

Bilitis Mamiafo Fouedjeu

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Objective

Seeking rewarding role within healthcare system duties within a long-term assisted facility.

Professional Profile

Hardworking recent graduated register nurse seeking a role in a medical surgery unit. Healthcare professional with five years of experience working in providing care to elderly and Childs in their house. compassionate, well organized, and forward thinking in managing client needs.

Education

Bachelor of science in nursing, Stratford university, falls church, Virginia – (2021)

Master of Science in Healthcare Administration, Stratford University, Falls Church, Virginia - (2018)

Home Health Aide Certification, Nationwide Institute -Washington, DC- (2016)

Master of Science in General Medicine, Novgorod State University - Novgorod, Russia - (2013)

Work Experience

Deanwood Rehab and Wellness Center

5000 Nannie Helen Burroughs Ave NE, Washington, DC 20019

Register nurse January 2021-present

- Observe and record patient behavior
- Perform physical examinations and diagnostic tests
- Collect patient health history
- Counsel and educate patients and their families on treatment plans
- Administer medication, change wound dressings and care for other treatment options
- Read and interpret patient information, making treatment decisions when appropriate
- Perform tracheostomy care

Clinical Experience

Virginia Hospital Center

1701 N George Mason Dr, Arlington, VA 22205

Student nurse January 2020– April 2020

- Provided care and assisted with creation of plan of care in general 38-bed inpatient ward.
- Collected patient information and communicated results to preceptor.
- Used collected data to assist preceptor in creating plan of care.
- Established track record for efficiency, completing assigned tasks 10% ahead of schedule with 90%+ accuracy as judged by preceptor.
- Performed medical procedures including IV insertion, intradermal injections, blood pressure assessments, and wound care.

Inova Alexandria Hospital

4320 Seminary Rd, Alexandria, VA 22304

Student nurse May 2020-July 2020

- Performed patient care and patient education duties on a busy general care ward with 22 active beds. Commended 3x by preceptor for time management.
- Assessed and helped create plan-of-care for up to 10 patients per shift. Consistently evaluated by preceptor at 93% for wound dressing.
- Assisted with patient nutrition and elimination needs. Implemented low-salt, low-fat, and other diets for 100+ kidney, diabetes, and other patients.
- Maintained and updated 500+ patient records with both Cerner and Meditech EHR systems.
- Assisted with patient mobility, achieving a 15% lower rate of bedsores in my patients than the average for the ward.

Home Health Aide

Meiger Health care service, DC, January 2018 to January 2021

- Monitor patient condition by observing physical and mental condition, intake and output, and exercise.
- Support patients by providing housekeeping and laundry services; shopping for food and other household requirements; preparing and serving meals and snacks; running errands.
- Assists patients by providing personal services, such as, bathing, dressing, and grooming.
- Help patients care for themselves by teaching use of cane or walker, special utensils to eat, special techniques and equipment for personal hygiene.

- Help family members care for the patient by teaching appropriate ways to lift, turn, and re-position the patient, advising on nutrition, cleanliness, and housekeeping.

Office Assistant

Center for African Community Studies and Development, MD, Nov 2015 to 2017.

- Schedule and plan meetings and appointments.
- Creating, maintaining, and entering information into databases.
- Coordinating events as necessary.
- Communicate new policies and other changes with employees.
- Financial management of the facility
- Create work schedules for staff members

Nurse Assistant

General hospital of Veliky Novgorod, Russia, December 2010 to 2013

- Provided patients' support with personal hygiene by giving bedpans, urinals, baths, backrubs, shampoos, and shaves; assisting with travel to the bathroom; helping with showers and baths.
- Provided for activities of daily living by assisting with serving meals, feeding patients as necessary; ambulating, turning, and positioning patients; providing fresh water and nourishment between meals.
- Provided adjunct care by administering enemas, douches, nonsterile dressings, surgical preps, ice packs, heat treatments, sitz and therapeutic baths, applying restraints.
- Maintained patient stability by checking vital signs and weight; testing urine; recording intake and output information.

Nurse assistant

General Hospital of Douala, Cameroon, January 2010 to November 2010

- Feed, bathe, and dress patients.
- Took patient vital signs.
- Served meals, make beds, and keep rooms clean.
- Set up medical equipment and assist with some medical procedures.
- Answered calls for help and observe changes in a patient's condition or behavior.

Skills

- Critical thinking
- Bedside monitoring
- Symptom assessment
- Documentation

- Medicine Administration
- Wound Dressing
- Patient Education
- Budgeting
- Patient Transport
- Electronic Health Records (EHR)
- Creating Plan of Care
- Time Management
- Attention to Detail
- Active Listening
- Compassion
- Problem Solving
- Teamwork
- Interpersonal Skills
- Communication
- Trilingual in English, French, and Russian
- Computer skills in MS Office, Email, social media, and Internet Research