

# Adama Dean

Alexandria, VA 22304

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Nurse seeking to obtain a position which allows me to maintain the high-quality standards of nursing care and practice to promote and support the philosophy, mission and value of the company. 2 years Extensive clinical experience. Detailed oriented and organized, excellent written and communication skills. Self-motivated and thrive on challenge while performing efficiently in a fast-paced environment. Excellent team player with the innate ability to perform calmly in high tension positions. Fluent in Swedish.

Authorized to work in the US for any employer

## Work Experience

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### **RN**

Inova Alexandria Hospital

June 2019 to Present

Responsible for overseeing each patient's overall health and medical histories. By taking a patient's entire history into account.

-Ensure that each individual receives the best care possible.

-Also responsible for advanced activities such as starting intravenous infusions, administering oxygen, monitoring blood sugar levels and consulting with the supervising physicians.

### **RN**

Inova Alexandria Hospital

2019 to Present

-Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications.

---Reports adverse reactions to medications or treatments in accordance with the policy regarding the administration of medications by a licensed registered nurse.

- Monitors and adjusts specialized equipment used on patients and interprets and records electronic displays.

- Provides bedside care for a wide variety of medical patients, including pre- and post surgery patients. --

Initiates patient education plan, as prescribed by physician. Teaches patients and significant others how to manage their illness/injury, by explaining: post-treatment home care needs.

- Changes dressings, inserts catheters, starts IVs, phlebotomy

-Prepares equipment and aids physician during examination and treatment of patient.

- Responds to life-saving situations based upon nursing standards and protocol.

-Participates in discharge planning.

-Records all care information concisely, accurately and completely, in a timely manner.

### **Registered Nurse**

Inova Alexandria Hospital

April 2019 to June 2019

Direct Support Professional

Expertly perform routine procedures such as blood glucose monitoring, various specimen collections, prepare patients for examinations. Assisted in ADL's while ensuring safety of the patient. Attentively monitor and record patients' behaviors and conditions according to policy and procedure to provide an accurate patient record while exercising the utmost confidentiality.

January 2016-August 2019

#### LICENSURES & CERTIFICATIONS

- Registered Nurse- license number 0001285874
- Life Support (BLS) certified by American Heart Association

## Education

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### **Bachelor of Science in Nursing**

CHAMBERLAIN UNIVERSITY

May 2016 to December 2018

### **Associates of Science Degree**

Northern Virginia Community College

August 2013 to May 2015

## Skills

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- Nursing
- Hospital Experience
- Vital Signs
- Medical Records
- EMR Systems
- Medication Administration

## Certifications and Licenses

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### **RN**

### **BLS Certification**