# Brian West-Pearson

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To obtain a nurse practitioner position at a medical institute and establish high-quality primary medical care to patients by instituting effective evidence base clinical practices and developing a treatment plan for the well-being of patients.

# Work Experience

#### **Nurse Practitioner**

Genesis Treatment Services - Westminster, MD July 2019 to Present

- Perform a comprehensive history and physical examination and /or psychiatric evaluation
- Initiate and manage client care within my scope of practice
- Accurately and timely in coordination and completion of assignments as directed by the Medical Director.

## **Nurse Practitioner**

Right time Medical Center - Towson, MD February 2019 to Present

- Counsel and educate patients and families
- Conduct physical examinations and obtain medical histories
- Prescribe drugs for acute and chronic illnesses
- Order, perform, and interpret lab tests, x-rays, EKGs, and other diagnostic studies
- Diagnose, treat, and manage acute illnesses
- Provide preventive care, including screening and immunizations

# **Nurse Practitioner**

Tuerk House Stabilization Center May 2018 to Present

• Supervisor plan and supervises the provision of nursing services to consumers of the Baltimore City Opioid Treatment Program

- · Provide direct care to patients with complex medical and mental health problems
- Monitors consumers on psychotropic medication for side effect reactions

• Performs physical examinations and diagnostic procedures to assess the health status of clients who come to the clinic

• Records physical findings develops care plan, initiates treatment, formulates prognosis, prescribes medications according to regulation and practice agreement and manages a variety of acute health problems

Assess need for menta health and /or substance abuse counseling

# **Nurse Practitioner**

Lifeline Urgent Care September 2017 to March 2021 • Treat and managed and provided disposition of acute injuries and medical conditions

• Knowledge in handling urgent care procedures, including but not limited to, sprains strains, abscess drainage, foreign body removal, splinting, casting, suturing, staples, and lacerations etc.

- Treat walk-in patients who seek treatment for a wide variety of non-life-threatening illness and injuries.
- Administer both primary and specialty care to both adults and children
- Manage multiple cases simultaneously, prioritizing needs continually
- Work at maximum efficiency without compromising quality of care

#### **Nurse Practitioner**

Genesis Treatment Services - Baltimore, MD November 2019 to February 2021

- Identify co-morbidity to develop plan of treatment to follow up during treatment episodes
- Maintain client confidentially pursuant to Federal, State and HIPAA regulations
- Conduct training and client training as requested
- Performing comprehensive history and physical examination and/or psychiatric evaluation

#### **Nurse Practitioner**

University of Maryland Faculty Physicians, INC April 2018 to November 2019

• Performing physical examination and preventive health measures; ordering, interpreting, and evaluating diagnostic tests

• Recording physical findings and formulating plans and prognosis, based on the patient's on acute and chronic illnesses accordingly

- Prescribing or recommending medication or other forms of treatment
- Assist the psychiatrist and psychologist in evaluating the condition of patients and planning the best treatment option
- Perform minor procedures when necessary in emergency situations
- Administer both primary and specialty care to both adults and children
- Manage multiple cases simultaneously, prioritizing needs continually
- Work at maximum efficiency without compromising quality of care

#### **Nurse Practitioner**

Lifeline Urgent Care November 2017 to August 2019

• Provide comprehensive diagnosis, treatment, and ongoing care for patients with the full spectrum of sleep disorder

• Develop a team approach with patients establishing "patient driven" goals with emphasis placed on the highest quality of care and patient satisfaction

• Duties include but are not limited to performing follow up consultations for existing patients with sleep related issues, charting, authorizing medication and DME prescriptions and refill requests, and providing assistance to and working under the Medical Director

• Initial ordering of tests and studies (including but not limited to polysomnography, multiple sleep latency testing) and evaluation of the results to the degree that a plan of action can be formulated

#### Administrative Coordinator/House Director

BON SECOURS BALTIMORE HOSPITAL February 2012 to 2018 • Responsible for ensuring that the healthcare environment for patients, staff, and visitors is safe and that patients get high-quality medical care.

