**Regina Lewis**

 Longview, TX 75603 ♦ (903) 238‑4132 ♦ rnlewis71@gmail.com

  Professional Summary

Seasoned new nurse grad(2020) with experience as a Licensed Vocational Nurse and a Surgical Technologist. Covid-19 vaccinated. Works effectively within interdisciplinary teams to develop, implement and adjust interventions.

  Skills and Certifications

|  |  |
| --- | --- |
| * Proper catheter insertion/removal
* Pre- and post-operative care
* Patient-focused care
* Tracheostomy care
* Culturally-competent care
* NG tube insertion and removal
* Safe sharps disposal
* Pre-surgical preparation
* Setting up and operating equipment
* Passing surgical instrument
* Suturing
* Specimen collection
 | * Pre- and post-surgical counts
* Medication administration
* Privacy and confidentiality
* Health screening
* BLS certified
* Critical care 3 hours
* IV infusion treatments
* Chemotherapeutic drug administration
* Patient Assessments
* Intravenous therapy
* Decontaminating surgical instruments
 |

  Work History

Preoperative /Surgical Nurse, 10/2021 to Current

Longview Regional Medical Center/ PSC – Longview, TX

* Maintained sterile surgical environment and secured confidential data to protect patients' health and privacy.
* Assisted families by answering questions, supplying general information and providing frequent updates on patient progress.
* Created warm, supportive atmosphere to keep patients feeling safe and comfortable immediately before and after surgery.
* Evaluated patients to detect contraindications before anesthesia or scheduled surgery.
* Communicated medical information and discharge instructions to patients and families to reduce return visits.
* Led teams in driving successful patient outcomes by prioritizing standard of care and best practices.
* Followed all personal and health data procedures to effectively comply with HIPAA laws and prevent information breaches.
* Performed frequent checks on life support equipment and made necessary adjustments to preserve optimal patient conditions.
* Administered medications to patients and monitored response to medications.
* Equipped patients with tools and knowledge needed for speedy and sustained recovery.
* Recorded details regarding therapies to keep patient charts updated.
* Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
* Developed and executed daily goals and care plans for up to surgical patients per day
* Developed and executed daily goals and care plans for surgical patients per day

Chemotherapy Infusion Nurse, 11/2020 to 07/2021

UT HOPE CANCER CENTER – Tyler, TX

* Demonstrated ability to advocate for and strive to protect health, safety, and rights of patient.
* Offered exceptional care and support to individuals recovering from acute incidents and dealing with chronic conditions.
* Implemented interventions, including medication and IV administration, catheter insertion and airway management.
* Monitored patient reactions after administering medications and IV therapies.
* Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
* Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
* Vaccinated patients to protect individuals from measles, pneumonia, influenza and other illnesses of concern.
* Quickly responded to situations impacting safety and security to unit, actualizing crisis prevention interventions to control and de-escalate situations.
* Administered different therapies and medications in line with physician orders and treatment plan.
* Educated family members and caregivers on patient care instructions.
* Followed all personal and health data procedures to effectively comply with HIPAA laws and prevent information breaches.
* Cared for patients in 20-25-bed unit, supporting fellow nurses in delivering outstanding treatment to patients

Surgical Technologist Labor and Delivery, 05/1995 to 02/2021

Christus Good Shepherd – Longview, TX

* Provided scrubbing surgical assistance and support to surgeons during obstetrics and gynecology procedures.
* Used sutures, staples, clips and other tools to close wounds.
* Performed and documented pre-surgery and post-surgery sponge, instrument, and needle count.
* Controlled bleeding during procedures by applying hemostatic clamps, suture ligatures, and electrocautery equipment.
* Collected, prepared, and disposed of medical specimens.
* Anticipated surgeons needs and handed instruments and supplies to surgeons during procedures.
* Created safe operating environments for invasive and non-invasive procedures.
* Created unobstructive operative fields by using retractors, sponges, and suction and irrigating equipment.
* Prepared instruments for terminal sterilization and reset surgical suites for next procedure.
* Operated, adjusted, and monitored diagnostic equipment and other machines used during procedures.
* Protected patients from infection by setting up and managing sterile operating fields.
* Quickly responded to emergency situations during procedures with life-saving aid.
* Gowned and gloved staff to help team prepare for surgeries.
* Kept views unobstructed by retracting, sponging and suctioning surgical sites.
* Applied antiseptics and sterile dressings to cover surgical locations and boost healing.

Licensed Vocational Nurse, 02/2006 to 06/2017

Longview Independent School District – Longview, TX

* Performed health screening for students and faculty by conducting Hearing and Vision Screenings and Scoliosis evaluations.
* Oversaw health services for school of Approximately 700 students and faculty.
* Served as liaison between families, school personnel and other healthcare providers on behalf of students.
* Developed care plans and made referrals as necessary for students with health concerns or injuries.
* Educated family members and caregivers on patient care instructions.
* Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
* Gathered patient data, cleaned wounds and changed catheters as part of comprehensive support.

  Education

Bachelor of Science: Nursing, 05/2020

East Texas Baptist University - Marshall, TX

* Minored in Healthcare Administration

Bachelor's: Healthcare Administration, 05/2020

East Texas Baptist University - Marshall, TX

Associate of Science: Nursing, 2018

Kilgore College - Kilgore, TX

Associate of Arts: Nursing, 2018

Kilgore Jr. College - Kilgore, TX

Licensed Vocational Nursing: Nursing, 12/2001

Kilgore College - Kilgore, TX

Surgical Technology: Surgical Technology, 05/1995

Kilgore College - Kilgore, TX

  Certifications

* Chemotherapy Immunotherapy Certification- February 2021
* Basic Life Support 2021 ( American Heart Association)
* Hazardous Chemical SDS 2017
* Coronavirus (Covid-19) for Nursing Professionals
* Advanced Cardiovascular Life Support (ACLS) (American Heart Association)
* PALS Pediatric Life Support (American Heart Association)

  Can speak some Spanish but not fluent

Can speak and understand some Spanish, but not fluent based on my experience in working in a predominantly Hispanic school at LISD,