

AW

ALICIA WEATHERSPOON

SUMMARY

Dedicated registered nurse seeking an intensive-care unit position within a progressive medical center. Bachelor of Science Nurse with strong nursing skills and commendable patient communication. I am attentive and eager to learn, easily adaptable to changes in the working environment, I am goal oriented, a team player, hardworking, responsible, self-motivating and organized. Fostering critical thinking skills vital in optimal patient care. Repeatedly commended by patients and supervisors for outstanding quality of care. Constant positive mention in care survey response. Dependable and always willing to go the extra mile.

SKILLS

- CPR; BLS Certification
- ACLS Certification
- Critical thinking skills
- Inpatient and outpatient care
- Tracheostomy care
- Patient relations
- Long-Term Care
- Culturally sensitive
- Electronic Health Records and charting. Epic, cerner, meditech
- Geriatric treatment knowledge

EXPERIENCE

RN FLOOR NURSE


Cyn | Sterling, VA | August 2021 - Current

- Monitored and managed various treatment and care interventions.
- Updated physicians on patient test results and assisted in developing care plans.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered medications, tracked dosages and documented patient conditions.
- Treated patients suffering from chronic and acute asthma, seizure disorders and pneumonia.
- Oversaw patient admission and discharge processes to coordinate related paperwork.
- Prioritized nursing tasks and assignments and accurately reported patient status.

RN

Staff Relief Health Care Services | Forsyth, GA | November 2020 - Current

 Douglasville, GA 30134

 (404)542-7039

 jsubsn.rn@gmail.com

EDUCATION AND TRAINING

Bachelor of Science

Nursing
Jacksonville State University,
Jacksonville, Alabama
2016

- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Assessed patients' response to treatment and suggested ways to combat side effects.
- Acted as patient advocate and implemented total patient care through team nursing process.
- Treated patients suffering from chronic and acute medical concerns, including asthma, seizure disorders and pneumonia.
- Administered medications, tracked dosages and documented patient conditions.
- Monitored and managed various treatment and care interventions.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Oversaw patient admission and discharge processes to coordinate related paperwork.
- Maintained optimal ventilator settings and operations to meet patient care needs.
- Prioritized nursing tasks and assignments and accurately reported patient status.

RN

Prime Time Healthcare | Omaha, NE | July 2020 - Current

- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Acted as patient advocate and implemented total patient care through team nursing process.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Maintained personal and team compliance with medication administration standards and patient care best practices.
- Administered medications, tracked dosages and documented patient conditions.
- Oversaw patient admission and discharge processes to coordinate related paperwork.
- Conducted restraint audits according to organizational guidelines and generated reports for nursing leadership review and analysis.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Used feedback and clinical data to improve care quality and patient outcomes.
- Developed and adapted individualized treatment plans according to patient recovery goals.
- Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.
- Immunized patients against influenza and pneumonia to protect vulnerable populations from serious illnesses.
- Delivered care to **multiple** patients per day, including coordinating and evaluating interdisciplinary care.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.

RN

Grady Memorial Hospital | Atlanta, GA | September 2020 - March 2021

- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Assessed patients' response to treatment and suggested ways to combat side effects.
- Collaborated with doctors to plan post-treatment home care and prevent return hospitalization.
- Acted as patient advocate and implemented total patient care through team nursing process.
- Treated patients suffering from chronic and acute medical concerns, including asthma, seizure disorders and pneumonia.
- Inserted and managed central, arterial and PICC lines.
- Assessed patients in active drug and alcohol withdrawal and provided interventions to manage physical and psychological withdrawal symptoms.
- Oversaw patient admission and discharge processes to coordinate related paperwork.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
- Set up trays, supplies and sterile fields for office procedures.
- Prioritized nursing tasks and assignments and accurately reported patient status.
- Maintained personal and team compliance with medication administration standards and patient care best practices.

RN

Medely | Los Angeles, Ca | October 2018 - July 2020

- Pre-Op, PACU Preparation for surgery Physical assessment, evaluation and work up Gather medical history Blood draws IV start medication administration Observation and recover care post anesthesia Patient teaching and discharge.
- Acted as patient advocate and implemented total patient care through team nursing process.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Administered medications, tracked dosages and documented patient conditions.
- Oversaw patient admission and discharge processes to coordinate related paperwork.
- Developed and adapted individualized treatment plans according to patient recovery goals.
- Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.
- Assessed patients' response to treatment and suggested ways to combat side effects.
- Monitored and managed various treatment and care interventions.
- Updated physicians on patient test results and assisted in developing

care plans.

- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Improved patient outcomes and quality of care by determining and suggesting changes to processes.

RN

Coast Medical Services | Los Angeles, Ca | December 2017 - April 2020

- Travel Nurse Med-Surg, Tele & Post Surgery Patient bedside care.
- Ratio 6 to 1
- Medication administration Infection Prevention Implemented and developed care plans tailored specific to patients needs and disease progression.
- Coordinated and provided input regarding patient's health to Physician's, Case Managers and Social Workers, to ensure consistency of the patient's plan of care and discharge plans to promote recovery.
- Trech, foley, g tube, central line, ect.
- Drain and line insertion, care and removal.
- Promoted a therapeutic environment to ensure patients are treated in a professional, ethical and tactful manner, as well as respects patients' rights and confidentiality.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Acted as patient advocate and implemented total patient care through team nursing process.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Administered medications, tracked dosages and documented patient conditions.
- Coordinated and managed care for patients undergoing myocardial infarction screening and anticoagulation therapies.

Piedmont Fayette Hospital Fayetteville | August 2016 - October 2017

- Med-Surg unit Patient bedside care.
- 6 to 1 ratio Admissions and discharge in defined time frame Perform total assessments (physical, emotional and psychological) Develop and implement effective care plans tailored to each patient addressed to identify patient's needs.
- Care for and use the appropriate interventions to prevent the spread of infection Effective communication with MD and other health care providers Peritoneal Dialysis at the bedside Chest tube care (pleural Evac) Telemetry monitoring Tracheostomy care Enterostomal, Gastrointestinal, and Integumentary Care Medical administration (IV, IM, Sub Q and PO) Post-operative/ post-procedural care Blood administration Central line care (dressing changes) as well as CLABSI prevention Foley care- CAUTI package.
- Continuous bladder irrigation (Murphy drip) PCA pump managing Proper use of restraints NG tube and Dobhoff insertion Wound care and dressing changes, Wound vac monitoring and troubleshooting Float nurse to Ortho, MAU and critical care unit.

CERTIFICATIONS

CPR; BLS Certification; ACLS Certification

REFERENCES

REFERENCES Maxine Wheeler, Charge nurse, BSN, RN Piedmont Fayette Hospital 1255 Highway 54 West, Fayetteville, GA 30214 (678) 588-3555 maxine.wheeler@piedmont.org Brenda Howard, RN Piedmont Fayette Hospital 1255 Highway 54 West, Fayetteville, GA 30214 (678) 595-7073 Brenda.howard@piedmont.org Mary Chacko, Charge nurse, RN Marina Del Rey Hospital 4650 Lincoln Blvd., Marina Del Ray, Ca 90292 (310) 800-0963 march271@yahoo.com Miles Bennett, Agent Coast Medical Service 9560 Pico Blvd., Los Angeles Ca 90035 (213) 674-0667 miles@coastmedicals.com Sharon Marino, RN/Director Cutting Edge Surgical Institute 23164 Ventura Blvd., Woodland Hills Ca 91364 (714) 722-1854 SharonM@fixmyfoot.com

ADDITIONAL INFORMATION

- Georgia State Registered Nurse License, 2016 California State Nursing License, 2017