

Kareen Biah

Certified Nursing Assistant

Coon Rapids, MN

-Email me on Indeed: <http://www.indeed.com/r/Kareen-Biah/30bfbe1f327060f5>

I am dependable, and hardworking Nursing Assistant seeking new opportunities.

Authorized to work in the US for any employer

Work Experience

CNA - Certified Nursing Assistant

PARK NICOLLET METHODIST HOSPITAL ST LOUIS PARK MN - Saint Louis Park, MN

August 2021 to Present

I check patients vitals every shift, take down specimen, assist with bathing, grooming, dressing, and personal cares. I also assisted with transferring/ambulation, turning and repositioning, recording intake and output, check blood glucose and etc.

Direct Support Professional

Dependable Home Health Care - Saint Paul, MN

July 2020 to Present

23 Empire Drive STE 100 ST Paul MN 55103

Assisted with passing medications, bathing, meal planning, groceries shopping, cooking, cleaning around the resident surrounding, take individuals out for Dr appointment and washing and folding of the individuals laundries.

Resident Assistant

Lifesprk - Saint Louis Park, MN

December 2020 to August 2021

When I worked at lifesprk, I assisted residents with ADLs such as bathing, dressing, grooming and personal cares. I also assisted with transfers and ambulation. I did laundries and folded them. I passed meds and documented at the end of each shifts.

Resident Assistant

The Farmstead - Andover, MN

July 2020 to April 2021

Assist with Activities of daily living such as bathing, grooming, dressing, feeding and personal cares. I also assisted with transferring and ambulation, turning and repositioning of residents, taking vitals, and engaging in activities with the residents. pass resident scheduled medications.

Certified Nursing Assistant

Bethany Retirement Living - Fargo, ND

September 2019 to June 2020

58103

Assist with Activities of daily living such as bathing, grooming, dressing, feeding and personal cares. I also assisted with transferring and ambulation, turning and repositioning of residents, taking vitals, and engaging in activities with the residents.

Direct Support Professional

CHI Friendship - Fargo, ND

January 2019 to December 2019

801 Page Dr, Fargo, ND 58103

Assisted with passing medications, bathing, meal planning, groceries shopping, cooking, cleaning around the resident surrounding, take individuals out for Dr appointment and washing and folding of the individuals laundries.

Certified Nursing Assistant

Eventide Senior Living Community - Fargo, ND

December 2017 to January 2019

58104

Assist with Activities of daily living such as bathing, grooming, dressing, feeding and personal cares. I also assisted with transferring and ambulation, turning and repositioning of residents, taking vitals, and engaging in activities with the residents.

Patient Care Technician

Essentia Health - Fargo, ND

August 2017 to December 2017

58103

Assist with Activities of daily living such as bathing, grooming, dressing, feeding and personal cares. I also assisted with transferring and ambulation, turning and repositioning of residents, taking vitals, and engaging in activities with the residents.

Certified Nursing Assistant

Rosewood on Broadway - Fargo, ND

January 2017 to July 2017

58102

Assist with Activities of daily living such as bathing, grooming, dressing, feeding and personal cares. I also assisted with transferring and ambulation, turning and repositioning of residents, taking vitals, and engaging in activities with the residents.

Certified Nursing Assistant

Good Samaritan Society-Specialty Care Community - Robbinsdale, MN

June 2016 to December 2016

Assist with Activities of daily living such as bathing, grooming, dressing, feeding and personal cares. I also assisted with transferring and ambulation, turning and repositioning of residents, taking vitals, and engaging in activities with the residents.

Direct Support Professional

Mains'l Services, Inc - Brooklyn Park, MN

September 2015 to June 2016

Assisted with passing medications, bathing, meal planning, groceries shopping, cooking, cleaning, washing and folding of laundries, take individuals out for Dr appointment.

Education

High school diploma or GED in Gender Studies

Rogers Senior High School - Rogers, MN

February 2010 to June 2012

Skills

- confident, able to work under pressure,
- Microsoft Word (10+ years)
- Communication
- Teamwork
- problem solving
- Caregiving
- Home Care
- Hospital Experience
- Medication Administration
- Vital Signs
- Laundry
- Critical Care Experience
- ICU Experience
- Patient Care
- Hospice Care
- Meal Preparation
- Nursing
- Customer service

Languages

- English - Fluent

Certifications and Licenses

CPR

July 2020 to July 2022

First Aid Certification

July 2020 to July 2022

CNA

BLS Certification

July 2020 to July 2022