

## MEGHAN JAHNSEN

(916) 880-8281 | [meghan.jahnsen@gmail.com](mailto:meghan.jahnsen@gmail.com)

### SUMMARY OF EXPERIENCE

Licensed Registered Nurse accomplished in providing world-class patient care, collaborating with multi-disciplinary teams, employing compassion in patient care, and effectively recording patient documentation. Strong technical and clinical skills combined with the ability to evaluate patient needs. Promotes a positive work environment, facilitates solutions, and advocates for helping others.

### SKILLS

- Quality Patient Care Management
- ER & Acute Care Settings
- Patient Assessments & Treatment Plans
- Administering Medication & Injections
- Recording Vital Signs & Telemetry
- Nursing Excellence & Optimum Patient Care
- Patient/Family Education & Privacy
- Document Care & Discharge Planning
- Technical & Procedural Skills
- BLS, ACLS and CPR Certifications

### PROFESSIONAL EXPERIENCE

#### **SONO BELLO: National Leader in Laser Liposuction & Body Contouring**

Sacramento, CA

*Lead Licensed Registered Nurse*

2020 – Present

- Handle pre-operative, intra-operative, and post-operative patient assessments in surgery suite
- Record observations of the patient's condition; Complete evaluations, review medications and vital signs
- Provide wound care and chart healing progress; Report complications to surgeon and management
- Clinical judgements regarding wound assessments including site of infection, bleeding, and proper healing
- Monitor healing after liposuction, preventing infections, draining seromas, preventing hematomas, sterile set-up for surgeries including mini-abdominoplasty and basic liposuction; Setting up and breaking down operating rooms
- Responsible for quality control of charting, patient experience, and problem-solving in real time
- In operating room with surgeon to maintain understanding of the entire patient experience
- Scheduling appointments, handling administration paperwork, monitoring staff and LVN lunches, scheduling shifts
- Serving as temporary Clinical Manager in addition to other duties

#### **AVEANNA HEALTHCARE: Leading Homecare Services**

San Antonio, TX

*Licensed Vocational Nurse*

2019 – 2020

- Delivery and coordination of quality patient care in compliance with physician orders
- Assessed and observed patient condition, care needs, and reported changes in condition
- Participated, implemented, and updated the nursing care plan
- Took appropriate nursing action based on assessment and achieved expected outcomes
- Recognized changes in patient needs and responses requiring intervention and implemented care to reduce risk
- Provided direct patient care, implemented plan of care, and recorded accurate and timely documentation
- Provided care utilizing infection control measures to protect both staff and patient according to OSHA standards
- Assessed and provided patient and family/caregiver education pertinent to the diagnosis and plan of care
- Prepared and coordinated clinical notes and progress reports

#### **AUBURN OAKS CARE CENTER: Short-Term Rehabilitation and Skilled Nursing Home**

Auburn, CA

*Licensed Vocational Nurse, Post-Acute Unit*

2017 – 2018

- Supervised Certified Nursing Assistants during shift including assigning and distributing work, performance management, training new staff, and ensured work was being performed according to facility standards
- Monitored patient care to ensure care plans and physician's orders were followed by conducting rounds
- Reviewed documents and changes in condition; Contacted physician or family members as required
- Accurately administered medication and treatments to patients according to physician's plan
- Communicated pertinent patient and staffing information to on-coming nursing shift
- Immediately reported any resident abuse or neglect to the Ombudsman and Director of Nursing

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### LICENSE & CERTIFICATIONS

Registered Nurse License  
Basic Life Support (BLS Certification), American Heart Association  
Cardiopulmonary Resuscitation (CPR)  
ACLS Certification

### EDUCATION

#### GALEN COLLEGE OF NURSING

Licensed Registered Nurse – Texas

San Antonio, TX  
2020

#### NORTHEAST METHODIST HOSPITAL

Emergency Room Clinicals

Live Oak, TX

#### UNITEK COLLEGE LVN

Licensed Vocational Nurse – Texas and California

Bakersfield, CA  
2017