

Heather De Prez

Georgetown, TX

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Loyal, compassionate, and hardworking Registered Nurse with 7+ years experience in healthcare. Background in exceptional care with a desire to advocate for disadvantaged populations. A reputation for recognizing and fostering the dignity and value of each patient. Providing emotional support and guidance while collaborating with interprofessional teams and families to provide holistic, culturally and developmentally appropriate care.

Work Experience

Facility/ Employer

Williamson Surgery Center - Round Rock, TX

May 2021 to Present

- Taking on the role as Pre Operative/ Post Operative/ and Pre Admission Registered Nurse.
- Assessing and monitoring patients straight out of anesthesia.
- Educating patients about postoperative care instructions.
- Proficient at paper charting.
- Maintained complete confidentiality with respect to every patient's medical record and history.
- Coordinated the patients discharge arrangements in accordance with the hospital policy
- Certified in administering and monitoring moderate sedation for procedures.
- Proficient in Scan Chart program, Simple Admit program, and Advantix

Facility/ Employer

St. David Surgical Hospital - Round Rock, TX

October 2019 to May 2021

- Taking on the role as Pre Operative/ Post Operative Registered Nurse.
- Assessing and monitoring patients straight out of anesthesia.
- Educating patients about postoperative care instructions.
- Proficient at Meditech charting system.
- Maintained complete confidentiality with respect to every patient's medical record and history.
- Coordinated the patients discharge arrangements in accordance with the hospital policy
- Certified in administering and monitoring moderate sedation for procedures.

Facility/Employer

Baylor Scott & White Pflugerville Medical Center

September 2018 to October 2019

- Taking on the role as Charge Nurse and House Supervisor.
- Leading and educating the unit in daily huddle.
- Performing daily assessments, monitoring, collaboration with healthcare team, and interventions to promote healing.
- Successfully monitored and provide care for ICU patients with 2:1 ratio.

- Proficient at EPIC charting system.
- Maintained complete confidentiality with respect to every patient's medical record and history.
- Coordinated the patients discharge arrangements in accordance with the hospital policy

Facility/Employer

St. David Georgetown Medical Center - Georgetown, TX

November 2016 to September 2018

- Provide direct quality care to patients up to a 6:1 ratio.
- Performing daily assessments, monitoring, collaboration with healthcare team, and interventions to promote healing.
- Successfully monitored and provide care for women who have had DIEP (Deep Inferior Epigastric Perforator) flap breast reconstruction surgery with 1:1 ratio.
- Maintained complete confidentiality with respect to every patient's medical record and history.
- Coordinated the patients discharge arrangements in accordance with the hospital policy

Facility/Employer

St. David South Austin Medical Center - Austin, TX

April 2016 to November 2016

- Provided exceptional care to patients on the orthopedic/ neurology trauma unit with a 6:1 ratio.
- Maintained a record for zero stroke education fallouts over a year period.
- Assessed stroke patients with NIH scale upon admission and discharge.
- Educating patients and family members on signs and symptoms of stroke upon admission and discharge.
- Encouraging patient involvement in care and providing help with activities of daily living.
- Working as a team with our Patient Care Techs to provide baths and linen changes.

Children's Hospital of Orange County - Orange, CA

December 2013 to February 2016

- Transition from Certified Nursing Assistant to Registered Nurse.
- Providing care to pediatric population on the medical/ surgical unit with a 4:1 ratio
- Assessing children for possible physical/emotional abuse, dispensing medications and monitoring.
- Being apart of a excellent nursing team that is recognized by their designation as a Magnet hospital.
- Working with Child Life to provide a calm, trustworthy environment from newborns to early adulthood.
- Providing patient and family education on the illness.

Education

Master of Science in Nursing

University of Texas at Arlington - Arlington, TX

September 2017 to September 2021

Bachelor of Science in Nursing

West Coast University - Anaheim, CA

June 2011 to August 2014

Certifications and Licenses

PALS Certification

CNA

Certified Nurse Practitioner

BLS Certification

RN

ACLS Certification

AHA Certification