**PROFESSIONAL EXPERIENCE**

**Restorative Hormone Therapy**, Austin, Texas 2018 to Present

**Nurse Hormone Specialist**

* Develop and maintain SOP, clinic protocols, policy, and procedure guidelines
* Order compounding prescriptions and office use medications; refill as needed and prescribed
* Perform sterile bio-identical hormone pellet implantation for all genders
* Provide emotional, and spiritual support to patients
* Administer intravenous vitamins, minerals, and amino acids, as well as injections such as B12, Glutathione, Vitamin Order and schedule blood work, retrieve results and follow-up as necessary
* Adhere to Occupational Safety and Health Administration (OSHA), Good Clinical Practices (GCP), Good Laboratory Practices (GLP), and infection control procedure

**Sacred Heart Community Clinic**, Round Rock, TX 2017 to 2018

**Volunteer Registered Nurse/ Staff Registered Nurse**

* Triage walk in patients based on level of acuity in high-volume walk-in free community clinic
* Delivered high-quality and compassionate care to indigent and low-income patients
* Responsible for the day-to-day clinic management to ensure smooth patient flow and daily clinical operations
* Coordinated daily administrative duties, including schedules, nursing assignments, and patient care.
* Handled patient appointments, referrals, and follow-up care
* Mentored and trained new volunteers and student nurses on clinic policies and standard of care
* Dispensed medication based of Physician orders
* Performed wound care post amputation to promote healing and recovery
* Administered immunizations, injections, medications according to M.D. orders

**LOTUS Gynecology Wellness & Health**, Austin, TX. 2015 to 2016

**Registered Nurse**

* Managed the daily flow of patients through the office including greeting patients, preparing patients for examination, screening for information, and giving instruction on collection of samples and tests if applicable
* Performed sterile implantation of pellet bio-identical hormone therapy for up to 20 patients per day
* Developed educational materials on preventive health measures (annual screening) for health promotion
* Implemented new safety protocols for monthly autoclave maintenance and temperature monitoring log
* Proactively utilized patient centered care approach utilizing evidence-based practices (EBP), and process improvement for patient outcomes
* Educated patients on hormone therapy, contraceptives, and safe sex practices as prescribed to ensure safety

**LOTUS OBGYN /Infinity Clinical Trials Consulting,** Austin, TX 2012 to 2016

**Study Coordinator/Clinical Research Nurse**

* Educated and trained Principal Investigator and research team on Clinical Research protocol requirements
* Develop study specific materials for research participant education
* Facilitate the initial and ongoing informed consent process for study subjects
* Screened PI patient electronic database for potential subjects for eligibility using protocol specific inclusion and exclusion criteria, documenting each study subject eligibility or exclusion
* Comply with International Conference on Harmonization (ICH) Good Clinical Practice guideline
* Collaborate with the interdisciplinary team to create and communicate a plan of care that allows for safe and effective collection of clinical research data
* Performed study procedures such as vital signs, pregnancy tests, height, weight, ECG's, blood draw
* Collected, processed, and shipped time sensitive lab specimens according to pharmaceutical study protocol
* Monitored source documents and case report forms for completion and accuracy to ensure quality assurance
* Responsible for accurate and timely data collection, documentation, entry, and reporting.

**Hormone Wellness Center,** Austin, TX 2014 to 2015

**Registered Nurse**

* Performed minimally invasive sterile bioidentical hormone pellet implant therapy for men and women
* Provided post procedure education on wound care, and infection control
* Administered injectable treatments for facial wrinkles and volumizing using dermal fillers such as Radiesse, Juvederm, Restylane, Voluma, Botox
* Notified physician of critical lab or diagnostic results
* Counseled patients on the importance of maintaining healthy lifestyle with proper nutrition and exercise
* Monitored and educated student externs and performed internship clinical reviews

**EDUCATION**

**Bachelor of Science, Nursing**, Western Governors University (2017)

*February 2017 Bachelor of Science: Nursing Western Governors University*

**Associate of Applied Science,** Alvin Community College (2014)

*Registered Nurse license (# 857357)*

**Licensed Vocational Nurse***, Alvin Commu8ni56ty College, (2013)*

**AFFILIATIONS & COMMUNITY INVOLVEMENT**

*Member of the following Professional Organizations:*

* Age Management Medicine Group (AAMMG
* National Nurses in Business Association (NNBA)
* American Holistic Nurses Association (AHNA)
* National Nurses in Business Association (NNBA)
* American Holistic Nurses Association (AHNA)
* Carnitas WCSI (Watson Caring Science Institute
* World Professional Association for Transgender Health (WPATH)
* The American Academy of Anti-Aging Medicine, (A4M)

Volunteer Nurse for Mission Possible Summer Camp Nikos 2016, 2018

**ACHIEVEMENTS**

* Honors Program Microbiology 2011
* Phi Theta Kappa Honors Society, Mu Upsilon Chapter, 2011
* Presidential GOLD Volunteer Award 2017