Stephanie Garrett-Rodgers

Registered Nurse, Acute Care

Patrick Springs, VA 24133 stefigarrett@gmail.com +1 276 732 3892

Work Experience

Registered Nurse, Acute Care

Cirrus Medical Staffing - South Hill, VA May 2018 to May 2019

Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.

Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.

Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom re-occurrence.

Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.

Provided direct patient care, stabilized patients and determined next course of action.

Registered Nurse

Cardiac Observation Unit - Martinsville, VA January 2016 to January 2018

Scheduled patient admissions and discharges.

Performed monthly inventory and maintained office and medical supply counts.

Monitored fluid intake and output levels.

Followed infection control procedures.

Trained new staff on quality control procedures.

Ensured efficacy of treatments through monitoring of treatment regimens.

Participated in unit-based Quality Assurance Program.

Coordinated Quality Improvement Activities (QIA's) to identify performance areas for improvement.

Emergency Department Nurse

Cardiac Catheterization - Martinsville, VA May 2010 to January 2015

Assessed need for, ordered, obtained and interpreted appropriate lab tests.

Charge nurse in emergency department and cardiac catheterization lab.

Oversaw and managed clinical and support staff in patient care activities while maintaining a high level of staff morale and professionalism.

Pharmacological and non-pharmacological management and treatment of various disorders and diseases.

Self-directed with astute judgment skills. High level of personal accountability.

Effective counseling in health maintenance and disease management.

Liaised between patients and physicians to ensure patient comprehension of treatment plans.

Registered Nurse

Cirrus Medical Staffing March 2008 to April 2010

Multiple Locations throughout Southeast United States

Worked in multiple areas of nursing including emergency departments, telemetry/medical/surgical floors, critical care units and all aspects of labor and delivery

Worked at hospitals in Richmond, Virginia, Roanoke Rapids, North Carolina, Greensboro, North Carolina and Fort Bragg, North Carolina

Assessed need for, ordered, obtained and interpreted appropriate lab tests.

Chronic patient care in medical-surgical unit while working at Ft. Bragg, adeptly handling all aspects of treatment from medication to wound care while monitoring for 4-6 patients per shift.

Emergency Department Registered Nurse

Memorial Hospital of Martinsville and Henry County - Martinsville, VA May 2006 to March 2008

Routinely retracted patient throat cultures and prepared for lab submission.

Collected blood, tissue and other laboratory specimens and prepared them for lab testing.

Performed pregnancy tests and sent specimens for laboratory testing.

Measured urine and delivered specimens to lab.

Followed infection control procedures.

Ensured efficacy of treatments through monitoring of treatment regimens.

Performed basic physical assessments of patients of all ages.

Ensured proper care for victims of domestic violence who presented to the emergency department.

R

Education

Bachelor of Science in Nursing

Radford University Waldron School of Nursing - Radford, VA 2016

certification

University of Virginia and New College Institute 2007

Associate of Science in Nursing

Patrick Henry Community College - Martinsville, VA 2006

Radford Higher Leaning Center

Nursing Licenses

RN

BLS, ACLS