

# Sabrina Hightower

Saint Paul, MN

-Email me on Indeed: <http://www.indeed.com/r/Sabrina-Hightower/29ea32d59e85df24>

Energetic, motivated Certified Nursing Assistant professional with vision, positive attitude services skills. Goal oriented, focused and reliable with the ability to succeed in a stimulating and challenging environment.

#readytowork

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

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### **CNA - Certified Nursing Assistant**

Cross Country Medical Staffing Network - Saint Paul, MN

March 2020 to Present

Worked at various locations Hospitals, nursing home LTC Assisted Living, Memory Care, and Behavior Hospitals.

Feed, bathe and dress patients Take patient vital signs Answer calls for help and observe changes in a patient's condition or behavior

### **Lead Caregiver/ Med Aide**

Comfort of home the lodge - River Falls, WI

February 2019 to December 2020

Pass meds and assist with feeding, bathe, dressing, personal cares

### **CNA - Certified Nursing Assistant**

Brightstar - Chicago, IL

March 2016 to January 2019

Provide personal care including Bathing Grooming, including oral care Assist the client with dressing and undressing Assist the client with toileting activities Assist in feeding the client Feed clients who are unable to feed themselves Take and record vital signs temperature, pulse, respirations and blood pressure.

### **CNA - Certified Nursing Assistant**

Symphony of South Shore - Chicago, IL

January 2014 to December 2015

Assist patients with bathing, dressing, eating, brushing teeth, and using the bathroom. Re-position and transfer patients from their beds to wheelchairs, walkers, and other mobile medical equipment for transportation.

**CNA - Certified Nursing Assistant**

CJE Senior Life Lieberman Center - Skokie, IL  
August 2014 to September 2015

Assist patients with bathing, dressing, eating, brushing teeth, and using the bathroom. Re-position and transfer patients from their beds to wheelchairs, walkers, and other mobile medical equipment for transportation.

**CNA - Certified Nursing Assistant**

Maxim Staffing - Chicago, IL  
March 2013 to September 2014

Worked at various locations Hospitals, nursing home LTC Assisted Living, Memory Care, and Behavior Hospitals.

Feed, bathe and dress patients Take patient vital signs Answer calls for help and observe changes in a patient's condition or behavior

**CNA - Certified Nursing Assistant**

Aurora Nursing Rehabilitation Center - Aurora, IL  
August 2012 to July 2013

Assist patients with bathing, dressing, eating, brushing teeth, and using the bathroom. Re-position and transfer patients from their beds to wheelchairs, walkers, and other mobile medical equipment for transportation.

**CNA - Certified Nursing Assistant**

Brightstar - Wheaton, IL  
March 2012 to June 2013

Provide personal care including Bathing Grooming, including oral care Assist the client with dressing and undressing Assist the client with toileting activities Assist in feeding the client Feed clients who are unable to

feed themselves Take and record vital signs temperature, pulse, respirations and blood pressure.

**CNA - Certified Nursing Assistant**

Nursing on Call - Bolingbrook, IL  
June 2011 to January 2012

Fed the patients, help them walk, exercise, and moving in and out the bed.

Provided care to the residence that are total dependent or need assistance.

## Education

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**Certification**

Kishwaukee College - Malta, IL  
January 2011 to May 2011

**High school diploma in Gender Studies**

Prescott High School - Prescott, WI  
September 2002 to May 2005

## Skills

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- CNA
- Certified Nursing Assistant
- Cna Certified
- Memory Care
- Hospice Care
- Medication Administration
- Home Care
- Caregiving
- Assisted living
- Patient Care
- Nursing
- Cna (10+ years)

## Certifications and Licenses

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### **CNA**

May 2011 to Present

### **CPR**

January 2021 to January 2023

### **Certified Nursing Assistant (CNA)**

### **CPR/First Aid**

### **driver's license**

## Assessments

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### **Reliability — Proficient**

July 2019

Tendency to be dependable and come to work

Full results: [Proficient](#)

### **Nursing Aide Skills — Highly Proficient**

February 2019

Measures a candidate's ability to provide nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

## Additional Information

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### SKILLS

Computerized charting specialist Flow sheet charting Skilled with TPR & ROM

Diabetes, Hospice, and Stroke Patient Care Acute and Rehabilitative care

Body mechanics knowledge