

# Alisa Lowell

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I am a driven team player with a desire to be immersed in a thriving and passionate care team; contributing and further developing strong nursing and professional skills, all while providing quality client care as a registered nurse.

Born and raised in the portland area with a passion to explore the mental and emotional aspects of health at an early age. Raised in an athletic family of competitive swimmers, health and fitness became a natural part of daily existence.

With an opportunity to compete collegiately in water polo, I instead pursued my passion in medicine at linfield school of nursing. As a registered nurse, I pride myself in the ability to effectively evaluate, model and convey the value of various treatment options, facilitating the application of value based care.

In my personal time, I continue to pursue my own well-being with attempts to balance work with leisure interests such as running, yoga, bike riding, socializing with family and friends, and watching my children in their endeavors.

## Work Experience

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### **Clinical Nurse Manager**

Signature Home Healthcare - Tigard, OR

August 2020 to January 2022

Home Health Clinical Manager

The Clinical Manager is responsible for ensuring that patient care is coordinated and managed appropriately. The Clinical Manager is responsible for ensuring that care and services are delivered appropriately and for the supervision of clinical personnel. Extensive Oasis and work flow review. Prefer qualified candidate to have HomeCare HomeBase EMR experience. The Clinical Manager will be dedicated to the Mission, Values and Care Commitments of Signature Healthcare at Home and embrace and demonstrate our mission: "To Enhance The Life Of Every Person We Serve."

- performs clinical supervision of patient care consistent with scientific principals and agency policy and procedures.
- Responsible for the supervision and delegation of appropriate clinical staff and the maintenance of quality of patient care under federal, state and local regulations and accreditation standards.
- Responsible for the supervision of clinical staff and the maintenance of compliant clinical documentation under federal, state and local regulations and accreditation standards.
- Hires, monitors, coaches and supervises clinical personnel
- Evaluates clinical employees in annual performance including effective clinical acumen, professional development and evaluations regarding continued employment, discipline and pay increase considerations.
- Exercises authority to initiate and execute disciplinary actions (formal and informal) with employees, including warnings (verbal and written) suspensions and effective recommendation of additional discipline, up to and including discharge.

- Coordinates referrals and evaluates acuity and clinical resources necessary.
- Responsible for effective utilization of staff including assignment, reassignment of duties.
- Delegates assignment of clients appropriately.
- Coordinates assignments and evaluates appropriateness of client care.
- Monitors and intermittently audits clinical documentation for consistency, timeliness of completeness and accuracy and assures the development of, implementation and updating of the individualized plan of care.
- Assures that client care conferences are conducted documented
- Assesses and arranges for staff in-service needs and participates in in-service programs.
- Manages and assists with clinical onboarding, and continuous training.
- Reviews, contributes and regularly monitors the development of clinical personnel qualifications and personnel policies consistent with state and federal scope of practice.
- Access company clinical resources as needed
- Participates in required clinical team conferences
- Provides clinical nursing visits as necessary.
- Performs other duties as assigned.

1. Demonstrates good verbal and written communication skills.

- Intermittently participates in public relations, clinical education and marketing events for community in addition to organizations and individuals involved in the health field.
- Ensures the accuracy of public information materials and activities
- Interacts effectively with corporate staff, managers, employees, clients, professional colleagues and vendors.

1. Demonstrates professional conduct, service excellence and commitment to values and mission of Signature Home Health & Home Care

- Quality Outcomes
- Meets expectations of quality
- Meets department goals
- Participates in quality improvement program and deliverable
- Results Orientation
- Meets current objectives for growth
- Completes daily tasks
- Processes required volume of work
- Access company clinical resources as needed
- Social Sensitivity / Service Excellence
- Demonstrates service excellence and the values and mission of Signature in all aspects of work performance
- Builds positive relationships
- Communicates effectively
- Safe Work Environment
- Performs job in a safe manner according to safety policies and procedures
- Reports accidents and injuries promptly
- Reports unsafe working conditions
- Access company clinical resources as needed
- Education
- Initiates continuing education opportunities and maintains the knowledge and skills required to perform the job

- Attendance and Punctuality
- Meets company attendance standards
- Reports to work at the assigned time
- Completes daily tasks at the assigned time
- Policy Compliance
- Complies with Company policies and procedures
- Demonstrates a knowledge of emergency, fire, disaster and infection control policies and procedures
- Support mission, values and goals of Signature Hospice, Home Health & Home Care
- Requires a current state license (Oregon ) as an RN
- Requires two years' experience within the last five years in a Home Health agency primary care clinic, or health facility, or MD
- Must possess working knowledge of state and federal home health regulations.
- Excellent verbal, written and computer literacy skills in Outlook, Word and Excel at a minimum
- Direct patient care as needed
- Ability to maintain assigned work hours: Has sufficient endurance to perform tasks over long periods of work hours
- Ability to travel to all business locations

