November 2020- March 2021**  
 Obtaining and recording each patient's medical history including the patient's chief complaint, present medical condition, and patient's individual history and his/her family history.  
 Performing complete physical examinations.  
 Analyzing reports and/or findings of tests and personal examinations to allow the assessment of the patient medical condition, diagnosing patient illness or injury, and formulating a prognosis.  
 Perform clinical procedures such as COVID 19 testing, blood draws, sutures, and wound dressing according to standards of practice.  
 Effectively communicating with patients and other healthcare staff to manage patient care.  
 Appropriate referral of patients to other physicians when needed  
 The assistance of patient to obtain resources when and if needed  
 Prescribe medication and treatment for the patient and educate patients to maintain a healthy lifestyle through appropriate physical activity, necessary dietary intake, the practice of personal hygiene, and preventive measure
  - **Registered Nurse, School/Community Health Nurse (SCHN), Montgomery County Government DHHS.**
    - **COVID 19 Vaccine and Testing Site Leader: Mars 2020- Mars 2021**
      - Assure proper data collection and documentation.
      - Assure proper administration of the vaccine.
      - Monitor patients post-vaccination to ensure the provision of adequate care to clients with adverse reactions.
      - Document adverse effects on V.A.E.R.S.
      - Assign staff to appropriate job assignments.
      - Ensures safety of workers (proper donning and Doffing of PPE, social distancing)
      - Monitors flow to ensure social distance in line.
      - Ensure the proper collection, storing, and transportation of specimens.
      - Screen patients and ensure proper referral of patients.
    - **Registered School Nurse: June 2015- June 2021**
      - Manage the health of more than 2000 students.
      - Ensure triage/isolation of sick students prevent the spreading of COVID 19 and other infectious diseases.

- Provide contact tracing and recommendation of quarantining for students and families affected by COVID 19 to prevent the spreading of COVID 19.
- Plan and execute the individual healthcare plan for students with emergency conditions such as hypoglycemia and hyperglycemia.
- Plan and execute the individual health care for students with a chronic condition such as Asthma, seizure disorder, type 1 and Type II diabetes, ADHD, sickle cell anemia, etc. provide
- Provide case management for pregnant teens; provide education for the prevention of pregnancy and STDs among students.
- Providing first aid care for students with injuries.
- Provide health task training and delegation to unlicensed personnel.

▪ **Psychiatry Nursing (Washington Adventist Hospital, Brook Lane Health Services, Regional Institute for Children and Adolescents-Rockville – Part-time) 2015- now**

Assess and document patients' behavior and status.

Provided therapeutic interactions with patients to assist them in identifying sources of anxiety.

Administered medications and treatments as ordered by a physician.

Planned and tutored basic health teaching to assist patients in meeting their needs.

Identified behavioral problems to make suitable recommendations.

Monitored administered medication plan and recorded changes.

Provide care to students with emotional disabilities, autism, specific learning disabilities, and other health impairments

▪ **Staff Registered Nurse, Med/urg Telemetry Nurse;** Progressive Unit, CCU, Open heart Stepdown Unit, Advance Wound Care/Hyperbaric, Float pool, Observation Unit.

Adventist HealthCare (Washington Adventist Hospital, Shady Grove Hospital) June 2011 to May 2018

- Administered medication and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Equipped patients with tools and knowledge needed for speedy and sustained recovery.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Care of the patient in post-cardiac surgery requiring cardiac drip, chest tube monitoring, and insulin drip administration.
- Trained new nurses in proper techniques, care standards, operational procedures, and safety protocols to optimize performance and safety. Provide advanced wound care treatment to patients with chronic wounds, post-surgical procedures, and acute wounds.
- Provide Negative Wound VAC Therapy, compression therapy, hyperbaric oxygen therapy, and assist physicians in the application of skin substitute, Cast, Suture, and staple.)

Proficient in EMR charting- Cerner, Epic, I-Heal, Practice Fusion, Athena Health, NextGen, and PrepMod.

Proficient in Microsoft Word and Excel.

•**Nurse specialist in pediatric**, State Register Nurse, Staff Nurse Medical unit, Pediatric, Center for malnourished children, Community and public health Nurse. 1998-2008

Ministry of health Burkina Faso

- Prescribe, medication, examine patients, diagnose illnesses, and
- Provide treatment to patients aged 0 to 21 with diverse health problems.
- Manage and coordinate the mother-to-child HIV transmission prevention program.
- Provide mentorship and training to nursing students.

- National Integrated Management of Childhood Illness (IMCI) Trainer.
- Provide treatment and manage health status.
- Provides treatment ambulatory for patients with Tuberculosis.
- Manager of pediatric Unit.
- Manage the center for malnourished children.

#### CERTIFICATIONS AND LICENSE

- NPI- 1154948974.
- FNP-C – Certification No. F06200117, valid through May 2025
- Registered Nurse -License No. R195089, valid through December 2023
- BLS - Basic Life Support, valid through Feb 2024
- Heart Saver First Aid CPR AED: American Heart Association
- Certified Qualified bilingual Interpreter: Center for Health Equity and Wellness