

# Tamar Duquette

Windsor, CT 06095

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Hard-working student nurse with three semesters of clinical experience. Proven skills in triaging patients, taking vital signs, problem solving, and assisting with patient mobility and daily skills. Excellent interpersonal skills and a dedicated worker with a sense of purpose. Fully committed to following directions and regulations. Passion for learning within a dynamic healthcare environment specialized in the Operating Room and will possess a BSN in Nursing in Spring 2022.

Authorized to work in the US for any employer

## Work Experience

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### **Patient Care Associate (PCA)**

Hartford Hospital - Hartford, CT

October 2020 to Present

### **Merchandise & Inventory Associate**

Best Buy - West Simsbury, CT

2016 to Present

### **Student Nurse**

Hartford Hospital - Hartford, CT

September 2019 to November 2019

- Labor/Delivery/Postpartum
- Admitted patients in labor. Performed fetal monitoring to evaluate accelerations and decelerations in the heart rhythm. Maintained patient comfort during labor and prepared patients for cesarean sections. Completed activity, pulse, grimace, appearance, and respirations (APGAR) assessments of new babies. Educated new mothers in proper breastfeeding techniques. Administered postpartum medications and vitamin K and erythromycin ointment to babies. Performed and demonstrated baby baths to new mothers.

### **Student Nurse**

Annie Fisher Montessori Magnet School - Hartford, CT

September 2019 to November 2019

- Pediatrics
- Admitted students in the nurse's office and provided acute care, medication administration, and infection control. Performed vital signs and conducted physical assessments such as lice checks. Provided quality care to students with communicable illness, first aid needs, diabetes, and behavioral health issues.

### **Student Nurse**

Silver Springs Care Center - Meriden, CT

March 2019 to May 2019

Long-term care

- Skills learned: Service and Foundations of Nursing
- Performed all functions related to daily living (ADL) activities in a long-term geriatric care center such as feeding and bathing. Conducted physical assessments and helped with total parenteral (TPN) feedings. Learned the function of thermometers, stethoscope, and glucometers.

## Education

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### **Bachelor's degree in Nursing**

University of Saint Joseph

June 2018 to Present

## Skills

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- Medication administration
- Pediatrics
- Behavioral health
- Hospital experience
- Banquet experience
- Triage
- Nursing
- Infection control
- First aid
- Vital signs
- ADLs
- Acute care
- Patient monitoring
- Merchandising

## Certifications and Licenses

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### **CPR Certification**

### **BLS Certification**