• Facilitate collection of vital patient data for patient care initiatives

• Coordinate initiatives that ensure patient and family satisfaction through prompt response to concerns and / or crisis.

• Facilitate procedures that concern the developmental and educational progress of clinical staff and students and help with performance evaluations of staff and PRN/Flex staff as requested by the departmental Nursing Director

• Responsible for the provision of the appropriate number of qualified staff consistent with patient acuity and census with sound fiscal judgment in collaboration with the disciplinary team.

• Provide oversight and guidance to employees outside the Department of Patient Care Services in the absence of their Department Manager.

# Lead Partner Emergency Room and ICU

BON SECOURS BALTIMORE HOSPITAL - Baltimore, MD February 2012 to 2017

• Facilitate safe and effective age-specific care to patients exhibiting disease processes of high acuity and provide post-mortem care.

• Administration of approved therapeutic or diagnostic procedures relative to patient medical condition utilizing evidence-based practice skills in the performance of the nursing process

• Responsible for the evaluation of patient medical conditions to assess the need to continue or modify the current plan of care to meet the healthcare needs of the patients.

# Director of QA/IC/Employee Health Nurse/Education/Nursing

FAYETTE HEALTH AND REHABILITATION CENTER - Baltimore, MD March 2010 to November 2011

• Was responsible for the leadership and oversight of LPN and CNA staff assigned to a sub-acute care unit

• Ensured that the proper documentation of patient care processes and procedures related to the assigned patient census was implemented.

• Collaborated with physicians and physician assistants regarding the plans of care for the various patients

• Familiarized comprehensively with appropriate documentation protocols related to Medicare and Medicaid billing

• Acted as a patient liaison for patients at risk of various age-related barriers to continuation of care

• Facilitated key systems to ensure the effective and efficient day to day operation of the department of nursing and oversaw the creation and implementation of a new program development with a focus on managerial skill-based training

• Collaborated with other members of the interdisciplinary care team in the development of strategic plans, need assessment program, program implementation, ongoing evaluations, and result analysis

# **Clinical Supervisor/emergency Room RN**

MARYLAND GENERAL HOSPITAL - Baltimore, MD 2007 to 2011

• Was responsible for the triage of patient complaints and assigned appropriate triage acuity levels

Provided clinical oversight in caring for multiple complex patients simultaneously as well as auditing of clinical documentation and relevant data for every patient as appropriate to acuity of illness or injury
Proficient in the use of acuity appropriate assessment techniques and criteria that are pertinent to the patient's age-specific physical, psychological, and social needs

• Proficient in the performance of focused and systemic assessment of patients and the identification of appropriate nursing diagnoses/potential complications based on signs and symptoms recognized during a focused, systematic assessment.

# Education

# Master's in nursing

WALDEN UNIVERSITY

## **Master's in Public Administration**

WILMINGTON UNIVERSITY

## **Bachelor of Science in Nursing**

WILMINGTON UNIVERSITY

#### **Bachelor of Science in Human Resources Management**

WILMINGTON UNIVERSITY

#### Skills

- Ability to determine and implement appropriate nurse to patient staffing ratios as well create and oversee a highly skilled and multi-disciplinary nursing team that covers skilled Rehabilitation, Emergency Room, Medical Surgical, Telemetry and ICU departments.
- I possess the skills to initiate programs that improve HCAHPS scores through the development of effective customer service and patient engagement agendas.
- I can interpret regulations by OSHA and CHDP standards, implement them, as well as supervise teams to ensure they are adhered to.
- Investigates health problems or health needs by gathering and assessing historical information.
- Performs a physical examination appropriate to the patient's history
- Diagnoses health problems based on interpretation of the patient's history, physical exam findings and diagnostic test results
- Develops treatment plan tailored to the patient's needs, which includes health education, pharmacologic and non-pharmacologic treatment
- Prescribes medications as appropriate and makes referrals for specialty evaluation or treatment
- Directs and coordinates the provision of health care services for patients in primary care, i.e. walk-in patients.

# Certifications and Licenses

# **Certified Nurse Practitioner**

**BLS Certification**