### **Administrator of Quality Programs**

Therapeutic Associates Inc - Tigard, OR

October 2012 to March 2020

My last role I had was as the Administrator of Quality Programs for nearly 8 years at Therapeutic Associates Inc, until COVID- 19, required the company to terminate many supporting roles in the company, in a way to stay afloat financially. My position as QAI was to ensure physical and occupational therapy providers are following best practice guidelines and optimally performing to mitigate risk of compromised care to patients. My primary functions of the position included: conducting facility inspections and chart audits for NWRA, counseling clinic managers and staff regarding documentation standards and record maintenance requirements, part of the Risk Management team and assessing issues of potential or incurred patient safety or clinical harm, processing such issues toward resolution and working with our liability carrier, and assessing and analyzing data from quality and utilization management systems for compliance, efficacy of care, and appropriateness of utilization. I worked with a network of providers and acted as a liaison between new and existing network members and the network administrative staff, insurance carrier contacts, and when appropriate, legal counsel and network Board of Directors. I also was able to develop and expand upon Policy and Procedure's related to our Risk Management and Safety teams for TAI.

I had to possess strong organizational, analytical and problem solving skills, and excellent written, verbal, interpersonal, and computer skills. This position required keen judgment, clinical knowledge, and professional comportment, especially when dealing with sensitive and emotional issues that would arise.

### **Registered Nurse**

Hazelden Springbrook - Newberg, OR

December 2011 to August 2012

I then worked at HealthWorks NW, who than got bought out by Hazelden Betty Ford Foundation, as an RN supporting patients struggling with addiction, chronic pain management and co-occurring conditions. In this capacity, my tasks were as diverse as caring for acutely ill patients, figuring out how to proceed with complicated cases, attending to chart documentation and prescription refill requests and monitoring how patients handled the detox and their personalized recovery programs. I was responsible for accurate

record keeping and attention to detail so when I reported to the doctors on site they knew exactly how well the client was handling the detox. I provided education and documented the current nursing assessment. I followed the standard nursing process and gained as much information as possible to be able to deliver an adequate SBAR report to the corresponding provider.

### **RN Manager**

Healthworks NW - Beaverton, OR  
December 2009 to December 2011

I then worked at HealthWorks NW, who then got bought out by Hazelden Betty Ford Foundation, as an RN supporting patients struggling with addiction, chronic pain management and co-occurring conditions. In this capacity, my tasks were as diverse as caring for acutely ill patients, figuring out how to proceed with complicated cases, attending to chart documentation and prescription refill requests and monitoring how patients handled the detox and their personalized recovery programs. I was responsible for accurate record keeping and attention to detail so when I reported to the doctors on site they knew exactly how well the client was handling the detox. I provided education and documented the current nursing assessment. I followed the standard nursing process and gained as much information as possible to be able to deliver an adequate SBAR report to the corresponding provider.

### **Underwriter**

Farmers Insurance - Hillsboro, OR  
November 2007 to March 2010

- Insurance Underwriter, CSR and Customer Experience Rep
- Administrator of Emergency Response Team

### **RN**

Kaiser Permanente Sunnyside - Clackamas, OR  
July 1999 to November 2004

- Labor and Delivery, Post-Partum, GYN Surgeries, Nursery
- Advice Calls, NST's, Precepting, Lactation Support, Charge Nurse

My nursing career started as a key member of the Postpartum and Labor and Delivery Team at the Kaiser Permanente Sunnyside location. Working in a fast paced unit, I have learned to adapt quickly, make quick decisions, manage busy patients, do extensive patient and family teaching, work with patients who may have emergency medical needs at any time, all of which I think would be applicable in your job position. I performed walk in triage and recorded patient's current health histories. I assisted the midwife/physicians with procedures including vaginal deliveries, Cesarean deliveries, and tubal ligation's. I am efficient at IV's, injections, lab draws and distributing medication according to physician and nurse practitioner orders. My strengths in this capacity allowed me to be utilized as a Charge Nurse, Preceptor and Nursery Nurse in my five years at this location and at a relatively young age and a year after graduating nursing school.

## Education

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### **Bachelor of Science in Nursing**

Linfield School of Nursing  
1995 to 1999

## Skills

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- Utilization Management
- Nursing
- Hospital Experience
- Nurse Management
- Pain Management

## Links

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<http://www.linkedin.com/in/alisalowell503>

## Additional Information

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My husband and I are currently licensed to foster care in Washington County. Last year, we had two Vietnamese sisters who lived with us for a year and had all the training, background checks and home inspections completed that come with the initial phase of fostering. We plan on continuing to take children as needed and who are a good fit for our household.

I also volunteer and help raise money and awareness for the CURE HHT Community. Hereditary Hemorrhagic Telangiectasia (HHT) is a genetic disorder that causes malformed blood vessels and can affect multiple organs of the body. Half of my family has been diagnosed with this disease and it's very near and dear to my heart to continue to raise money for treatment, research, education and support for the entire community.

My family and I also volunteer at local nursing homes and bring our lovely Golden Retriever for visits. I coordinate times with each locations Activity Director and try to go as often as our schedule allows. Due to Covid-19, that unfortunately has been put on hold, but we can't wait to get back and see our friends we've made. It gives my daughters a chance to see how to give back to the community and put a smile on each of the residences faces. It's just priceless!