# Lydia Halstead

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Secure a full time job in a fun, fast paced and challenging setting.

Utilize my education in a leadership role, and continue my education and reach my goal of becoming a Nurse Educator.

Authorized to work in the US for any employer

# Work Experience

# **Per Diem Registered Nurse**

Westways Staffing Services - Van Nuys, CA December 2020 to Present

Telemetry Registered Nurse

#### **COVID-19 Tester**

Phoenix Medical - Orange, CA September 2020 to Present

COVID swabbing for California Department of Public Health

# **Progressive Care Registered Nurse**

Banner Health - Casa Grande, AZ July 2020 to September 2021

Covid crisis travel contract

### **Registered Staff Nurse**

Sampson Regional Medical Center - Clinton, NC February 2019 to June 2020

Full time staff nurse on medical/surgical, pediatric, telemetry, ICU step-down unit. Provide care for the patients as well as assisting physicians in providing treatment to patients. Monitoring, recording and reporting symptoms or changes in patient's conditions. Maintaining accurate patients reports and medical histories, administering medication and treatment to patients and observing reactions or side effects, perform diagnostic tests, supervise/delegate less skilled licensed or certified nurses, prepare patients for examination and treatment. Educate patients and their families on various health conditions and treatments related to their care.

### Assisting residents in their activities of daily living

Essential Home Care - Anaheim, CA October 2011 to June 2014

Providing physical support for patients or residents with daily activities and personal hygiene, including bathing, dressing, getting out of bed, - using the toilet, walking, standing or exercising. Turning and repositioning bedridden patients. Ensuring patients or residents receive appropriate diet by reviewing

their dietary restrictions, food allergies, and preferences. Obtaining a wide range of information from physicians, caregivers and nurses about patient condition, treatment plans, and suggested activities. Measuring and recording food and liquid intake and urinary and fecal output and reporting changes to medical or nursing staff. Recording vital signs, including blood pressure, pulse, temperature, and respiration rate as requested by staff.

### Education

### **Bachelor's in BSN**

UNC Wilmington
May 2019 to May 2022

# **Associate in Registered Nursing**

Sampson Community College - Clinton, NC 2016 to May 2019

# High school diploma

La Sierra High School - Fullerton, CA 2005 to 2009

### Skills

- Med Surg (2 years)
- Staff Nurse (2 years)
- Cerner (1 year)
- Hospital Experience (2 years)
- Medication Administration (2 years)
- Acute care (2 years)
- · EMR systems

### Certifications and Licenses

# Registered Nurse (RN)

May 2019 to April 2023

North Carolina compact and California

## Advanced Cardiovascular Life Support (ACLS)

September 2020 to September 2023

### **BLS Certification**

September 2019 to September 2023

# **NIH Stroke Scale**

September 2019 to September 2022