

# Rochelle Fried

## **REGISTERED NURSE, BSN**

Fontana, CA

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+1 909 583 7179

I'm a self-motivated, hardworking, responsible professional with a proven ability to work well and adapt in any environment. My Goal is to work as a Registered Nurse in a facility where patient care is a top priority and where I can use my skills and education to assist in the overall objective of the company.

Authorized to work in the US for any employer

## Work Experience

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### **Surgical Technologist**

Kaiser Permanente - Fontana, CA

June 2015 to Present

General/laparoscopic surgery, obstetrics and gynecological, vascular, orthopedic, ears, nose and throat, GI lab

- Obtaining supplies needed for each case, operating room preparation, back table set-up, proper sterile technique
- Patient positioning, passing instruments, circulating skills, operating room housekeeping
- Sterile Processing Department- assemble instrument trays together
- Replenish supplies and make sure each operating room is equipped with the proper equipment.
- Input OR charges and stats while answering the phone.

### **Surgical Technologist**

Victor Valley Global Medical Center

January 2013 to June 2015

General/laparoscopic surgery, obstetrics and gynecological, vascular, orthopedic, ears, nose and throat, GI lab

- Obtaining supplies needed for each case, operating room preparation, back table set-up, proper sterile technique
- Patient positioning, passing instruments, circulating skills, operating room housekeeping
- Sterile Processing Department- assemble instrument trays together
- Replenish supplies and make sure each operating room is equipped with the proper equipment.
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## Education

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### **Bachelor's degree in Nursing**

West Coast University-Ontario - Ontario, CA

April 2019 to August 2021

## **Associates of Occupational Science in Technology Graduate**

AMERICAN CAREER COLLEGE - Ontario, CA

March 2011 to October 2012

### Skills

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- Aseptic Technique
- Hospital Experience
- Patient Care
- Medical Terminology
- Anatomy Knowledge
- Nursing
- Medical Office Experience

### Certifications and Licenses

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#### **Registered Nurse (RN)**

December 2021 to June 2023

### Assessments

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#### **Work style: Reliability — Highly Proficient**

December 2021

Tendency to be reliable, dependable, and act with integrity at work

Full results: [Highly Proficient](#)

#### **Medical terminology — Proficient**

January 2022

Understanding and using medical terminology

Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

### Additional Information

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03/2011 - 10/2012

AMERICAN CAREER COLLEGE, Ontario, CA

Associates of Occupational Science- Surgical Technology Graduate

Clinical Experience - 558 cases completed / 819 hours completed

Victor Valley Community Hospital